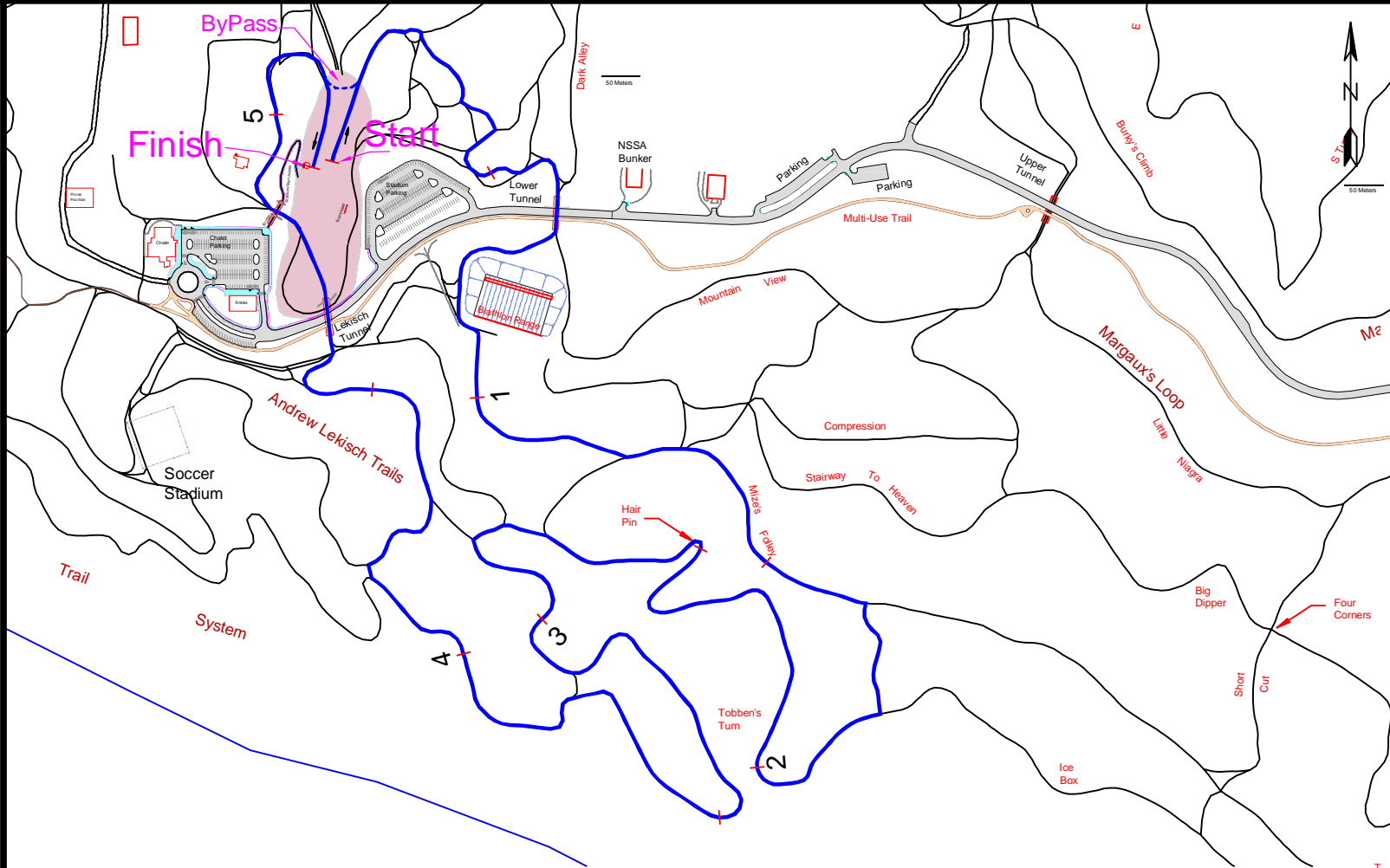




ConocoPhillips

2010 U.S. Cross Country Ski Championships

January 4 Women's 10km & Men's 15km Freestyle Interval Start



Technical Data	
10km	10,328 meters
Two laps	
HD	49 meters
MC	53 meters
TC	408 meters
15km	15,382 meters
Three laps	
HD	49 meters
MC	53 meters
TC	612 meters

This Event Sponsored by:



Mapping Provided by: **CRW ENGINEERING GROUP, LLC**

Legend	
—	Race Course
—	Ski Trails
	Stadium Area

Kincaid Park - Anchorage, AK

