

2008-09 AMH Anchorage Cup Nordic Ski Race Series

Question?: <http://www.AnchorageNordicSki.com> or call 276-7609



Registration Form

Race Location: Kincaid Park (for all Races except the Beach Lake Flyer)
Bib Pick-up: From 10:00 to 11:30 on Race Day
Late Registration: From 10:00 to 11:00 on Race Day
Race Start Time: Noon

BIB #

First Name				Last Name			
Address		City	State	ZIP	E-mail		
Phone	Sex (circle one) Male Female	Age(as of 12/31/08)③		Birthday (MM/DD/YY)③		Class - (circle one) ④ very fast, fast, average, slow	

③ Age groups based on age as of 12/31/08. Groups: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60 & over
 ④ Class is used to determine wave start order for safety. Very fast Class reserved for elite skiers at or above intercollegiate level with men and women starting together in first wave. Overall race winners must be in very fast Class. Age group winners can start in any Class. Please be realistic!

Which Race?	✓	What distance?	Teammate?
Sprint Relay (Dec 7)		1 + 1	Teammate:
Beach Lake Freestyle Flyer (Dec 14)		7.5 15	
Hickok Duathlon (Jan 18)		5 + 5	Solo?? or Teammate:
Pia's Classic (Feb 8)		5 15 30	
Sven Johansson (Feb 22)		2 10 30	

Check the box for each race you are entering and **circle** the distance you will be racing. If you don't have a teammate, **come early** on race day to find one.

Please sign the below waiver and attach payment. Make checks Payable to NSAA.
No refunds.
 Total Fee Enclosed \$
 Check #
 Or: **Credit Card** - Visa or MC (circle one)
 Number:.....
 Exp. Date:.....
 3 Digit Code on Back.....
 Name - Address - ZIP (if different from above)

Registration Fees	NSAA Members				Non NSAA
	Youth ①	Student ②	Regular		
Series Registration (All 5 races) Early (Form received before Dec 4) at 5 PM Late (Form received after Dec 4)	Free!	\$35	\$45	← Great Deal!	\$60
		\$45	\$55		\$70
Individual Race Registration Early (Form received before 5 PM on the Friday before race) Late (In-person on race day before 11 AM)		\$10 \$15	\$15 \$20		\$25 \$30

① 14 years old and younger as of 12/31/08 ② Between 15 and 24 years old as of 12/31/08

Anchorage Cup Points will be awarded to all skiers based on their performance in each race and points will determine overall series winners for men and women.

Club Racing - Check the box below to compete for your favorite team. Club points will be awarded no matter what length of race you enter.

<input type="checkbox"/> West	<input type="checkbox"/> Service	<input type="checkbox"/> East
<input type="checkbox"/> Bartlett	<input type="checkbox"/> Dimond	<input type="checkbox"/> Chugiak
<input type="checkbox"/> South	<input type="checkbox"/> AWS	<input type="checkbox"/> UAA
<input type="checkbox"/> APU	<input type="checkbox"/> Mat-Su	<input type="checkbox"/> GNBC
<input type="checkbox"/> Other _____	<input type="checkbox"/> Fairbanks	<input type="checkbox"/> OS

Volunteers - Please help make these events successful by volunteering. All racers should help for at least one of the races. See the web site for details. **Yes, I am interested in helping, or I volunteer my spouse, friend, or older child!**
 before the race during the race after the race

Waiver - All racers must sign the below waiver before participating in any Anchorage Cup race event.

I understand the risks and dangers inherent in Nordic skiing and ski racing; I, for myself and my family member, accept and assume all such risks and agree to release and discharge NSAA, Inc., the Municipality of Anchorage, and their respective officers, directors, employees, sponsors, race officials and volunteers from any and all claims based on accidents or injuries, including death, directly or indirectly connected with this NSAA-sponsored activity, including but not limited to claims of negligence on the part of the released parties prior to, during or after the event.

Signature of Racer _____ Date _____
 Signature of Parent or Guardian if under 18 _____ Date _____