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Welcome !!

to the 9th Annual

SKI 4 KIDS DAY



February 28, 2009

Kincaid Park

The goals of today's events are to help develop an appreciation of winter outdoor sports and to promote winter fitness for Anchorage area youth.

Net proceeds benefit the MOA Parks & Recreation's **Ski Outreach Program** and matching grant opportunities for children's ski programs

In existence since 1995, this program has already served over **3,818** children, reaching **458** students at **17** schools this past year alone. Program coaches bring cross country ski equipment and years of expertise to these students for, often times, their very first skiing experience.

Volunteers: To put on an event such as this, it takes numerous, hard-working volunteers. We are grateful for the help and support from everyone who has contributed, kids and kids at heart. A special thanks goes out to the Nordic Ski Patrol for helping us stay safe, to the Anchorage Skijor Club for their dog expertise, to the Dimond High School Z-Club, and to the South High JROTC for helping out throughout the event.

EVENTS

Note: All trails and locations are proposed. Final decision will be made Friday (2/27/09) based on snow and weather conditions.

LATE REGISTRATION / CHECK IN:

- 9:00-10:00am in the chalet
- If possible, we may have goody bags & timing available for late registration. However, late registration may **not guarantee we can record your child's time.**

SNOWSHOES: (hosted by REI)

- Available in the chalet to check out for the event(s): kids and adults!

RACES:

Mize Moose Loop (3K)
Blue Bear Loop (less than 1K)

Note: Only those wearing bibs go through the finish line chute, please.

Starting Waves:

Fast (bibs 6-119):	10:30am
Medium (bibs 120-319):	10:35am
Slow (bibs 320-499):	10:40am
Blue Bears (bibs 500-599):	10:45am**

**Blue Bear Loop is a shorter distance and will have its own course and finish line. Blue Bear skiers will chase our Ski 4 Ski's mascot, the Snowshoe Hare.)

OBSTACLE COURSE:

- Uncertain status at this time.
- We hope to open the course at 10:45am in the stadium.
- Great for the whole family!!

SKIJORING w/ ROVER & FIDO:

(hosted by Anchorage Skijor Club)

- Opens at 10:45am: short loop below the chalet play hill
- Must be able to skate ski
- Volunteer dogs—be kind, work hard
- Your own dog—check in with the volunteer at front of the line

LEMON DROP SLINGSHOT BIATHLON:

(thanks Dan & Cal)

- Opens 10:45am at the far end of the stadium
- Wrist rockets & lemon drops
- Aim for the pizza pan
- Collect your candy prize!!

Ski-4-Kids participants must be OUT of the chalet entirely by 1:30pm.

T-SHIRTS:

\$10.00 in the chalet

Congratulations to **Stuart** from Huffman Elementary for our 2009 design!!

PRIZES

- Every participant receives a medal. You are all winners today!
- Door prize tickets will be placed randomly in the goody bags. These can be redeemed at the special Door Prize table in the Chalet beginning at 11:30am.

REFRESHMENTS

- Available in the chalet from 11:30-1:20pm.
- Bottled water, hot dogs, & chips.

FINISH LINE PHOTOS

- Finish line photographs will be captured and available online
- www.FitzgeraldPhotos.com

VOLUNTEERS

This is a volunteer driven event. Please join our Ski 4 Kids community and pitch in as you can.

Please Recycle



"Just In Case" Info

If you need assistance for any child or adult, please note your options:

1) Go to the Timing (announcer's) Building in the stadium. Our announcers have radios and can help direct you.

2) The MOA staff at the front desk in the chalet can help you to locate Holly or Margaret, our two event coordinators.

3) Volunteers from the Nordic Ski Patrol will be skiing and walking through the events to offer assistance.

Unattended children will be brought to the chalet front desk until we find the lost parent.

Thank you! We hope that you will never need to act on this information. But, just in case, please file it away in your pocket!

