

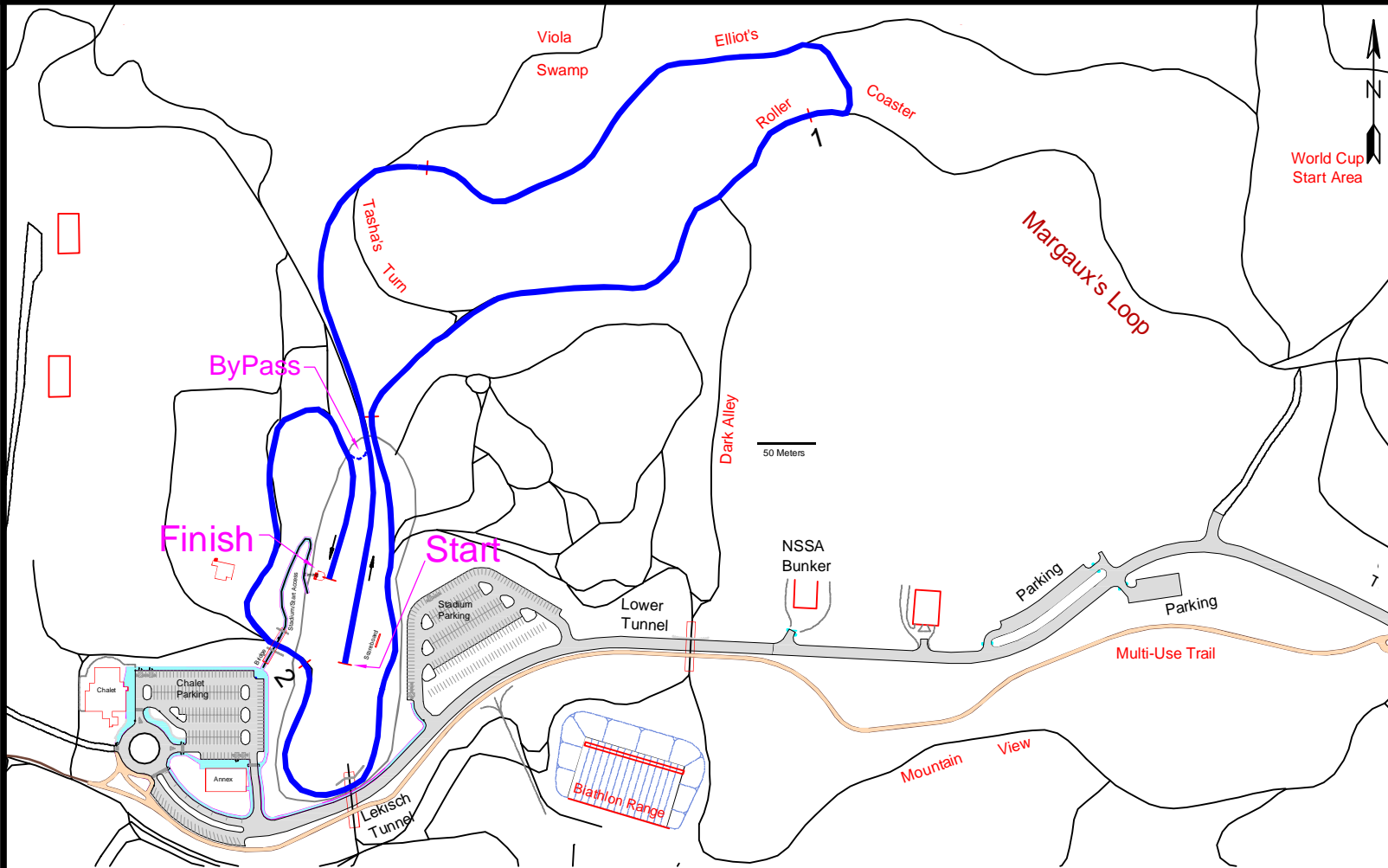


ConocoPhillips 2010 U.S. Cross Country Ski Championships

January 4th - Adaptive, Sit Ski - Women 10km; Men 15 km
 January 6th - Adaptive, Sit Ski - Women 5km; Men 10 km



ConocoPhillips



Technical Data			
2.5km	2,481 meters		
HD	31 meters		
MC	11 meters		
TC	63 meters		
Race	Laps	TC(m)	Length(m)
5 km	2	126	4,762
10 km	4	252	9,342
15 km	6	378	13,886

Race Sponsored by:

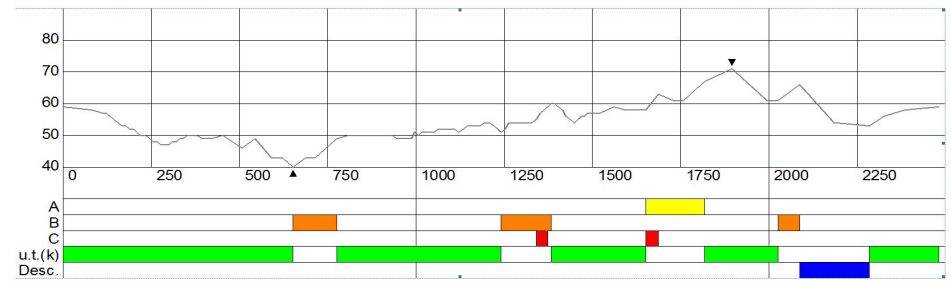


ORTHOPEDIC PHYSICIANS
ANCHORAGE

Legend

- Race Course
- Ski Trails
- Stadium Area

Kincaid Park - Anchorage, AK



Mapping Provided by: **CRW**
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