

PACE (m:ss.00 / km)				Classic pace (m:ss.00 / km)					Freestyle pace ( m:ss.00 / km )									updated 3-15-2017		
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle			
Abraham, Peter	M	4/9/79	1979						2:54.32	3:04.87				2:31.72			2:31.72			
Adam, Andrew	M						5:00.41	5:00.41												
Adams, Dwayne	M	8/9/51	1951											3:45.46			3:45.46			
Adams, Sissy	F	6/17/62	1962											3:48.26			3:48.26			
Agee, Aurora	F	7/11/79	1979											4:54.35			4:54.35			
Ahluquist, David	M	7/28/51	1951											3:30.35			3:30.35			
Ahmed, Omar	M	7/11/98	1998			6:03.13		6:03.13												
Ahmed, Sharmila	F								3:23.52								3:23.52			
Aist, Alisa	F	1/21/97	1997											3:50.87			3:50.87			
Aist, Jennifer	F	1/27/70	1970			7:30.63		7:30.63												
Albert, Lawrence	M	7/19/48	1948											4:45.80			4:45.80			
Alcorn, Berit	F	7/19/89	1989											3:47.74			3:47.74			
Alderman, Garrett	M														2:39.38		2:39.38			
Aldridge, Morgan	F															4:57.15	4:57.15			
Alexander, Beckie	F	8/30/64	1964											3:50.92			3:50.92			
Alexander, Nico	M	7/15/03	2003											4:21.87			4:21.87			
Alexander, Per	M	8/27/01	2001											4:21.57			4:21.57			
Alexander, Wallace	M	2/8/65	1965											4:21.94			4:21.94			
Alexson, Mia	F	12/17/99	1999											3:58.79			3:58.79			
Alexson, Pete	M	3/25/66	1966											3:00.72		3:15.26	3:00.72			
Allen, Amber	F						5:44.50	5:44.50												
Allen, Ben	M				3:57.86			3:57.86	3:20.00				3:23.29		3:22.57	3:15.10	3:15.10			
Allen, Betsy E	F					6:49.89		6:49.89												
Allen, Ina	F	6/3/03	2003											4:56.23			4:56.23			
Allen, Mimi	F	11/1/00	2000			4:09.22		4:09.22												
Alnaes, Anikken	F	11/4/94	1994						3:18.73								3:18.73			
Altenburg, Michael	M	6/29/00	2000											3:24.75			3:24.75			
Altenburg, Patrick	M	9/9/71	1971											4:26.72			4:26.72			
Altenburg, Sean	M													4:08.14			4:08.14			
Alverts, Lydia	F						14:22.36	14:22.36												
Amore, John	M	12/31/66	1966							3:25.27		3:18.14					3:18.14			
Amskold, Heidi	F	2/16/79	1979											5:58.36			5:58.36			
Andersen, Noah	M								3:03.17								3:03.17			
Andersen, Seth	M															3:58.89	3:58.89			
Anderson, Bryan	M	6/4/84	1984											3:40.98			3:40.98			
Anderson, Christine	F	1/16/61	1961											5:39.50		6:23.47	5:39.50			
Anderson, Deland	M	7/13/61	1961				6:23.53	6:23.53						5:27.78			5:27.78			
Anderson, Dottie	F	12/31/98	1998						3:20.44								3:20.44			
Anderson, Duane	M	7/31/52	1952											4:48.66			4:48.66			
Anderson, Luci	F	12/31/00	2000						3:03.10								3:03.10			
Anderson, Nancy	F	2/22/57	1957			4:52.42		4:52.42												
Anderson, Nate	M	6/29/94	1994											4:10.14			4:10.14			
Anderson, Paul	M	5/8/71	1971						3:34.71								3:34.71			
Anderson, Renae	F	12/31/98	1998						3:04.43								3:04.43			
Anglen, Lisa	F								4:05.84								4:05.84			
Angmo, Nora	F	7/9/95	1995											8:06.38			8:06.38			
Antonson, Joan	F	12/1/51	1951								4:16.80			4:22.42	4:18.39	4:18.07	4:16.80			
Apperson, David	M	4/15/88	1988		3:53.54			3:53.54	3:22.66	3:21.63				2:59.91		3:11.01	2:59.91			
Arai, Misaki	F	7/23/97	1997											4:46.16			4:46.16			
Arend, Hayden	M	9/23/96	1996											3:24.24			3:24.24			
Arend, Henry	M	3/26/93	1993											3:54.62		3:19.69	3:19.69			
Arend, Maggi	F	2/5/54	1954											4:47.02			4:47.02			
Arians, Alison	F						3:55.55	3:55.55												
Arians, Ben	M	5/15/73	1973		3:39.28			3:39.28							2:45.46		2:45.46			
Arnold, Robert	M	3/14/58	1958													6:06.86	6:06.86			
Arnold, Stephanie	F			3:28.76				3:28.76	2:57.44							3:19.20	2:57.44			
Arthur, Kellie	F						4:19.68	4:19.68												
Arthur, Krista	F															4:37.93	4:37.93			
Ash, Eric	M	8/11/57	1957											3:33.06		4:16.31	3:33.06			
Ashland, Christopher	M	11/12/89	1989			4:16.27		4:16.27												
Athans, Murray	M															5:19.37	5:19.37			
Atkinson, Brian	M	11/5/87	1987											3:17.32			3:17.32			
Auten, Eric	M	12/29/70	1970				3:48.08	3:48.08	3:25.26								3:25.26			
Bablonka, Josh	M	7/5/86	1986											4:45.43			4:45.43			
Backstrum, Chris	M	8/13/61	1961											3:13.00			3:13.00			
Backus, Gene	M	7/17/53	1953				6:02.25	6:02.25						3:57.44			3:57.44			
Bader, Charles	M	2/20/66	1966							4:10.09	4:16.49			3:40.60			3:40.60			
Bahner, Stephen	M															4:48.78	4:48.78			
Bain, Piper	F								3:34.06								3:34.06			
Baker, Andrew	M						11:43.27	11:43.27												
Baker, Bob	M	1/31/58	1958	3:41.97				3:41.97	4:08.31					3:12.56			3:12.56			
Baker, Sharon	F	7/28/58	1958						4:08.30					3:51.59			3:51.59			
Baker, Troy	M	4/24/63	1963						4:21.66	4:06.91			4:28.29	3:36.96		4:04.28	3:36.96			
Bakker, Mick	M	9/30/80	1980							4:17.41				3:13.78		3:51.30	3:13.78			
Baldwin, Dan	M	10/3/65	1965											3:37.36		4:08.15	3:37.36			
Baitensperger, Andy	M															4:10.07	4:10.07			
Banas, Gigi	F	11/22/53	1953													5:01.79	5:01.79			
Banas, Jessie	F															5:01.80	5:01.80			
Bancho, Paola	F					8:57.17		8:57.17												
Banker, Emory	F	8/26/00	2000											4:07.25			4:07.25			
Barber, Mac	M															5:58.98	5:58.98			
Barber, Micah	M	7/30/00	2000											3:19.07			3:19.07			
Barnard, Jennifer	F								5:36.00							4:07.69	4:07.69			
Barnel, Aurelie	F	3/11/80	1980													4:05.67	4:05.67			
Barnes, Emma	F								3:45.58								3:45.58			
Barnes, Talya	F	7/16/02	2002											5:16.49			5:16.49			
Barnett, Joyce	F	2/6/51	1951											4:42.83		5:41.17	4:42.83			
Barnwell, Allison	F															4:18.80	4:18.80			

PACE (m:ss.00 / km)		Classic pace (m:ss.00 / km)						Freestyle pace ( m:ss.00 / km )									updated 3-15-2017		
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle		
Barnwell, Marylynn	F	9/8/60	1960											3:51.68			3:51.68		
Barnwell, Robert	M	6/20/59	1959											3:50.53			3:50.53		
Barrett, Allison	F	6/10/95	1995											5:59.34			5:59.34		
Barrett, Denise	F	8/12/68	1968											5:59.39			5:59.39		
Barrett, Thomas	M	3/9/66	1966											5:32.47			5:32.47		
Barrett, Wyatt	M															4:31.65	4:31.65		
Bartos, Benjamin	M															5:28.04	5:28.04		
Bassett, Lauri	F	1/4/68	1968			4:31.87		4:31.87											
Bassett, Zach	M	4/28/99	1999			3:02.12		3:02.12											
Bathe, Nichole	F	3/17/95	1995						3:04.83								3:04.83		
Bauer, Jacob	M								3:05.80								3:05.80		
Bauer, Joshua	M	7/11/98	1998											3:31.35			3:31.35		
Baumgartner, Brenn	M	12/31/02	2002											3:24.62			3:24.62		
Baun, Marisa	F	3/23/97	1997											6:43.50			6:43.50		
Baurick, Dale	M	5/13/02	2002						3:16.48							3:04.67	3:04.67		
Baurick, Ingrid	F															5:30.12	5:30.12		
Baxter, Adam	M	3/23/82	1982											3:36.53			3:36.53		
Baxter, Jay	M								4:06.40								4:06.40		
Baxter, Loran	M	2/3/53	1953											4:06.81			4:06.81		
Bay, Curtis	M															3:49.64	3:49.64		
Bay, Steve	M	10/10/61	1961											3:33.21		3:47.47	3:33.21		
Baysinger, Barbara	F	11/24/67	1967			6:55.11		6:55.11											
Beachy, Jordan	M	8/17/99	1999											3:33.33			3:33.33		
Bean, Logan	M	4/17/87	1987											3:37.94			3:37.94		
Bean, Sarah	F	10/19/59	1959			5:35.98		5:35.98											
Beardsley, Mark	M	9/25/69	1969											3:26.34			3:26.34		
Beardsley, Sheila	F	2/1/71	1971											3:50.34			3:50.34		
Beattie, Kate	F								4:41.12								4:41.12		
Beaty, Danielle	F															5:14.08	5:14.08		
Beck, Chris	M	2/15/53	1953													4:30.77	4:30.77		
Becker, Randy	M						8:21.95	8:21.95											
Bednorz, Janna	F	6/26/73	1973											4:08.08			4:08.08		
Beedle, James	M	12/16/52	1952											3:51.64			3:51.64		
Beedle, Joseph	M	1/24/52	1952											4:22.64			4:22.64		
Beesley, Nick	M															5:04.80	5:04.80		
Beiergrohslein, Max	M	2/17/02	2002											3:18.51			3:18.51		
Beling, Kyle	M								3:00.36								3:00.36		
Bell, Gerald	M	11/30/46	1946													5:03.83	5:03.83		
Bellino, Peter	M												4:29.52			4:29.52	4:29.52		
Bemben, Thea	F															6:49.45	6:49.45		
Bender, Adrian	M	4/28/84	1984													3:28.47	3:28.47		
Bender, Jennie	F	12/31/88	1988	3:21.23				3:21.23	3:13.91								3:13.91		
Benko, Barry	M	12/16/60	1960										4:12.57	3:54.49		3:50.27	3:50.27		
Bent, Jack	M	8/26/00	2000											3:17.33		4:37.18	3:17.33		
Bentley, Steve	M	8/15/72	1972											4:31.38			4:31.38		
Berg, Catherine	F	12/13/59	1959											4:25.41			4:25.41		
Berger, Maria	F								4:31.50							4:48.05	4:31.50		
Berger, Mark	M								3:12.76								3:12.76		
Berglund, Scott	M	12/14/55	1955											3:52.10			3:52.10		
Bergstroem, Martin	M								2:38.48								2:38.48		
Bergt, Randy	M	1/3/57	1957											2:59.14			2:59.14		
Bergt, Steven	M	9/7/60	1960						3:23.22	3:29.64	3:21.69	2:51.49	3:34.61	2:59.76	2:53.34	3:21.81	2:51.49		
Bergt, Tasha	F	3/27/60	1960											3:03.81			3:03.81		
Berkowitz, Ethan	M	2/4/62	1962											3:41.83		5:13.58	3:41.83		
Berkowitz, Ruth	F	4/7/65	1965											3:45.28			3:45.28		
Berkowitz, Ziva	F	12/31/02	2002											5:40.06			5:40.06		
Bernat, Kiara	F						11:43.48	11:43.48											
Berrigan, Rya	F	3/2/99	1999											3:43.17			3:43.17		
Bertrand, Guillaume	M								3:06.19								3:06.19		
Best, Tanner	M	10/11/96	1996											3:27.98			3:27.98		
Bianco, Amy	F								3:24.99								3:24.99		
Bickford, Colleen	F	12/6/57	1957											4:26.62			4:26.62		
Bickford, Jay	M	10/19/59	1959											3:23.65			3:23.65		
Bickford, Riley	M	5/4/97	1997			2:55.44		2:55.44											
Bickford, Ryan	M	4/6/99	1999											3:14.85			3:14.85		
Biegel, Davey	M	12/1/95	1995											3:01.76			3:01.76		
Biffner, William	M													5:51.90			5:51.90		
Billett, Kayla	F								3:48.04								3:48.04		
Bingham, Eva	F	1/30/98	1998											4:05.76			4:05.76		
Birch, Garrett	M	6/9/97	1997											3:37.98			3:37.98		
Bishop, Alicen	F															4:35.65	4:35.65		
Bishop, Sam	M			6:05.91				6:05.91											
Bittner, Michelle	F	6/2/65	1965											5:51.93		6:09.38	5:51.93		
Bittner, Nicholas	M															5:49.38	5:49.38		
Bittner, William	M	9/12/00	2000													4:18.76	4:18.76		
Black, Maura	F															5:15.30	5:15.30		
Blackhorse-Von Jess, Dak	M	12/31/86	1986						3:13.32								3:13.32		
Blackmer, Emily	F	12/31/89	1989	3:43.65				3:43.65	3:30.34								3:30.34		
Blackmon, Tim	M	11/11/78	1978											3:16.90			3:16.90		
Blackstone, Bradford	M	4/8/69	1969											3:25.35			3:25.35		
Blackwell, Cameron	F															4:56.59	4:56.59		
Bladel, Julie	F													4:06.25			4:06.25		
Bladel, Kara	F													3:55.72			3:55.72		
Bladel, Randel	M	2/1/56	1956											3:06.53	3:04.12		3:04.12		
Blain, Quinn	M						13:28.95	13:28.95											
Blain, Tracey	F						13:29.52	13:29.52											
Blajeski, Valerie	F	1/3/77	1977											4:37.57			4:37.57		
Blake, Erica	F	6/10/89	1989						4:14.44								4:14.44		

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Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle			
Blanchet, Dave	M	3/8/50	1950							3:37.96						3:13.77	3:13.77			
Bleich, Eric	M	9/12/82	1982			6:23.20		6:23.20												
Bleich, Stacey	F	5/23/83	1983			6:23.11		6:23.11												
Block, Jordyn	F	5/17/98	1998											3:41.49			3:41.49			
Blom, Jamie	M	5/21/65	1965													4:26.59	4:26.59			
Blust, Aaron	M	7/17/02	2002											3:26.90		3:41.92	3:26.90			
Blust, Tim	M	10/11/59	1959											3:26.42		3:35.73	3:26.42			
Boehm, Jeff	M															8:37.16	8:37.16			
Boehm, Jennifer	F															6:29.89	6:29.89			
Bold, Hilikka	F	4/18/72	1972			5:53.04		5:53.04												
Boiger, Kevin	M								2:39.24								2:39.24			
Bollinger, Roderick	M	5/26/88	1988			6:52.13		6:52.13												
Bollinger, Stephanie	F	10/26/87	1987			6:52.43		6:52.43												
Bond, Chris	M	12/20/80	1980											5:10.67			5:10.67			
Bonney, Brian	M	3/5/73	1973											2:58.10			2:58.10			
Bonney, Cynthia	F	1/1/58	1958											3:45.01			3:45.01			
Bonney, Leigh Anne	F	1/18/75	1975											4:13.17			4:13.17			
Bonney, Logan	M	10/10/95	1995											4:13.15			4:13.15			
Boogaardt, Nanne	M	10/23/79	1979											3:48.47		4:11.69	3:48.47			
Booher, Hannah	F	6/22/98	1998											3:14.40			3:14.40			
Borghesan, Dario	M	12/11/79	1979											3:53.88		4:07.55	3:53.88			
Borjon, Ernie	M	11/8/40	1940											5:23.44			5:23.44			
Borke, Todd	M	4/15/69	1969											3:04.81			3:04.81			
Borowski, Erin	F	1/14/65	1965			4:39.46		4:39.46												
Borowski, Florian	M	9/28/65	1965											3:51.68			3:51.68			
Borowski, Quinn	M	3/25/95	1995											3:06.42			3:06.42			
Borson, Heidi	F	12/31/60	1960				5:27.58	5:27.58												
Boruff, Catherine	F	2/25/81	1981													5:15.65	5:15.65			
Bouchard, Jim	M	6/9/55	1955											3:21.51		3:59.24	3:21.51			
Boucher, Ian	M								3:12.77								3:12.77			
Bouffard-Nesbitt, Olivia	F								3:11.00								3:11.00			
Bourne, Kimberly	F								3:53.68								3:53.68			
Bourne, Kristen	F	12/31/95	1995	3:40.59				3:40.59	3:03.85								3:03.85			
Bowles, Brenda	F	3/13/69	1969													7:47.48	7:47.48			
Bowles, Frank	M															6:03.69	6:03.69			
Bowman, Timothy	M	3/21/78	1978											3:53.09		4:08.53	3:53.09			
Box, Michael	M	8/20/75	1975											3:35.08		3:40.04	3:35.08			
Boyes, Tyler	M	8/11/87	1987											3:49.71			3:49.71			
Boyle, Charles	M															4:45.62	4:45.62			
Brady, Mark	M	12/10/82	1982		3:35.93			3:35.93	3:24.40	3:23.48	3:04.59			2:54.70	2:59.47	3:22.35	2:54.70			
Braham, Jim	M	10/13/49	1949													4:50.31	4:50.31			
Branson, Rebecca	F	11/6/55	1955			7:30.22		7:30.22												
Bratrud, Kyle	M	9/2/93	1993						2:43.50								2:43.50			
Brauer, Andrea	F															6:14.81	6:14.81			
Braun, Curtis	M	1/28/77	1977			5:18.16		5:18.16												
Braun, Herbert	M	12/27/58	1958											4:20.09			4:20.09			
Brautaset, Camilla	F								3:22.11								3:22.11			
Bray, Maria	F	11/14/74	1974						3:32.04								3:32.04			
Bredar, Bill	M	6/28/53	1953													6:55.07	6:55.07			
Bredar, Luke	M															6:51.09	6:51.09			
Brelsford, Harry	M	9/11/61	1961				11:41.12	11:41.12												
Brennan, Rosie	F	12/31/88	1988	3:06.05				3:06.05												
Brewer, Kenneth	M	9/9/92	1992		3:10.09			3:10.09					3:00.05	2:28.50			2:28.50			
Brewer, Peter	M	9/8/92	1992										3:18.48	2:51.83	2:51.61		2:51.61			
Brewer, Thomas	M	2/6/64	1964											4:17.79			4:17.79			
Brewster, Brandon	M	5/30/93	1993											2:31.75		2:58.55	2:31.75			
Brewster, Hannah	F	7/2/85	1985											4:21.14			4:21.14			
Brewster, Liz	F	1/4/60	1960											3:43.54			3:43.54			
Briggs, Connor	M															7:48.35	7:48.35			
Briggs, James	M	8/22/54	1954											4:07.07		4:25.69	4:07.07			
Brillhart, Aaron	M	11/6/71	1971													3:56.68	3:56.68			
Brinkerhoff, Douglas	M								6:52.00							4:21.62	4:21.62			
Brisbois, Caroline	F	12/31/96	1996						3:02.44								3:02.44			
Broadwell, Scott	M	2/1/72	1972								4:12.62	3:36.13		3:36.96	4:04.87		3:36.13			
Brockman, Shannon	F	12/29/69	1969							3:49.93	3:15.20			3:16.31		3:45.73	3:15.20			
Broda, Byron	M								4:34.13								4:34.13			
Brodin, Carolyn	F	7/12/57	1957			4:58.28		4:58.28												
Brod, Scott	M	8/18/53	1953													5:28.12	5:28.12			
Brokaw, Dan	M	6/15/62	1962		3:46.12			3:46.12	3:23.94	3:45.89	3:17.33	2:54.04	3:28.61	3:00.37	2:53.40		2:53.40			
Bronga, Jaime	F	2/13/90	1990													3:17.63	3:17.63			
Brook, Dave	M	12/26/64	1964											2:53.15			2:53.15			
Brooks, Bill	M															3:35.61	3:35.61			
Brooks, Holly	F	12/31/82	1982						3:02.19			2:37.47		2:37.12			2:37.12			
Bross, Dan	M	8/10/64	1964											3:36.33			3:36.33			
Bross, Tjarn	F	1/9/01	2001											3:36.30			3:36.30			
Brower, Tim	M													4:42.61			4:42.61			
Brown Robinson, De	F													4:54.27			4:54.27			
Brown Taylor, Paula	F															5:37.02	5:37.02			
Brown, Chris	M	2/9/64	1964											5:50.69			5:50.69			
Brown, Elissa	F															5:17.33	5:17.33			
Brown, Jake	M	3/28/92	1992						2:41.75								2:41.75			
Brown, Lacey	F	8/23/84	1984													8:06.90	8:06.90			
Brown, Luke	M								2:54.45								2:54.45			
Brown, Max	M	12/20/01	2001											5:50.72			5:50.72			
Brown, Rogan	M	12/31/91	1991						2:49.37								2:49.37			
Brown, Sandor	M					4:55.17		4:55.17												
Brownlee, Annie	F	4/2/89	1989													3:59.42	3:59.42			
Bruce, Dylan	M						4:49.53	4:49.53												

PACE (m:ss.00 / km)						Classic pace (m:ss.00 / km)				Freestyle pace ( m:ss.00 / km )							updated 3-15-2017		
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle		
Brucker, Scott	M								4:11.83								4:11.83		
Brudie, Regan	M	10/14/61	1961				7:43.53	7:43.53						4:05.75			4:05.75		
Buckelew, Stacey	F	11/5/78	1978						3:54.71					3:16.99	3:19.66	3:47.84	3:16.99		
Bueler, Thomas	M	6/4/02	2002						3:15.99							3:14.23	3:14.23		
Buerger, Kristi	F	10/31/61	1961											3:43.68			3:43.68		
Buetow, Eric	M	2/10/53	1953						4:55.68								4:55.68		
Burger, Kathryn	F								3:43.86								3:43.86		
Burkhart, Blase	M	11/12/59	1959				4:18.68	4:18.68		4:05.19				3:19.88			3:19.88		
Burkholder, Jim	M	8/4/42	1942											4:00.83			4:00.83		
Burkholder, Sally	F	9/20/46	1946											4:35.92			4:35.92		
Burleigh, Roger	M	5/29/56	1956							4:15.95				3:38.75		3:57.97	3:38.75		
Burrell, Jonathan	M	5/4/01	2001						3:10.89								3:10.89		
Burris, Chad	M	10/28/70	1970											3:37.19			3:37.19		
Burrough, Ben	M	12/27/70	1970											3:54.40		5:17.13	3:54.40		
Burrough, Brady	M															4:38.03	4:38.03		
Burrough, Logan	M															4:53.70	4:53.70		
Bursch, Catherine	F	7/18/60	1960			4:45.76		4:45.76											
Bursch, Tom	M	7/31/63	1963											3:51.31			3:51.31		
Burson, Mark	M	4/28/67	1967							3:44.22				3:18.60			3:18.60		
Burwen, Debby	F	5/19/54	1954											4:17.52			4:17.52		
Butera, Liz	F	6/13/58	1958				4:15.22	4:15.22											
Butera, Paul	M	3/16/97	1997											2:39.06			2:39.06		
Buth, Joel	M	12/31/69	1969						3:23.39								3:23.39		
Butler, Jay	M	1/24/58	1958							4:07.72				3:18.90			3:18.90		
Buttner, Murray	M															8:49.36	8:49.36		
Bye, Thomas	M								2:55.79								2:55.79		
Byrne, Ashley	M	5/14/74	1974			4:49.46		4:49.46											
Cacy, Cynthia	F	3/9/82	1982											3:55.30			3:55.30		
Cahill, Frank	M	10/6/50	1950												4:02.47		4:02.47		
Cahill, James	M	12/10/62	1962						3:13.52					3:21.87			3:13.52		
Cahill, Jim	M															3:50.99	3:50.99		
Caldera, Debra	F	7/24/51	1951			5:07.53		5:07.53		4:53.02		4:08.83	4:48.48	4:25.28	3:53.28	5:12.71	3:53.28		
Caldwell, Kai	M															3:48.93	3:48.93		
Caldwell, Patrick	M	2/18/94	1994						2:45.90								2:45.90		
Caldwell, Sophie	F	3/22/90	1990	3:08.14				3:08.14	2:51.93								2:51.93		
Camblin, Sarah	F	2/14/85	1985											4:03.77			4:03.77		
Cameron, Matt	M								4:10.28								4:10.28		
Camicicoli, Emma	F								3:35.17								3:35.17		
Campbell, Anna	F	9/21/96	1996											4:49.59			4:49.59		
Campbell, Brooke	F	4/27/71	1971											5:02.05			5:02.05		
Campbell, Colin	M															5:26.82	5:26.82		
Campbell, Dan	M	8/15/79	1979													5:23.32	5:23.32		
Campbell, Kenneth	M	12/16/50	1950											4:47.28			4:47.28		
Campbell, Rianne	F						9:18.20	9:18.20											
Campbell, Rod	M															3:56.56	3:56.56		
Campbell, Tracy-Kim	F															4:56.32	4:56.32		
Carleton, Timothy	M	3/1/56	1956											3:23.63			3:23.63		
Carlyle, Jack	M								2:51.24								2:51.24		
Carnahan, Finn	M															6:06.77	6:06.77		
Carnahan, Patrick	M	11/26/69	1969										4:01.67	3:19.36	3:34.61	3:19.36	3:19.36		
Carnes, Wayne	M	11/30/62	1962						8:26.89								8:26.89		
Carpenter, Justin	M	6/8/99	1999											3:09.80		3:38.97	3:09.80		
Carpenter, Kyle	M															3:30.24	3:30.24		
Carr, Gil	M	8/1/84	1984											3:56.44			3:56.44		
Carroll, Erica	F	5/26/81	1981	7:09.70			8:12.30	7:09.70											
Carroll, Quinn	M	8/2/97	1997											3:19.89			3:19.89		
Carsten, Christine	F	11/19/56	1956											4:37.55			4:37.55		
Carter, Marcus	M	9/14/61	1961													7:31.79	7:31.79		
Cartier, Annette	F	4/20/61	1961											3:34.57			3:34.57		
Casey, Susan	F	8/21/66	1966											4:17.07			4:17.07		
Cason, Drew	M	11/29/87	1987			3:40.11		3:40.11											
Cason, Everett	M	7/6/01	2001											3:19.55			3:19.55		
Cason, Jackie	F	9/21/61	1961											4:36.73		5:46.22	4:36.73		
Cason, Sam	M	1/27/60	1960							4:52.95			5:33.34	4:16.07			4:16.07		
Cater, Jack	M															3:43.25	3:43.25		
Cech, Jan	M	11/15/93	1993						2:45.87								2:45.87		
Cedervaern, Emilie	F	12/31/91	1991	3:26.37				3:26.37											
Chambers, Lisa	F						10:22.65	10:22.65											
Chan, Madison	F															7:16.30	7:16.30		
Channon, Tim	M	8/1/66	1966							3:56.98				3:24.35		4:40.70	3:24.35		
Chernyavski, Eugene	M															4:15.51	4:15.51		
Cherrier, Ann	F															6:14.12	6:14.12		
Childers, Dorothy	F	6/10/56	1956									3:40.08	4:20.26	3:37.00		4:23.18	3:37.00		
Chilson, Jordan	M															3:46.76	3:46.76		
Chinlund, Dede	F	5/16/54	1954			6:13.76		6:13.76											
Christensen, Claudia	F	10/6/54	1954											4:05.19			4:05.19		
Christianson, Heath	M	9/17/73	1973											4:49.20			4:49.20		
Christie, Aaron	M	12/31/74	1974											4:05.82			4:05.82		
Christie, Erika	F	5/7/76	1976											4:59.19			4:59.19		
Christopherson, John	M	10/19/46	1946											4:20.39			4:20.39		
Christopherson, Rune	M	11/17/78	1978													3:24.91	3:24.91		
Christopherson, Tor	M	10/28/81	1981										3:12.45	2:41.33	2:56.55	2:41.33	2:41.33		
Christy, Kathy	F	7/3/50	1950											4:18.82			4:18.82		
Chythlook, Annamari	F	12/31/99	1999											3:47.62			3:47.62		
Cladouhos, Joel	M	4/4/79	1979			5:25.26		5:25.26			3:55.56	3:30.96		3:39.52	3:29.87	4:00.60	3:29.87		
Claman, Matt	M	5/26/59	1959			4:49.37		4:49.37		4:04.68	4:02.59	3:33.15	4:47.14	3:31.21		4:33.11	3:31.21		
Clark, Justin	M	4/7/79	1979				6:37.34	6:37.34											
Clark, Paul	M	7/8/77	1977							3:53.13							3:53.13		

PACE (m:ss.00 / km)						Classic pace (m:ss.00 / km)				Freestyle pace ( m:ss.00 / km )							updated 3-15-2017	
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle	
Clark, Robert	M																5:44.12	
Clarke, Jeffery	M	8/8/55	1955											3:08.24			3:08.24	
Claussen, Jerry	M						9:03.50	9:03.50										
Cleary, Steve	M	7/9/71	1971											3:40.08	4:35.06	4:40.75	3:40.08	
Cline, Eric	M	12/31/69	1969											3:55.81			3:55.81	
Clingenpeel, Adrienne	F	7/6/88	1988											3:54.82			3:54.82	
Cohen, Jeremy	M	5/3/72	1972													4:50.94	4:50.94	
Cohen, Kirsten	F															4:22.66	4:22.66	
Cole, Dermot	M	9/23/53	1953						6:02.92								6:02.92	
Coleman, Will	M	9/2/87	1987											2:51.07			2:51.07	
Collins, Jeffrey	M	11/12/80	1980											3:29.30			3:29.30	
Collins, Patrick	M	12/8/79	1979											5:17.02			5:17.02	
Colt, Steve	M	9/24/59	1959								4:24.93		5:03.74				4:24.93	
Columbus, John	M								4:18.40								4:18.40	
Conger, Keith	M	5/5/61	1961													3:37.07	3:37.07	
Conger, Mallory	F															3:52.09	3:52.09	
Coniglio, Noelle	F														3:27.23		3:27.23	
Connelly, Mark	M	8/25/99	1999											3:58.78			3:58.78	
Connelly, Michael	M	6/27/97	1997											3:47.22			3:47.22	
Consenstein, Danny	M	7/21/51	1951											4:16.35			4:16.35	
Conway, Elizabeth	F	12/31/96	1996											3:44.77			3:44.77	
Conway, Patrick	M	5/21/77	1977											3:29.36			3:29.36	
Conway-Stamm, Katie	F	6/17/77	1977											3:56.41			3:56.41	
Cook, Bryan	M								2:56.39								2:56.39	
Cook, Rima	F	12/16/68	1968													4:28.48	4:28.48	
Cooke, Brad	M	6/8/78	1978											3:54.14			3:54.14	
Cooley, Hilary	F															3:50.39	3:50.39	
Cooley, Skye	M															4:23.43	4:23.43	
Coolidge, Shelley	F	10/19/57	1957											4:42.41			4:42.41	
Coolidge, Thomas	M	8/2/50	1950											3:18.37			3:18.37	
Coon, Megon	F	4/13/85	1985													4:12.25	4:12.25	
Cooper, Debora	F												4:36.67			4:49.41	4:36.67	
Cooper, Pat	M								4:14.69							4:09.34	4:09.34	
Coopersmith, Jeff	M															4:57.37	4:57.37	
Coopersmith, Jeffrey	M	4/6/64	1964											4:22.37			4:22.37	
Coopersmith, Joshua	M	8/11/98	1998											4:47.15			4:47.15	
Coopersmith, Steven	M	11/17/70	1970			9:21.74		9:21.74										
Copoulos, Art	M	11/10/58	1958		4:40.97			4:40.97		3:45.29	3:44.69		4:12.33	3:14.93		4:02.71	3:14.93	
Corbin, Tom	M	9/29/47	1947			4:20.08		4:20.08										
Corkran, Cole	M															5:05.80	5:05.80	
Corlis, Joleen	F	3/18/87	1987											3:54.03		4:09.15	3:54.03	
Corsetti, Sierra	F	5/9/93	1993											3:41.33			3:41.33	
Corwin, Ben	M	12/31/89	1989											3:30.61			3:30.61	
Coulson, Andrew	M	1/29/87	1987			5:07.49		5:07.49										
Coulson, Laura	F	9/21/89	1989											5:06.21			5:06.21	
Couvillion, Charles	M	9/16/70	1970													4:21.27	4:21.27	
Cowee, Christie	F	10/1/75	1975								3:41.48				3:35.73	4:15.50	3:35.73	
Cox, Caleb	M	12/31/99	1999											3:32.69			3:32.69	
Coyle, Jonathan	M	9/10/66	1966			6:22.25		6:22.25										
Cravez, Glenn	M	6/15/57	1957											6:13.81			6:13.81	
Cravez, Pam	F	2/7/57	1957											5:34.85			5:34.85	
Crawford, Clancy	M	7/25/46	1946											4:06.91			4:06.91	
Crawford, Diane	F	4/25/45	1945			5:42.21		5:42.21										
Crawford, Jeremy	M	5/4/73	1973											3:08.68			3:08.68	
Crews, Jennifer	F															6:54.75	6:54.75	
Crimp, Peter	M	1/6/53	1953											4:32.98			4:32.98	
Crocker, Theresa	F	12/31/64	1964											4:47.92			4:47.92	
Cross, Ben	M															3:31.46	3:31.46	
Crow, Augusta	F	11/1/02	2002											4:56.34			4:56.34	
Crow, Cloyd	M	10/6/62	1962											3:43.15			3:43.15	
Crow, Faren	F	4/23/99	1999											3:46.21			3:46.21	
Cruz, Bradley	M	10/25/54	1954													3:14.05	3:14.05	
Cudnohufsky, Bonnie	F	2/3/54	1954								3:49.45	3:17.07	4:00.54				5:23.79	
Cuenot, Gaspard	M								2:49.33					5:23.79			2:49.33	
Cummings, Julie	F															5:33.03	5:33.03	
Curran, Janet	F	6/5/67	1967											5:31.43			5:31.43	
Curtis, James	M	11/16/55	1955											4:14.81			4:14.81	
Cusick, Joel	M	12/7/61	1961											4:44.73			4:44.73	
Cvancara, Dax	M	1/25/98	1998											3:09.88			3:09.88	
Cvancara, George	M	6/20/01	2001											3:25.87			3:25.87	
Cvancara, Luke	M	9/12/96	1996											2:55.31			2:55.31	
D'Agostino, Maria	F	12/31/69	1969											5:46.64			5:46.64	
Dahlin, Andrew	M	1/29/82	1982											7:11.01			7:11.01	
Dalberg, Jacob	M								3:08.59								3:08.59	
Dale, Brenda	F	6/8/65	1965											4:49.81			4:49.81	
Dale, Isaac	M	12/8/80	1980													4:22.24	4:22.24	
Dalton, Anna	F	8/19/89	1989										3:47.42				3:47.42	
Dalton, Danielle	F	11/22/78	1978											3:50.77		4:10.39	3:50.77	
Damberg, Carol	F						8:19.76	8:19.76										
Damberg, Doug	M						8:19.72	8:19.72										
Daniels, Alyeska	F	1/19/98	1998			5:05.98		5:05.98	3:40.24								3:40.24	
Daniels, Katie	F	6/24/96	1996											3:48.85			3:48.85	
Danielson, Emil	M	10/13/92	1992											3:18.28			3:18.28	
Danielson, James	M	9/10/59	1959											4:14.42			4:14.42	
Danielson, Karl	M	6/16/99	1999											3:10.74			3:10.74	
Darnell, Anna	F	7/2/98	1998						2:54.12								2:54.12	
Darrow, Eloise	F															4:28.88	4:28.88	
Davis, Jacob	M	10/20/99	1999											3:33.20			3:33.20	

PACE (m:ss.00 / km)				Classic pace (m:ss.00 / km)					Best Classic	Freestyle pace ( m:ss.00 / km )					updated 3-15-2017			Best Freestyle
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17		Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17		
Davis, Kasey	F	12/31/79	1979			5:19.61		5:19.61									4:22.71	4:22.71
Davis, Katie	F																	5:28.87
Davis, Paula	F	7/25/52	1952											5:28.87				5:28.87
Davis, Trevor	M	6/19/74	1974			4:14.99		4:14.99										
De Yong, Kristy	F	8/12/79	1979						3:28.88									3:28.88
De Yong, Nicole	F																3:15.25	3:15.25
Dearborn, Judy	F	7/18/56	1956				6:14.16	6:14.16										
Decker, Cynthia	F	9/10/58	1958			5:04.53		5:04.53	4:28.12	4:10.64	4:00.92	3:46.96	4:21.17	3:37.89	3:36.27	4:19.32		3:36.27
Dejesus, Norberto	M																6:42.51	6:42.51
Dekker, Franklin	M					3:50.58		3:50.58										
Del Frate, Amanda	F	6/10/92	1992											3:22.26				3:22.26
Del Frate, Gino	M	8/11/59	1959											3:29.97		5:00.98		3:29.97
Delamere, Alan	M	12/31/35	1935						6:02.91									6:02.91
Delamere, Peter	M								3:25.69									3:25.69
Delamere, Samuel	M	2/22/01	2001						3:25.26									3:25.26
Delker, Hannah	F															4:56.63		4:56.63
Delong, Tom	M	2/3/60	1960						4:22.59									4:22.59
Demientieff, Aimee	F	10/24/73	1973											5:58.40				5:58.40
Demientieff, Charlee	F	3/28/01	2001											5:04.61				5:04.61
Demientieff, Kaysee	F	12/31/13	2013											5:34.42				5:34.42
Dempsey, David	M	9/9/72	1972													4:04.90		4:04.90
Dennis, Carly	F	8/27/98	1998													4:30.15		4:30.15
Dennis, Jason	M	5/22/75	1975											3:49.00				3:49.00
Dennis, Logan	M	3/4/02	2002											3:48.97				3:48.97
Dennis, Miles	M															3:42.50		3:42.50
Dennis, Samuel	M															5:21.26		5:21.26
Dent, Marcella	F	12/19/87	1987			4:52.18		4:52.18										
Denton, Kaden	M					4:01.90		4:01.90										
Denton, Kelson	M	12/31/99	1999											2:48.18				2:48.18
Deprey, Reno	M	2/21/30	1930	6:18.03				6:18.03						4:27.60		7:33.38		4:27.60
Derflinger, Jeremy	M	7/3/86	1986											5:07.53				5:07.53
Desatoff, Austin	M	12/27/96	1996											3:58.21				3:58.21
Desatoff, Savanna	F	3/18/94	1994													4:42.79		4:42.79
Desatoff, Trevor	M	12/7/67	1967											3:58.24		4:58.82		3:58.24
Destefano, Chelsea	F	4/18/94	1994											4:04.11				4:04.11
Destefano, Ralph	M	7/28/62	1962											3:57.20				3:57.20
Dethlefs, Kasey	F	3/21/84	1984							4:39.44								4:39.44
Devries, Russ	M	12/31/70	1970													3:38.72		3:38.72
Devries, Steve	M	8/7/57	1957													5:35.10		5:35.10
Dickerson, Frederick	M															3:47.28		3:47.28
Dickerson, Gary	M	6/2/54	1954											4:07.77		5:15.19		4:07.77
Dickinson, Kelsey	F								3:22.85									3:22.85
Diehl, Colton	M	6/9/93	1993											3:29.19				3:29.19
Diekmann, Logan	M								2:52.68									2:52.68
Dietrich, Dallas	M															4:12.00		4:12.00
Dietrich, Thomas	M	7/24/67	1967											3:44.96				3:44.96
Difolco, Donna	F	4/14/64	1964						3:30.66					3:14.78		3:49.36		3:14.78
Difolco, Eric	M	9/28/02	2002											3:18.43		3:23.56		3:18.43
Difolco, Jenna	F	7/1/99	1999						3:01.23									3:01.23
Diggins, Jessica	F	8/26/91	1991	2:59.81				2:59.81	2:41.67									2:41.67
Diller, Melissa	F	5/22/97	1997											4:30.84				4:30.84
Dimarzio, Chuck	M	7/7/79	1979							3:43.23				3:10.83		3:35.84		3:10.83
Dinwoodie, Dawn	F	12/31/68	1968				7:00.44	7:00.44										
Ditto, Julia	F	1/22/98	1998											4:02.05	3:46.00			3:46.00
Doerr, Georgia	F	12/31/89	1989											4:29.96				4:29.96
Doerry, Markus	M	8/11/66	1966											3:47.10				3:47.10
Dolgonos, Lior	M	7/23/77	1977											3:57.25		3:48.20		3:48.20
Donaldson, Max	M	4/28/97	1997						2:41.85									2:41.85
Donaldson, Ti	M	4/7/00	2000						2:40.13									2:40.13
Doniere, Kevin	M	4/24/71	1971							4:40.94								4:40.94
Donley, Kevin	M	11/19/65	1965											3:25.57	2:37.80	2:56.70		2:37.80
Donovan, Jennifer	F	4/25/84	1984											4:04.88				4:04.88
Donovan, Shannon	F	12/12/74	1974				6:17.46	6:17.46										
Dooley, Meghan	F	1/9/85	1985									3:47.51	5:34.87					3:47.51
Dougherty, Andrew	M								3:35.12			2:28.45	3:35.65		2:37.96	3:07.14		2:28.45
Dougherty, James	M	12/31/64	1964											4:39.32				4:39.32
Dougherty, Thomas	M															5:31.52		5:31.52
Dougherty, Tim	M															5:31.51		5:31.51
Douglas, Thomas	M								4:02.02									4:02.02
Douse, Jeremy	M								4:42.12									4:42.12
Dow, Kevin	M	5/22/58	1958											4:36.47				4:36.47
Downing, Addison	M	2/18/99	1999											3:25.67		3:13.98		3:13.98
Downing, Eve	F															5:30.56		5:30.56
Downing, J D	M	5/19/66	1966											3:16.73				3:16.73
Downing, Scott	M	10/2/62	1962											4:14.31				4:14.31
Downs, Seth	M	10/5/69	1969			3:13.18		3:13.18	2:55.84	2:50.98			2:57.68	2:31.66				2:31.66
Drinkwater, Cindy	F	1/9/59	1959			4:41.96		4:41.96	4:26.15	4:06.62	4:14.97	3:43.42	4:25.48	3:37.85	3:36.69			3:36.69
Druckenmiller, Maggie	F	4/15/02	2002						3:15.02									3:15.02
Druckenmiller, Patrick	M								4:14.50									4:14.50
Dubay, Joe	M								3:02.50									3:02.50
Dubois, Allan	M	10/11/33	1933											4:44.16				4:44.16
Dubois, Greg	M	1/26/58	1958							4:23.13				3:27.69				3:27.69
Dubois, Jeff	M	5/18/56	1956											3:37.10				3:37.10
Ducomb, Andrew	M	9/3/88	1988											3:12.37		3:34.92		3:12.37
Dudinsky, Todd	M	8/24/68	1968											4:29.02		4:26.82		4:26.82
Dudley, Brooke	F	10/13/78	1978											4:11.32				4:11.32
Dudley, Matt	M	12/31/75	1975											4:02.00				4:02.00
Dugan, Darcy	F	12/9/81	1981			3:43.12		3:43.12										

PACE (m:ss.00 / km)						Classic pace (m:ss.00 / km)				Freestyle pace ( m:ss.00 / km )							updated 3-15-2017	
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle	
Duhrsen, Ben	M															4:12.03	4:12.03	
Duhrsen, Vanessa	F	6/10/00	2000											4:54.50			4:54.50	
Duke, Lucca	F	7/10/03	2003											5:30.02		4:19.05	4:19.05	
Dunlap, Davis	M	5/2/92	1992											2:35.47			2:35.47	
Dupier, John	M						8:44.63	8:44.63										
Dupont, Andrea	F								3:13.66								3:13.66	
Dupree, Bonnie	F	2/5/53	1953											5:14.93			5:14.93	
Dura, Jodi	F	2/27/80	1980											4:08.74			4:08.74	
Durazo, Alexandra	F	9/11/96	1996											4:12.94			4:12.94	
Durazo, Oscar	M	8/13/70	1970			5:38.70		5:38.70										
Durtschi, Heather	F	4/25/61	1961											3:54.18			3:54.18	
Dusaint, Jon	M	6/24/77	1977											4:11.81			4:11.81	
Dusaint, Robin	F	2/16/79	1979											4:10.75			4:10.75	
Dworian, Laurie	F														6:24.88	6:24.88		
Dworian, Margaret	F						5:28.61	5:28.61										
Dworian, Nadia	F						4:58.10	4:58.10										
Eagan, Kelly	F	9/21/95	1995											6:37.09			6:37.09	
Earnhart, Michael	M	8/11/02	2002											4:29.98			4:29.98	
Earnhart, William	M	8/4/68	1968											4:30.79			4:30.79	
Easterly, Kyle	M														5:12.47	5:12.47		
Eaton, James	M	3/25/80	1980											3:38.93			3:38.93	
Eberhardt, Elena	F														3:48.68	3:48.68		
Ebner, Lukas	M									2:37.92							2:37.92	
Eckert, Alexander	M	1/27/93	1993						2:47.35								2:47.35	
Eckmann, Karl	M	12/4/94	1994											3:27.11			3:27.11	
Eckmann, Sebastian	M	1/18/61	1961											3:36.00			3:36.00	
Eder, Mike	M	5/20/63	1963											4:33.88			4:33.88	
Edge, John	M	4/14/66	1966				5:46.93	5:46.93			4:29.67		5:17.15	3:59.95			3:59.95	
Edgerly, Jacob	M															4:51.16	4:51.16	
Edic, David	M	12/8/57	1957						4:21.33					2:53.29			2:53.29	
Edic, Heather	F	6/30/91	1991											2:53.35			2:53.35	
Edic, Megan	F								3:25.82								3:25.82	
Egan, Brenna	F								3:30.03								3:30.03	
Egeland, Brett	M	2/10/97	1997			3:03.91		3:03.91										
Eggelston, Steven	M														5:15.96	5:15.96		
Eiden, Mark	M	12/31/59	1959											5:04.80			5:04.80	
Eischeid, Ted	M						5:54.34	5:54.34										
Eleazer, Jim	M	4/2/54	1954											6:37.68			6:37.68	
Elfstrom, Samuel	M	12/31/94	1994						2:52.34								2:52.34	
Elk, Tiana	F	5/26/93	1993											6:41.58			6:41.58	
Ellefson, Merry	F	12/6/61	1961			3:48.33		3:48.33	4:19.02								4:19.02	
Ellefson-Carnes, Arne	M	10/14/00	2000						6:16.33					3:35.29			3:35.29	
Ellingson, Jakob	M								2:50.65								2:50.65	
Elliott, John	M	5/10/51	1951											3:58.68			3:58.68	
Elliott, Tad	M	12/31/88	1988						2:41.05								2:41.05	
Ellis, Joseph	M	12/6/49	1949											5:38.57			5:38.57	
Ellsworth, Kevin	M	10/26/70	1970											3:41.75			3:41.75	
Embree, Ella	F						7:10.33	7:10.33										
Emers, Mike	M	3/11/59	1959						4:11.96					3:27.66			3:27.66	
Eng, Steve	M	9/14/55	1955				5:18.39	5:18.39										
Engh, Nathanael	M	12/31/89	1989											3:22.84			3:22.84	
English, Kevin	M	6/7/63	1963											4:09.40			4:09.40	
English, Linda	F	10/5/64	1964											4:32.94			4:32.94	
Engstroem, Jacob	M								2:57.96								2:57.96	
Enriquez, Kevin	M															4:26.31	4:26.31	
Ensign, Camden	M															4:24.09	4:24.09	
Ensrud, Julie Synnoeve	F								3:19.61								3:19.61	
Erdmann, Edwin	M	9/23/73	1973											4:26.53			4:26.53	
Erickson, Brian	M	4/19/76	1976				4:21.84	4:21.84										
Eriksen, Linn	F								3:20.42								3:20.42	
Eskelin, Tony	M	6/16/75	1975											3:23.69			3:23.69	
Eski, Ivy	F														4:00.18	4:00.18		
Eski, Joey	F	3/14/70	1970												5:55.03	5:55.03		
Ethun, Michelle	F								4:39.73								4:39.73	
Eusden, Spencer	M								2:57.95								2:57.95	
Evans, Andrea	F															4:41.18	4:41.18	
Evans, Ava	F															4:41.15	4:41.15	
Evans, Carl	M	1/23/61	1961						4:21.15	4:33.14			4:30.21	3:43.36		4:17.32	3:43.36	
Evans, Diana	F	1/5/58	1958													4:43.81	4:43.81	
Evans, Elizabeth	F								3:35.13								3:35.13	
Evans, Karin	F	4/6/68	1968													7:08.35	7:08.35	
Evans, Matthew	M															7:05.56	7:05.56	
Evans, Tom	M															4:13.81	4:13.81	
Fabry, Michelle	F	5/18/70	1970											4:02.79		5:00.22	4:02.79	
Fagrelus, Lindsay	F	12/20/83	1983											3:42.58			3:42.58	
Fake, Anna	F								3:21.44								3:21.44	
Falconer, Jim	M	8/14/66	1966	3:49.09	3:44.47			3:44.47			3:22.00		3:42.48	3:13.42		3:42.34	3:13.42	
Falconer, Kathy	F	9/26/66	1966								4:42.79	3:59.26	4:42.75	3:57.37		4:13.73	3:57.37	
Falconer, Sara	F	12/29/93	1993											2:58.05			2:58.05	
Fama, Nicholas	M	4/21/89	1989											3:36.80			3:36.80	
Farrell, Patrick	M	3/10/80	1980											3:04.83		3:31.38	3:04.83	
Farrens, Daryl	M	6/18/47	1947											3:46.42			3:46.42	
Fehrenbach, Michael	M	4/11/92	1992						2:44.20								2:44.20	
Fehrman, Kelly	F	12/31/64	1964													6:18.34	6:18.34	
Feidt, Annie	F	5/18/75	1975													3:57.26	3:57.26	
Feierabend, Dash	M	9/1/84	1984											2:47.46			2:47.46	
Fereday, Wyatt	M								2:49.70								2:49.70	
Fermoyle, Patrick	M	12/31/99	1999											5:00.57			5:00.57	

PACE (m:ss.00 / km)		Classic pace (m:ss.00 / km)						Freestyle pace ( m:ss.00 / km )						updated 3-15-2017			
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle
Ferris, Kevin	M	12/29/61	1961											4:05.39			4:05.39
Ferucci, Paul	M	8/21/68	1968												3:49.64		3:49.64
Fick, Fiona	F	9/18/99	1999											3:21.03			3:21.03
Fick, John	M	12/22/55	1955						4:37.98	4:27.86	3:41.89	4:29.31		3:31.19	4:16.08	4:28.63	3:31.19
Fick, Liam	M	12/3/01	2001											3:34.08			3:34.08
Fiegel, Lisa	F	7/18/77	1977											4:55.99			4:55.99
Fields, Jessica	F	9/16/90	1990											5:04.22			5:04.22
Fields, Julie	F	12/31/68	1968												4:39.43		4:39.43
Fink, Kae	F								3:21.94								3:21.94
Finkel, Diana	F	12/7/71	1971											3:09.70			3:09.70
Finucane, Fanchon	F	8/16/59	1959			8:57.28		8:57.28									
Fischer, Benjamin	M	8/4/02	2002											4:02.55			4:02.55
Fischer, Julian	M	5/21/69	1969			5:49.30		5:49.30							4:32.18		4:32.18
Fischer, Kyle	M	12/10/04	2004			5:49.33	5:26.01	5:26.01									
Fisher, Gregory	M														5:17.56		5:17.56
Fisher, John	M	7/11/80	1980											4:13.89			4:13.89
Fitzgerald, Kate	F	12/20/87	1987		3:44.09			3:44.09	3:18.24					2:37.22			2:37.22
Fitzpatrick, Timothy	M														5:25.13		5:25.13
Fjeld Elset, Didrik	M								2:58.96								2:58.96
Flagstad, Trond	M	3/20/70	1970						3:03.21		2:58.79			2:31.87			2:31.87
Flaherty, Jim	M	5/17/50	1950											4:43.88			4:43.88
Flanagan, Cathy	F	1/14/67	1967												3:48.91		3:48.91
Flanagan, Mark	M	3/19/65	1965											3:56.85	6:01.88		3:56.85
Flanders, Alice	F								3:12.79								3:12.79
Flanders, Eric	M	9/29/82	1982							3:15.42				2:50.61	3:15.01		2:50.61
Floch, Elizabeth	F	12/31/84	1984											4:55.89			4:55.89
Flora, Berit	F	4/21/43	1943											4:10.88			4:10.88
Flora, Sam	M	5/2/41	1941	4:52.33	5:10.81			4:52.33		4:14.27	3:53.70			3:52.79			3:52.79
Flowers, Erika	F	12/31/89	1989	3:11.28				3:11.28	3:06.95								3:06.95
Floyd, Jordan	F								3:32.18								3:32.18
Fontana, Branden	M	6/14/92	1992		3:41.56			3:41.56			3:17.57	3:58.39	3:29.63				3:17.57
Ford, Becca	F	6/16/90	1990												3:44.40		3:44.40
Ford, David	M	10/22/50	1950											3:07.36			3:07.36
Foster, Suzi	F	2/17/61	1961											4:34.51			4:34.51
Fox, Sadie	F	6/5/97	1997				3:31.08	3:31.08	3:21.90								3:21.90
Fraczek, Chris	M								11:53.19								
Fraczek, Michael	M						10:35.60	10:35.60									
Frank, Mike	M	11/10/46	1946												4:44.92		4:44.92
Frankowski, Rosie	F	12/31/91	1991	3:22.63	3:20.78			3:20.78	2:49.53						2:54.08		2:49.53
Fraychineaud, Tom	M	4/26/91	1991							3:58.58				3:23.30			3:23.30
Freeman, Daniel	M	11/19/63	1963			5:21.18		5:21.18									
Freeman, Kris	M	12/31/80	1980						2:42.73								2:42.73
Freeman, Martha	F	6/15/53	1953			6:12.61		6:12.61									
Freeman, Marty	F														6:15.74		6:15.74
Freeman, Sarah	F	7/1/99	1999											3:53.62	3:54.37		3:53.62
Freer, David	M	10/7/54	1954											3:25.68			3:25.68
Freistone, Cindy	F	7/8/63	1963		4:47.04			4:47.04	4:12.95				4:14.06	3:49.97	3:53.71		3:49.97
Freistone, Sarah	F	6/24/94	1994		3:33.56			3:33.56	3:24.15		2:59.82	3:34.94	3:17.66		3:21.43		2:59.82
French, Hollis	M	10/11/58	1958											4:05.21	4:02.67		4:02.67
Frenier, Heather	F	5/17/85	1985											4:31.80			4:31.80
Frey, Troy	M														5:22.78		5:22.78
Freyensee, Jay	M														3:19.31		3:19.31
Fried, Neal	M	10/3/54	1954											4:23.49	5:46.64		4:23.49
Fried, Ruby	F														6:42.06		6:42.06
Friedman, Oscar	M	4/12/94	1994						3:04.24								3:04.24
Friend, Scott	M	7/3/70	1970												5:07.00		5:07.00
Friesen, Ryan	M	12/31/84	1984											4:04.10	5:00.06		4:04.10
Frisch, Lauren	F								5:13.04								5:13.04
Fritz, Lauren	F	4/25/88	1988	3:30.66				3:30.66	3:01.87		3:02.57		3:21.07	2:48.24	2:42.47		2:42.47
Fritzel, Kari	F	6/16/71	1971											3:31.64	3:47.89		3:31.64
Fritzel, Luke	M	11/11/00	2000											3:12.95	3:38.60		3:12.95
Fritzel, Trent	M	4/24/99	1999						2:56.76					2:51.20	2:52.06		2:51.20
Fritzel, Troy	M	4/12/71	1971											3:02.99	3:21.39		3:02.99
Frost, Gerald	M								4:29.41								4:29.41
Frost, Shalane	F	7/30/88	1988						3:13.48						3:11.37		3:11.37
Fugere, Mari	F						11:36.11	11:36.11									
Funatake, Jeanne	F	12/29/50	1950											6:50.45	7:18.14		6:50.45
Gaedeke, Rachael	F	12/3/76	1976											4:08.26			4:08.26
Galanos, Greg	M	12/3/65	1965							4:18.45	4:26.81		4:16.71	3:47.93	4:16.26		3:47.93
Gallagher, Ryan	M	12/6/77	1977											3:52.11			3:52.11
Galt, Joan	F	3/25/43	1943											5:09.50			5:09.50
Gamache, Claire	F	4/24/96	1996			4:07.48		4:07.48									
Gangemi, Fischer	M	11/5/94	1994						2:51.30	2:58.06	2:47.19	2:25.55		2:35.49			2:25.55
Gannon, Aiden	M	12/31/02	2002											5:07.86			5:07.86
Gannon, Shawn	M	12/31/69	1969											3:59.81	3:56.63		3:56.63
Garber, Gloria	F	10/28/89	1989												5:11.64		5:11.64
Garber, Karl	M	3/26/52	1952											3:52.44	4:41.35		3:52.44
Garber-Slaght, Chris	M	7/23/75	1975											3:02.38			3:02.38
Garber-Slaght, Robb	F	12/31/79	1979											4:21.24			4:21.24
Gardner, Eva	F	6/26/82	1982							4:39.39					5:46.05		4:39.39
Gardner, Laura	F	10/31/82	1982		3:49.30			3:49.30		3:28.06				2:59.01			2:59.01
Garland, Brad	M														4:16.49		4:16.49
Garrard, Richard	M	3/31/49	1949											4:25.34			4:25.34
Garrett, Hilary	F	4/16/57	1957											3:45.23			3:45.23
Garrick, Leeann	F						13:22.11	13:22.11									
Garsha, Andrew	M	9/17/77	1977											4:20.01	5:31.55		4:20.01
Gates, Jennifer	F	9/3/81	1981											6:03.60	7:09.08		6:03.60
Gates, Virginia	F	9/26/64	1964			5:59.19		5:59.19									

PACE (m:ss.00 / km)		Classic pace (m:ss.00 / km)						Freestyle pace ( m:ss.00 / km )									updated 3-15-2017		
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle		
Gautreau, Pete	M	9/2/64	1964											4:05.07			4:05.07		
Gautreau, Stephen	M	3/3/72	1972											6:06.27			6:06.27		
Gehler, Greer	F	2/24/83	1983													3:45.29	3:45.29		
Gellert, Glenn	M	7/25/63	1963							3:44.35	3:44.38	3:14.54	4:03.89				3:14.54		
Gellert, Margaret	F	3/3/00	2000						2:52.06								2:52.06		
Gelso, Matthew Phillip	M	12/31/88	1988																
Germain, Becky	F	10/31/56	1956			5:25.01		5:25.01											
Germaine, Rick	M	5/18/56	1956											4:28.93			4:28.93		
Germaine, Sarah	F	3/1/91	1991											3:54.57			3:54.57		
Gerry, Ryan	M	12/31/84	1984											4:29.67			4:29.67		
Gesior, Felicia	F	6/3/93	1993	3:28.63				3:28.63	3:07.22								3:07.22		
Gessert, Jennifer	F						6:48.15	6:48.15											
Gessner, Brenna	F															6:07.45	6:07.45		
Giessel, Richard	M	2/20/50	1950											4:12.80			4:12.80		
Giffen, Bruce	M	1/3/58	1958											3:57.58			3:57.58		
Giffen, Clo	F	1/15/63	1963											3:47.61			3:47.61		
Giffen, Luke	M	9/22/99	1999											3:21.16			3:21.16		
Giffen, Sean	M	7/18/03	2003											3:57.55			3:57.55		
Gilbert, Otto	M	9/23/89	1989		4:24.76			4:24.76		3:29.62	3:20.61			2:56.30		3:12.61	2:56.30		
Gilchrist, Vicki	F	2/7/57	1957			10:18.26		10:18.26											
Gillespie, Elsa	F	6/25/98	1998			4:34.13		4:34.13											
Gillette, Lance	M	10/20/60	1960											4:31.03			4:31.03		
Gills, Kristofer	M															5:44.77	5:44.77		
Glaser, Sarah	F	6/11/89	1989						7:49.20					3:30.52		3:59.20	3:30.52		
Glasionov, Mikhail	M	2/10/60	1960	3:55.71	3:45.55			3:45.55	3:32.98	3:25.25	3:25.39			2:58.39		3:40.62	2:58.39		
Glenn, Ruth	F	9/25/52	1952											4:54.46			4:54.46		
Glosser, Kali	F															5:53.47	5:53.47		
Gohr, Caitlin	F															4:28.40	4:28.40		
Goltz, Jon	M															5:06.32	5:06.32		
Gonsalves, Judy	F															7:56.06	7:56.06		
Goodall, Joe	M	9/22/72	1972											3:46.36			3:46.36		
Goodell, Joyce	F	9/15/51	1951			5:52.99	7:01.88	5:52.99											
Gordon, Jill	F															5:00.87	5:00.87		
Gordon, Joel	M															5:00.88	5:00.88		
Gordon, Lael	M															3:57.90	3:57.90		
Gordon, Steven	M	11/14/56	1956											4:17.81		5:28.39	4:17.81		
Gordon-Rein, Richard	M															3:11.56	3:11.56		
Goritski, Karen	F	4/4/62	1962													4:42.13	4:42.13		
Gorman, Henry	M								3:11.05								3:11.05		
Goss, Amanda	F	5/25/91	1991											4:07.32			4:07.32		
Gotcsik, Marah	F	2/29/80	1980													5:18.09	5:18.09		
Gough, Larry	M	12/28/44	1944											5:13.91			5:13.91		
Graff, Nathan	M	3/25/87	1987						3:42.63								3:42.63		
Grage, Sven	M								3:38.77								3:38.77		
Graham, Ariel	F	5/5/89	1989			4:52.06		4:52.06											
Graham, Mariah	F															3:54.90	3:54.90		
Gramse, Shannon	M	9/26/71	1971	4:20.11	4:06.95			4:06.95								3:40.78	3:40.78		
Granfors, Diane	F	1/3/60	1960											4:44.66			4:44.66		
Granger, Donovan	M								4:08.58								4:08.58		
Granroth, Karl	M	3/22/73	1973											2:48.24			2:48.24		
Graziano, Gino	M															3:39.64	3:39.64		
Graziano, Jessica	F															4:49.01	4:49.01		
Green, Julian	M	7/1/64	1964											4:56.94			4:56.94		
Green, Krista	F	12/23/97	1997											3:53.34			3:53.34		
Green, Kristen	F	10/2/81	1981			7:06.26		7:06.26											
Green, Paul	M	8/8/64	1964											5:00.58			5:00.58		
Green, Sama	F	12/17/57	1957											11:00.91			11:00.91		
Greene, Deborah	F															4:53.42	4:53.42		
Greffenius, Laura	F	4/20/60	1960											7:01.66			7:01.66		
Gregg, Brian	M	6/27/84	1984						2:41.37								2:41.37		
Gregg, Caitlin	F	11/7/80	1980						2:48.58								2:48.58		
Gregorin, Edward	M															5:38.49	5:38.49		
Gregory, Megan	F	3/25/87	1987			7:11.86		7:11.86											
Gregory, Tabitha	F	5/23/67	1967											5:14.10			5:14.10		
Grenier, Genevieve	F	9/5/02	2002											6:27.71			6:27.71		
Griffin, David	M	10/13/74	1974											4:24.34			4:24.34		
Griffin, Tim	M	12/31/74	1974											5:53.19			5:53.19		
Grisham, Michael	M	6/4/66	1966											3:52.92			3:52.92		
Gronning, Chris	M	11/5/54	1954											4:44.71			4:44.71		
Grossman, Hallie	F	12/31/93	1993	3:25.11				3:25.11											
Gruber, Vera	F								3:37.49								3:37.49		
Grumman, Alexander	M															4:08.81	4:08.81		
Grunblatt, Jenni	F	4/24/98	1998											3:17.22			3:17.22		
Grunblatt, Jess	M	4/14/53	1953											3:42.45			3:42.45		
Guedea, Alexia	F	12/31/96	1996			6:25.80		6:25.80											
Guerrini, Kali	F	11/13/71	1971											6:27.87			6:27.87		
Guess, Matthew	M	9/5/78	1978											4:18.47			4:18.47		
Guhl, Meredith	F	1/17/78	1978			8:52.31		8:52.31											
Guiney, Elizabeth	F	2/7/91	1991	3:11.99				3:11.99	2:59.55								2:59.55		
Gulkis, Adam	M															9:04.36	9:04.36		
Gutsch, Ken	M						9:56.32	9:56.32											
Gutsch, Lou Mei	F															5:09.10	5:09.10		
Gutschow, Ezra	M	9/24/77	1977											3:54.07			3:54.07		
Guyon, Arnaud	M								2:41.96								2:41.96		
Gwartney, Frank	M	4/4/48	1948			5:49.65		5:49.65											
Haan, Tracie	F	7/1/96	1996											3:50.83			3:50.83		
Haaversen, Kiersten	F								4:18.80								4:18.80		
Haering, Celia	F	4/13/94	1994							4:26.40							4:26.40		

PACE (m:ss.00 / km)				Classic pace (m:ss.00 / km)					Freestyle pace ( m:ss.00 / km )									updated 3-15-2017		
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle			
Haering, John	M										3:10.20						3:10.20			
Haessler, Peter	M	6/8/62	1962										5:07.96			3:39.69	3:39.69			
Hagen, Evan	M	10/22/97	1997			3:02.01		3:02.01												
Hahn, Amber	F	10/9/81	1981				6:44.86	6:44.86						4:29.54			4:29.54			
Hahn, Benjamin	M	3/5/79	1979				6:44.95	6:44.95						4:29.57			4:29.57			
Haines, Jamie	M	10/26/82	1982							3:23.23							3:23.23			
Haines, Suzanne	F															7:56.06	7:56.06			
Hajdukovich, Jade	F	12/31/96	1996								3:58.81						3:58.81			
Hajdukovich, Stefan	M	2/16/93	1993											2:40.73			2:40.73			
Hajkova, Eliska	F								3:07.61								3:07.61			
Halderman, Ray	M								4:51.14								4:51.14			
Hall, Amy K	F	8/1/61	1961											10:22.43			10:22.43			
Hall, Andrew	M	12/31/02	2002											2:54.16			2:54.16			
Hall, Andy	M	12/12/62	1962											3:40.71			3:40.71			
Hall, Helena	F	12/31/69	1969											4:46.30			4:46.30			
Hall, Jackson	M								3:15.21								3:15.21			
Hall, Maddie	F	1/14/97	1997											3:26.47			3:26.47			
Hall, Roan	M	6/4/98	1998											2:36.50			2:36.50			
Hall, Robyn	F	12/31/92	1992						5:42.54				4:17.23			4:17.23	4:17.23			
Hall, Tim	M	12/1/55	1955											3:43.35			3:43.35			
Halverson, Eileen	F	8/29/65	1965			6:13.88		6:13.88												
Halverson, Mary	F	12/22/57	1957											4:56.83			4:56.83			
Halvorsen, Hannah	F	2/19/98	1998						2:57.93								2:57.93			
Hamilton, Erin	F	6/19/78	1978								3:27.49			3:20.74			3:20.74			
Hamilton, Simeon	M	5/14/87	1987																	
Hammel, Rorie	F	8/25/53	1953			6:12.01	8:26.21	6:12.01												
Hanestad, Annika	F	12/31/01	2001														3:01.70			
Hanley, Owen	M			5:41.75				5:41.75									5:00.37			
Hannah, Emily	F																3:22.57			
Hanneman, Karl	M																4:09.42			
Hanneman, Logan	M	12/31/93	1993		2:51.20			2:51.20									2:57.47			
Hanneman, Reese	M	12/25/89	1989		2:50.25			2:50.25	3:03.68							2:41.12	2:41.12			
Hannon, Cheryl	F	10/31/56	1956			6:06.71	8:09.69	6:06.71												
Hannon, Peter	M	4/13/56	1956			4:54.02	6:10.79	4:54.02												
Hannon, Robert	M										5:51.84						5:51.84			
Hansen, Mark	M						4:16.23	4:16.23												
Hansen, Martin	M	5/13/49	1949				7:44.73	7:44.73												
Hanson, Kyle	M								2:55.18								2:55.18			
Hanson, Stephen	M	2/24/53	1953											3:40.64			3:40.64			
Harbison, Dan	M	6/9/62	1962											3:31.15		3:58.50	3:31.15			
Hardison, Jessie	F	8/31/02	2002											5:29.99			5:29.99			
Harlan, Ethan	M	1/1/91	1991			5:36.39		5:36.39												
Harrison, Nick	M	7/26/97	1997											3:02.55			3:02.55			
Hart, Anne	F	12/31/92	1992	3:06.61				3:06.61	2:50.94								2:50.94			
Hartley, Morgan	M	7/7/97	1997										3:31.99			3:51.40	3:31.99			
Hartley, Van	M	9/3/52	1952											4:20.19		5:47.09	4:20.19			
Hartt, Bob	M	6/22/50	1950			5:17.07		5:17.07												
Harvey, Alli	F	5/27/85	1985				11:43.44	11:43.44						7:38.24			7:38.24			
Harwood, Thomas	M								3:32.63								3:32.63			
Haskin, Sarah	F															5:22.62	5:22.62			
Haskin, Travis	M															4:50.42	4:50.42			
Hately, Freya	F	5/9/95	1995											5:22.85			5:22.85			
Haugen, Anders	M	12/7/80	1980								3:02.02						3:02.02			
Haupt, Christie	F	5/22/76	1976						4:21.61					3:47.72			3:47.72			
Hauser, Scott	M	6/29/71	1971													3:31.99	3:31.99			
Haviland, Brian	M	1/6/82	1982											3:33.98			3:33.98			
Havlick, Miles	M								2:48.19								2:48.19			
Hawkins, Bart	M	3/16/55	1955											4:28.32			4:28.32			
Hawley, David	M	7/2/52	1952											4:27.89			4:27.89			
Hayano, Yukiko	F	9/6/61	1961										4:57.08	4:08.29		4:17.40	4:08.29			
Hayden, Philip	M	1/17/69	1969											4:07.80			4:07.80			
Haynes, Bronwyn	F	10/10/67	1967											3:41.55			3:41.55			
Hays, Michael	M	1/1/72	1972											3:36.99		4:21.40	3:36.99			
Hays, Nelson	M															7:46.56	7:46.56			
Haywood, Aden	M	4/23/98	1998											3:23.56			3:23.56			
Haywood, Beck	M	8/12/01	2001											3:39.55			3:39.55			
Hedberg, John	M	1/16/52	1952											3:20.71			3:20.71			
Hedblom, Sonja	F								3:27.25								3:27.25			
Hedeger, Jewel	F	12/31/99	1999											3:17.36			3:17.36			
Heeringa, Krista	F	12/31/85	1985						3:11.08								3:11.08			
Hegman, John	M	5/21/94	1994						3:20.09								3:20.09			
Hegseth, Randi	F	1/8/69	1969											4:04.24			4:04.24			
Hein, Cynthia	F															4:42.13	4:42.13			
Hekkers, Michael	M	6/16/69	1969	4:42.05				4:42.05												
Helgeson, Liberty	F															4:12.30	4:12.30			
Helie, John	M	12/9/57	1957			5:36.74		5:36.74												
Hellmann, Christopher	M						8:42.43	8:42.43												
Hellmann, Ciara	F															5:08.02	5:08.02			
Helminiak, Jeffrey	M															4:53.50	4:53.50			
Hemmer, Nathan	M						6:29.44	6:29.44												
Hemming, Carl	M	3/23/51	1951						5:33.29					4:14.53			4:14.53			
Hemming, Paul	M	9/18/81	1981											3:27.51			3:27.51			
Hendel, Cynthia	F	5/4/55	1955				5:55.08	5:55.08						3:48.75			3:48.75			
Hendricks, Kealey	F															5:30.60	5:30.60			
Heninger, Peter	M	2/9/51	1951											4:02.27		6:44.49	4:02.27			
Henszey, Melissa	F						7:02.80	7:02.80												
Hermanson, Eli	M	6/4/01	2001						3:02.80					3:02.34			3:02.34			
Hermanson, Isaac	M															4:40.66	4:40.66			

PACE (m:ss.00 / km)		Classic pace (m:ss.00 / km)						Freestyle pace ( m:ss.00 / km )						updated 3-15-2017			
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle
Hermanson, Jay	M	5/3/68	1968													6:45.67	6:45.67
Herriges, Jim	M								4:00.64								4:00.64
Herring, Daniel	M															6:20.97	6:20.97
Herz, Nathaniel	M	7/13/87	1987							3:07.82				2:48.27			2:48.27
Hess, Lauren	F	8/3/91	1991										4:00.01	3:27.24			3:27.24
Hessong, Randy	M	6/14/62	1962										4:01.71	3:18.98		3:40.09	3:18.98
Hett, Vivian	F	12/31/96	1996						3:00.94								3:00.94
Hibler, William	M	2/8/43	1943											6:36.57			6:36.57
Hickel, Rhett	M	9/2/80	1980											4:13.79			4:13.79
Hickel, Ryan	M	1/25/77	1977							3:36.55				3:10.19		4:44.42	3:10.19
Hickman, Don	M	3/12/65	1965											3:29.06			3:29.06
Hill, Jackson	M								3:04.35								3:04.35
Hill, P J	M	6/27/44	1944						4:30.66					3:53.73		4:48.69	3:53.73
Hill, Scott	M								2:45.37								2:45.37
Hillhouse, Margaret	F	12/5/55	1955							3:47.51							3:47.51
Himma, Martina	F								3:29.91								3:29.91
Hinckley, Ann	F	3/11/52	1952											4:51.82			4:51.82
Hinckley, Mike	M	10/12/86	1986											2:39.15			2:39.15
Hinckley, Scott	M	9/29/51	1951											4:29.85			4:29.85
Hinckley, William	M	11/5/82	1982											3:05.40			3:05.40
Hinds, Cory	M	9/9/67	1967										4:01.26			3:33.46	3:33.46
Hinrichs, Ari	M	5/7/99	1999											3:03.74			3:03.74
Hinrichsen, Kris	M	4/27/83	1983											5:22.94			5:22.94
Histand, Ben	M	3/22/84	1984										4:11.71			3:42.79	3:42.79
Hjelm, Erik	M	2/24/85	1985				3:33.98	3:33.98									
Hjelm, Jim	M	5/16/51	1951			5:35.53	6:51.93	5:35.53									
Hjelstuen, Haakon	M	2/4/92	1992						2:53.54								2:53.54
Hlasny, Jason	M														5:57.70		5:57.70
Hlasny, Paul	M														4:53.31		4:53.31
Hoag, Stephanie	F	3/17/52	1952											4:55.28			4:55.28
Hoback, Johnathan	M	8/8/79	1979											3:21.41			3:21.41
Hobart, Jonathan	M	8/8/79	1979							4:11.70							4:11.70
Hodgert, Reitler	M								3:17.15								3:17.15
Hoefler, Brian	M	12/23/59	1959												4:17.13		4:17.13
Hoefler, Gail	F	5/4/62	1962												6:50.83		6:50.83
Hoffman, Jeffrey	M	7/2/67	1967											3:58.95			3:58.95
Hoffman, Peter	M	6/2/98	1998											3:24.84		3:42.18	3:24.84
Hogan, Mimi	F	4/9/46	1946						7:49.70								7:49.70
Hogins-Wolfe, Carol	F	12/31/59	1959											4:42.42			4:42.42
Hokanson, Karsten	M								3:10.49								3:10.49
Hokanson, Sally	F	6/4/85	1985							3:28.13	3:08.66			3:16.22	3:06.02		3:06.02
Holderied, Kris	F						10:20.79	10:20.79	10:33.60								10:33.60
Holen, Davin	M	7/15/72	1972										4:05.36				4:05.36
Holland Leclair, Claire	F														4:13.79		4:13.79
Holland, Caleb	M	12/31/99	1999											5:00.18			5:00.18
Holloway, Eric	M	1/16/64	1964							4:33.96				4:04.00		5:10.88	4:04.00
Holmes, Chelsea	F	1/20/87	1987	3:06.31				3:06.31	2:45.35								2:45.35
Holmes, Katia	F	1/1/01	2001												4:22.69		4:22.69
Holmes, Sam	M								3:04.43								3:04.43
Holtan, Jay	M	12/26/47	1947											4:26.77			4:26.77
Holzapel, Lisa	F	1/28/53	1953			6:17.55		6:17.55									
Homestead, Charles	M	6/19/60	1960							3:17.30			4:04.45	2:55.59		3:34.67	2:55.59
Homestead, Korin	F	7/26/61	1961												4:46.02		4:46.02
Hood, Julie	F	11/26/71	1971											4:03.29	3:44.13	3:33.27	4:38.12
Hood, Kevin	M														5:22.42		5:22.42
Hood, Natalie	F														4:38.13		4:38.13
Hood, Russell	M	3/3/72	1972											3:38.63	5:22.36		3:38.63
Hooper, Michael	M								5:24.51								5:24.51
Hoosier, Tom	M	3/31/47	1947											4:24.74			4:24.74
Hoppe, Alex	M	5/29/04	2004											5:02.05		4:45.46	4:45.46
Hoppe, Kirsten	F	11/6/71	1971											5:02.08			5:02.08
Hoskins, Wes	M	12/1/78	1978											4:12.97		4:13.02	4:12.97
Hough, Morgan	M	12/31/89	1989											3:22.82			3:22.82
Hoveid, Halvor	M								4:05.22								4:05.22
Howell, Elizabeth	F	5/11/72	1972											4:55.95		5:33.29	4:55.95
Howell, Heather	F	5/5/74	1974			9:03.05		9:03.05									
Hughes, Dora	F	5/11/85	1985											6:10.35			6:10.35
Hulbert, Jean	F	7/8/62	1962			6:49.86		6:49.86									
Hull, Aicha	F	8/2/77	1977											4:21.49			4:21.49
Hull, Andrew	M	6/10/00	2000						3:07.59								3:07.59
Hull, Emily	F	5/22/96	1996											6:53.55			6:53.55
Hume, Bob	M	3/9/52	1952											4:28.53			4:28.53
Hunt, Tom	M	8/8/59	1959											3:59.41			3:59.41
Hupp, Jerry	M	9/28/55	1955											3:47.22			3:47.22
Hurd, James	M						6:24.67	6:24.67									
Hurd, Karen	F	7/24/46	1946				6:47.32	6:47.32						4:48.79			4:48.79
Husby, Bill	M	12/31/52	1952	4:57.96				4:57.96									
Hutt, Benjamin	M														10:16.44		10:16.44
Hveding, Elaina	F	11/30/75	1975											5:19.38			5:19.38
Hveding, Fred	M	12/16/73	1973											3:28.12		4:02.33	3:28.12
Hynes, Natalie	F								3:15.46								3:15.46
Ickes, Andrew	M	9/29/80	1980			6:11.44		6:11.44									
Ickes, Tracy	F	4/24/84	1984			6:10.75		6:10.75									
Irwin, Deedra	F	12/31/92	1992	3:51.28				3:51.28	3:07.72								3:07.72
Isaacs, Zachary	M	9/15/75	1975											4:22.94			4:22.94
Ishibashi, Karen	F	10/13/52	1952			5:37.37		5:37.37									
Ito, Mikio	M	10/5/50	1950												4:54.10		4:54.10
Ivanoff, Ily	F														5:13.12		5:13.12

PACE (m:ss.00 / km)						Classic pace (m:ss.00 / km)				Freestyle pace ( m:ss.00 / km )							updated 3-15-2017		
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle		
Ivars, Oscar	M								2:50.95								2:50.95		
Iverson, Mark	M	5/10/82	1982						2:48.42	2:49.10	2:37.80			2:23.88			2:23.88		
Ivory, Bill	M	10/6/80	1980											4:16.64	5:48.13		4:16.64		
Jackson, Jerome	M	7/4/51	1951						5:13.15								5:13.15		
Jackson, Sarah	F	9/19/94	1994											3:23.90			3:23.90		
Jacobs, Jill	F														7:56.35		7:56.35		
Jager, Luke	M	1/17/00	2000											2:36.59			2:36.59		
James Dio, Ronnie	M	12/31/74	1974											4:06.04			4:06.04		
James, Kayce	F	5/25/85	1985											5:10.43			5:10.43		
Jamieson, Bruce	M	4/12/52	1952						4:35.39					3:51.38			3:51.38		
Jarzin, Abigail	F	12/31/00	2000						3:01.05								3:01.05		
Jaschek, Leopold	M	12/31/96	1996											3:49.40			3:49.40		
Jenkins, Ian	M	4/11/64	1964											3:17.10			3:17.10		
Jenkins, Jody	F	12/15/50	1950		6:20.90			6:20.90											
Jenkins, Joyce	F	3/30/76	1976							4:07.21	4:00.15	3:18.09	4:04.91	3:35.49	4:00.93		3:18.09		
Jensen, Chad	M	5/2/75	1975											3:38.97			3:38.97		
Jensen, Erica	F	3/29/80	1980											5:04.84			5:04.84		
Jensen, Orion	M	7/7/10	2010											5:06.20			5:06.20		
Jensen, Tomas	M														3:55.46		3:55.46		
Jensen, Trond	M	3/18/60	1960							3:14.10	3:08.58			2:45.70			2:45.70		
Jerry, Danielle	F	6/18/50	1950						5:05.97	4:21.60	4:32.65			3:44.28			3:44.28		
Jigliotti, Joey	F	7/17/63	1963			7:04.21		7:04.21											
Joda, David	M								3:11.90								3:11.90		
Joensuu, Jasmi	F								3:07.72								3:07.72		
Johns, Amy	F	1/2/61	1961			3:50.72		3:50.72											
Johnson, Andrew	M														4:38.14		4:38.14		
Johnson, Avi	M	3/8/01	2001			3:50.55	3:46.13	3:46.13											
Johnson, Bill	M	6/24/70	1970											3:43.91			3:43.91		
Johnson, Chad	M														3:15.30	3:59.28	3:15.30		
Johnson, Crane	M	11/20/74	1974											3:32.05			3:32.05		
Johnson, Diana	F	2/25/82	1982											3:27.40	4:00.28		3:27.40		
Johnson, Elizabeth	F	9/26/00	2000											3:46.26			3:46.26		
Johnson, Haydn	M														5:54.20		5:54.20		
Johnson, Jacob	M														4:56.08		4:56.08		
Johnson, Leslie	F	3/26/58	1958		6:51.09			6:51.09											
Johnson, Meghan	F	7/15/69	1969		7:25.07			7:25.07											
Johnson, Michael	M	11/23/98	1998											3:05.54			3:05.54		
Johnson, Norm	M	8/6/44	1944												4:58.49		4:58.49		
Johnson, Patrick	M	4/24/89	1989						2:50.24								2:50.24		
Johnson, Paul	M	6/1/61	1961								4:01.85						4:01.85		
Johnson, Pete	M	12/30/53	1953							4:00.59	3:51.81	4:27.71			4:10.48		3:51.81		
Johnson, Peter	M	3/23/52	1952										4:41.13	3:50.86			3:50.86		
Johnson, Rick	M	2/15/54	1954						3:46.41								3:46.41		
Johnson, Sam	M	6/22/61	1961											3:49.09			3:49.09		
Johnson, Sandy	F	4/22/67	1967											4:43.58	3:51.56	6:28.54	3:51.56		
Johnson, Sikulik	M	3/30/99	1999											3:14.28			3:14.28		
Johnston, Galen	M	1/30/90	1990		3:08.39			3:08.39		3:00.31	2:28.42			2:35.50	2:55.25		2:28.42		
Jolliff, Jennifer	F	4/29/70	1970											3:59.36			3:59.36		
Jonas, Mark	M	4/22/59	1959											3:52.39			3:52.39		
Jones, Anna Mackenzie	F	8/19/80	1980											4:17.30			4:17.30		
Jones, Bobbie	F	8/20/57	1957											3:34.04			3:34.04		
Jones, Colleen	F	3/7/63	1963											3:39.86			3:39.86		
Jones, Jeff	M	3/15/57	1957											3:27.60	3:39.71		3:27.60		
Jones, Jennah	F														3:53.61		3:53.61		
Jones, Liam	M	4/24/96	1996		3:43.45			3:43.45											
Jones, Lindy	F	4/11/61	1961											4:10.87			4:10.87		
Jones, Michael	M	9/4/75	1975											3:49.20			3:49.20		
Jones, Nancy	F	3/29/51	1951											5:49.35			5:49.35		
Jones, Nathan	M	7/5/83	1983							3:12.92	2:50.57	3:56.73	2:57.63		3:20.69		2:50.57		
Jones, Riley	M	2/19/98	1998		3:43.41			3:43.41											
Jones, Shelly	F	4/30/75	1975											4:20.08			4:20.08		
Jones, Willow	F														6:38.04		6:38.04		
Jordheim, Guro	F								3:02.27								3:02.27		
Jorgensen, Janine	F	5/26/51	1951											4:56.21			4:56.21		
June, Marc	M	1/1/55	1955											4:34.16			4:34.16		
Kagerer, Andrew	M	7/1/99	1999											5:57.56			5:57.56		
Kagerer, Barbara	F	2/9/61	1961						8:28.58	5:42.77				5:07.10			5:07.10		
Kagerer, John	M	10/27/57	1957						7:33.43	5:00.64	4:51.44	3:59.67	4:29.37	4:17.42	4:14.55	4:25.73	3:59.67		
Kagerer, Stephen	M	10/28/96	1996							4:10.40							4:10.40		
Kahoe, Ben	M														3:51.32		3:51.32		
Kahraman, Ferudun	M	2/12/67	1967		3:32.85			3:32.85											
Kam, Kai	M	2/28/02	2002											3:34.73			3:34.73		
Kam, Zane	M	7/17/00	2000											3:10.33			3:10.33		
Kamienski, Ed	M	11/23/61	1961							4:27.19					4:09.45		4:09.45		
Kam-Magruder, Janel	F	10/19/76	1976											4:11.44	4:14.15		4:11.44		
Kamrath, Jody	F	4/17/66	1966											4:33.06			4:33.06		
Kanady, Judy	F	2/21/60	1960											3:15.16			3:15.16		
Kanady, Mackenzie	F								3:18.18								3:18.18		
Kanady, Rachelle	F	10/23/89	1989		4:02.42			4:02.42			3:09.66	4:07.92			3:38.16		3:09.66		
Kanady, Randy	M	6/10/60	1960							3:44.71				3:13.95			3:13.95		
Karas, Michael	M	6/4/80	1980												3:23.63		3:23.63		
Karas, Paul	M														4:27.36		4:27.36		
Kari, Paul	M						3:35.30	3:35.30											
Karl, Susan	F	10/7/51	1951											4:00.47	6:18.68		4:00.47		
Kase, Jeff	M	1/23/82	1982		3:41.58			3:41.58		3:29.48	3:07.97		3:41.87	2:58.62			2:58.62		
Kastning, Andrew	M	6/8/82	1982							3:02.14			3:11.36				3:02.14		
Kasukonis, Nathan	M	1/23/76	1976											3:35.63	4:19.66		3:35.63		
Kauffman, Ryan	M	12/31/79	1979			6:11.26		6:11.26											

PACE (m:ss.00 / km)				Classic pace (m:ss.00 / km)					Freestyle pace ( m:ss.00 / km )									updated 3-15-2017		
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle			
Kaufman, Bob	M	6/24/61	1961							4:01.37				3:26.80			3:26.80			
Kaufman, Max	M	9/9/71	1971						2:57.32					3:33.33	2:49.28	3:06.44	2:49.28			
Kean, Bob	M	4/23/40	1940			8:05.04		8:05.04												
Kearns, Dylan	M	9/20/01	2001											4:11.49			4:11.49			
Keeffe, Madison	F								3:36.88								3:36.88			
Keeler, Dan	M	5/14/77	1977							4:19.44							4:19.44			
Keener, Ben	M	7/15/99	1999						3:06.82								3:06.82			
Keener, Benjamin	M	7/15/99	1999											3:38.33			3:38.33			
Keesecker, Connor	M	10/21/92	1992											4:13.41			4:13.41			
Keesecker, Karen	F	2/12/64	1964											5:19.61			5:19.61			
Keller, Bill	M								4:23.82								4:23.82			
Keller-Miller, Michaela	F								3:23.65								3:23.65			
Kelly, Kristan	F	8/30/67	1967											3:39.08			3:39.08			
Kelly, Terry	M	5/25/70	1970			3:48.40		3:48.40							4:34.85		4:34.85			
Kelsey, Kathy	F														5:07.28		5:07.28			
Kemp, Megan	F	1/11/84	1984												5:06.83		5:06.83			
Kemppel, Roger	M	4/6/42	1942											4:00.50			4:00.50			
Kendrick, Thomas	M								3:04.82								3:04.82			
Kenna, Skyler	M	1/14/95	1995						3:04.62			2:32.44				3:12.47	2:32.44			
Kent, Meghan	F								3:56.06								3:56.06			
Kentch, Gavin	M	8/29/81	1981						3:04.33		3:03.95			2:51.03	2:41.87	3:15.40	2:41.87			
Keogh, Ryan	M	3/16/84	1984							4:39.42							4:39.42			
Kerker, William	M	12/31/98	1998						3:01.55								3:01.55			
Kessler, Anne	F	11/10/47	1947			9:09.12	14:46.71	9:09.12												
Ketterson, Jan	M								2:51.75								2:51.75			
Ketterson, Zak	M	12/31/97	1997						2:47.43								2:47.43			
Khera, Paul	M	7/27/63	1963											3:37.01			3:37.01			
Kilby, Alex	M	3/26/98	1998											2:53.76			2:53.76			
Kilby, Elizabeth	F	12/31/13	2013											6:25.14	4:32.97		4:32.97			
Kilcher, Atz	M	9/2/47	1947											3:40.78			3:40.78			
Kim, Callie	F														5:20.78		5:20.78			
Kimball, Murphy	M														4:35.89		4:35.89			
Kincaid, Kristine	F	9/15/61	1961			6:58.82	9:16.83	6:58.82												
King, Brianna	F						8:46.57	8:46.57												
King, Jerry	M	4/24/51	1951											4:11.40			4:11.40			
King, Noah	M	2/25/87	1987											3:00.13			3:00.13			
King, Sheila	F	10/22/62	1962			10:18.22		10:18.22												
Kirby, Blythe	F														6:27.06		6:27.06			
Kirby, Danielle	F						11:15.07	11:15.07												
Kirchner, Carolyn	F	11/5/81	1981											3:38.41			3:38.41			
Kirk, Jacob	M										2:56.29						2:56.29			
Kirk, Tanya	F	9/25/67	1967											3:57.15	4:33.25		3:57.15			
Klaben, Michelle	F	2/11/93	1993											3:37.53			3:37.53			
Klebes, Peter	M	5/7/72	1972												5:04.39		5:04.39			
Kling, Peter	M	6/30/87	1987						2:54.79		2:37.83						2:37.83			
Klobuczek, Heinrich	M	8/24/64	1964						3:38.81					3:53.61			3:38.81			
Klobuczek, Poonyanuch	F			6:34.36				6:34.36												
Klott, Kevin	M	11/8/79	1979												4:12.25		4:12.25			
Klug, Bryant	M	11/5/95	1995											3:23.11			3:23.11			
Klug, Grant	M	11/12/97	1997			3:02.28		3:02.28												
Knapp, Elizabeth	F	7/28/88	1988			4:52.47		4:52.47												
Knapp, Gunnar	M	12/11/53	1953						4:10.48	4:07.88	3:39.21	4:13.52	3:38.87		4:04.15		3:38.87			
Knapp, Lorena	F	1/21/75	1975						4:22.70	4:19.27	3:45.07		3:43.34	3:51.40			3:43.34			
Knapp, Lorena	F	1/21/75	1975						5:30.51				4:02.35				4:02.35			
Knight, Brent	M	5/3/84	1984							2:53.30							2:53.30			
Knight, Erika	F	5/29/87	1987											5:52.67	4:31.42		4:31.42			
Knock, Doug	M	1/14/61	1961												4:09.77		4:09.77			
Knopp, David	M	1/17/64	1964											3:00.03	3:02.75	3:16.39	3:00.03			
Knopp, Dawson	M	10/28/98	1998																	
Knori, Jesse	F								3:07.61								3:07.61			
Knudsen, Anrea	F	12/31/99	1999											6:40.59			6:40.59			
Knudson, Kip	M	9/27/64	1964											6:29.01			6:29.01			
Kobylarz, Stephanie	F						11:06.97	11:06.97												
Koch, Ameer	F	3/30/72	1972												5:16.65		5:16.65			
Koch, Franz	M														8:39.05		8:39.05			
Koch, Josh	M														4:00.91		4:00.91			
Koch, Kelly	F	12/31/00	2000						3:06.03								3:06.03			
Koch, Skip	M	12/28/49	1949											5:32.25			5:32.25			
Kochevar, David	M						5:00.10	5:00.10												
Koehn, Duncan	M								3:08.38				3:32.01		3:11.94		3:08.38			
Koenig, Benjamin	M								2:51.86								2:51.86			
Koenig, Robert	M								4:11.99								4:11.99			
Kokesh, John	M	1/12/62	1962												4:35.63		4:35.63			
Koleser, Raymond	M	5/10/57	1957								3:36.11				3:55.33		3:36.11			
Kollo, Toomas	M								3:02.50								3:02.50			
Konieczny, Rebecca	F	4/1/90	1990						3:14.41								3:14.41			
Kopal, Krystof	M	1/7/93	1993						2:57.88								2:57.88			
Kopsack, Alyson	F														3:45.52		3:45.52			
Kopsack, Lance	M	10/21/64	1964											3:55.34	4:22.58		3:55.34			
Kopsack, Lyon	M	11/2/95	1995											2:51.00			2:51.00			
Kornfield, Robin	F			8:54.00				8:54.00												
Kornfield, Tamra	F	10/19/85	1985			4:23.25		4:23.25	4:49.24	4:02.27		3:37.04	4:01.63	3:21.70			3:21.70			
Kornfield, Tyler	M	12/31/91	1991						2:32.64						2:42.01		2:32.64			
Kornmesser, Marc	M	4/13/63	1963												5:11.34		5:11.34			
Kornmesser, Milo	M														5:11.29		5:11.29			
Kornmesser, Wyatt	M														7:35.02		7:35.02			
Kosaka, Takahiro	M	5/23/69	1969											7:04.49			7:04.49			
Kostoff, Lauren	M	11/23/59	1959							4:00.29	4:10.08			3:32.81			3:32.81			
Kovacs, Paul	M	10/20/90	1990						2:56.69					2:31.60			2:31.60			

PACE (m:ss.00 / km)		Classic pace (m:ss.00 / km)							Freestyle pace ( m:ss.00 / km )							updated 3-15-2017		
Name	Sex	Bdate	Year	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle	
Kozak, Carolyn	F	4/30/87	1987											4:00.88		3:54.50		
Kramer, Kendall	F	6/26/02	2002						3:01.64	4:27.11							3:01.64	
Kramer, Mike	M	1/31/68	1968							3:04.80	3:09.32			2:39.11			2:39.11	
Kramer, Tim	M	1/23/78	1978											4:18.93			4:18.93	
Krause, David	M															4:11.81	4:11.81	
Krenzelok, Dora	F	4/5/66	1966			5:47.44		5:47.44										
Krenzelok, Heliadora	F	4/5/66	1966				6:22.34	6:22.34										
Kruschwitz, Gil	M	10/5/41	1941											4:24.45			4:24.45	
Kruschwitz, Gilbert	M														5:05.71		5:05.71	
Kruse, Mark	M	1/1/87	1987											4:06.91			4:06.91	
Kruse, Steve	M	9/22/55	1955											5:42.31	7:02.33		5:42.31	
Kugel, Libby	F	8/1/88	1988						6:54.19					3:49.28			3:49.28	
Kullberg, Max	M	12/31/78	1978												4:20.81		4:20.81	
Kullberg, Richard	M	1/26/44	1944							5:03.59				3:58.58			3:58.58	
Kumie, Cynthia	F	2/29/64	1964			8:08.06		8:08.06										
Kupferschmid, Jeremy	M	3/14/00	2000			3:17.00		3:17.00							3:14.44		3:14.44	
Kupilik, Agneta	F	12/29/76	1976											3:55.88			3:55.88	
Kurtak, Joseph	M	3/12/51	1951							4:59.38				4:09.92			4:09.92	
Kurtz, Kathryn	F	2/9/66	1966											4:21.25			4:21.25	
Kvaale, Eivind Romberg	M								2:41.25								2:41.25	
Labelle-Hamer, Tully	M	1/14/86	1986												4:33.11		4:33.11	
Lachance, Max	M	12/31/96	1996						3:15.63								3:15.63	
Lafrance, Pete	M	10/1/76	1976											3:58.29			3:58.29	
Laker, Pam	F								4:55.27							4:31.51	4:31.51	
Laker-Morris, Jordan	M															3:13.34	3:13.34	
Laker-Morris, Zarah	F														5:43.95		5:43.95	
Lamb, Allison	F	8/17/83	1983											4:12.39			4:12.39	
Lambert, Steve	M	11/12/53	1953						5:55.90						5:25.28		5:25.28	
Lammers, Isaac	M	8/23/93	1993						3:09.09					2:28.56			2:28.56	
Lammers, Sarissa	F	5/2/96	1996						3:04.79								3:04.79	
Lamoreaux, Bill	M	3/16/47	1947											4:20.02			4:20.02	
Lamoreaux, Jason	M	11/21/78	1978							3:05.16							3:05.16	
Landeau, Thierry	M	8/8/67	1967											4:40.96			4:40.96	
Landry, David	M						4:26.48	4:26.48										
Langdon, Margaret	F			9:26.11				9:26.11										
Lange, Leah	F								3:17.11								3:17.11	
Lange, Quentin	M	10/7/72	1972												4:26.47		4:26.47	
Lann, Meredith	F	1/12/75	1975			7:45.26		7:45.26										
Lapkass, Maja	F														4:20.34		4:20.34	
Large, Ember	F								3:17.68								3:17.68	
Larsen, Amy	F	7/24/70	1970											3:52.35			3:52.35	
Larsgaard, Jerry	M	6/8/51	1951			5:12.86		5:12.86										
Lasselle, Ed	M	3/31/60	1960			4:17.77	4:44.01	4:17.77										
Latona, Nikki	F														7:27.01		7:27.01	
Latva-Kiskola, Niko	M	1/26/01	2001											3:16.96			3:16.96	
Latva-Kiskola, Tuomo	M	4/17/63	1963											3:17.49			3:17.49	
Lawler, Kurt	M	11/13/84	1984											3:31.62			3:31.62	
Leary, Ken	M	1/21/58	1958						3:52.41					3:08.11	3:47.43		3:08.11	
Lease, Colin	M	1/20/99	1999						3:15.24								3:15.24	
Leclair, Aubrey	F	10/29/00	2000											3:56.36			3:56.36	
Leclair, Claire	F	7/19/60	1960											4:06.30			4:06.30	
Lecy, Danielle	F	7/12/68	1968											4:25.50			4:25.50	
Lee Allen, Mary	F	9/28/66	1966											7:14.36			7:14.36	
Lee, Andrea	F								3:11.74								3:11.74	
Lee, Jeannette	F														5:11.75		5:11.75	
Lee, Nicole	F	12/31/84	1984											3:36.03			3:36.03	
Lee, Theresa	F	6/12/88	1988			7:06.34		7:06.34										
Lee, Wyatt	M	2/13/98	1998											3:30.37			3:30.37	
Leghorn, Ken	M	3/9/55	1955			4:50.78		4:50.78										
Leik, Jim	M	12/25/55	1955				8:27.02	8:27.02										
Leistikow, Corrine	F	3/22/59	1959						5:09.84								5:09.84	
Leonard, Benjamin	M	3/19/83	1983											4:11.13			4:11.13	
Leonard, Pete	M								3:14.76								3:14.76	
Leonetti, Crystal	F	12/23/76	1976											4:23.16	4:26.76		4:23.16	
Leroy, Erik	M	1/1/52	1952											4:17.02			4:17.02	
Lervik, Anne Siri	F								3:12.01								3:12.01	
Leseman, Wendy	F	5/29/56	1956			5:16.37	5:31.14	5:16.37										
Lesko, Danielle	F	5/7/75	1975		4:40.27			4:40.27						4:38.01	4:46.05		4:38.01	
Lesko, Nicole	F	3/25/79	1979											4:38.13	4:46.54		4:38.13	
Lessard, Kathryn	F	6/22/62	1962											4:34.88	5:22.18		4:34.88	
Lessard, Kristen	F	3/7/93	1993												4:24.58		4:24.58	
Leveque, Jerome	M	3/4/74	1974												4:11.42		4:11.42	
Levey, Steve	M	4/30/65	1965			3:40.06		3:40.06										
Levine, Howard	M	2/3/56	1956											3:53.64			3:53.64	
Lewanski, Bev	F	3/28/51	1951	6:00.00		4:58.30	6:56.55	4:58.30										
Lewis, Adam	M	3/23/83	1983			3:49.85	4:12.00	3:49.85										
Lewis, De	F	9/30/63	1963												4:32.19		4:32.19	
Lewis, Kathryn	F	12/6/87	1987											5:03.62			5:03.62	
Lewis, Melissa	F	7/5/70	1970						3:28.75						3:27.52		3:27.52	
Lewis, Tyler	M														4:04.83		4:04.83	
Leyf, Max	M	9/1/88	1988											3:04.62			3:04.62	
Libbey, Colleen	F	11/6/74	1974											4:27.73	5:15.68		4:27.73	
Libbey, Dan	M	8/11/70	1970		3:55.93			3:55.93		3:22.92	2:52.59			3:21.82	2:54.76	3:37.93	2:52.59	
Libbey, Karol	F	8/23/39	1939											12:24.34			12:24.34	
Libbey, Robert	M	3/20/35	1935											12:11.65			12:11.65	
Liebsch, Matt	M								2:42.63								2:42.63	
Lindeke, Martin	M	11/29/67	1967											4:08.05			4:08.05	
Lindemuth, Helen	F	7/11/74	1974											4:13.72			4:13.72	

PACE (m:ss.00 / km)				Classic pace (m:ss.00 / km)					Freestyle pace ( m:ss.00 / km )					updated 3-15-2017			
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle
Lindquist, Katie	F															3:59.70	3:59.70
Lindsey, Ann	F	11/8/63	1963			4:26.83		4:26.83								4:53.16	4:53.16
Lindsey, Christopher	M															4:20.10	4:20.10
Lindsey, Jim	M	7/3/34	1934											5:24.64			5:24.64
Lindsey, June	F	2/10/36	1936			6:50.24		6:50.24									
Linfield, Jana	F	8/8/59	1959													4:33.48	4:33.48
Liotta, Patti	F	3/24/60	1960											4:21.86			4:21.86
Littell, Jeremy	M	12/19/73	1973		4:10.53			4:10.53		3:20.27	3:09.40	2:47.00	3:33.95	2:57.66		3:13.18	2:47.00
Littlefield, Devin	M	10/12/92	1992											3:10.69			3:10.69
Liu, Harry	M	5/8/92	1992											3:33.37			3:33.37
Livingston, Stephen	M	10/4/49	1949				5:42.12	5:42.12						4:07.41			4:07.41
Livingston, Thomas	M			5:58.79				5:58.79								4:06.19	4:06.19
Livingston, Tom	M	10/28/48	1948							4:29.90			4:52.52	4:02.18	4:09.39		4:02.18
Loan, Alex	M	6/9/95	1995						3:09.10			2:36.65		2:48.05			2:36.65
Loan, Kinsey	F	10/23/92	1992								3:26.42			2:56.62			2:56.62
Loan, Sheryl	F	1/7/59	1959											3:31.64		3:53.90	3:31.64
Lockard, David	M	5/19/60	1960											4:24.17			4:24.17
Lockert, Jon	M	10/28/51	1951											4:12.58			4:12.58
Loeffler, Ben	M															4:08.89	4:08.89
Loeffler, Jonas	M	1/2/92	1992											2:35.90			2:35.90
Loeffler, Karen	F	3/28/57	1957											4:56.37		5:56.34	4:56.37
Lojewski, Nathan	M	1/5/82	1982							3:58.05	4:00.43			3:23.39			3:23.39
Lokken, Jim	M	10/13/59	1959						3:34.68					2:52.91		3:24.14	2:52.91
Longhart, Fred	M	8/28/50	1950											3:33.84			3:33.84
Looney, Brian	M	4/27/61	1961							3:53.48				3:23.10		4:08.88	3:23.10
Lor, Soch	F	2/29/68	1968				5:35.38	5:35.38						5:11.21			5:11.21
Loran, Alyse	F															4:14.71	4:14.71
Loso, Karen	F	12/29/76	1976											3:43.25		4:15.77	3:43.25
Loso, Michael	M	12/16/68	1968											3:42.92			3:42.92
Louthan, Kirk	M	8/22/88	1988													3:57.11	3:57.11
Lovett, Andre	M	8/28/93	1993						3:02.65	3:03.11	2:49.02	2:25.32		2:39.64	2:25.44		2:25.32
Lovett, Andrew	M								2:54.56								2:54.56
Lovett, Emily	F								3:38.57							4:09.55	3:38.57
Lovett, Nicholas	M								2:51.09								2:51.09
Lovett, Nick	M								2:45.92								2:45.92
Luban, Adam	M								2:52.84								2:52.84
Lubeck, Thomas	M	1/9/54	1954											4:40.65			4:40.65
Lucca, Carolyn	F								3:29.95								3:29.95
Lundin, Morgen	F	10/27/98	1998											6:53.44			6:53.44
Lunieski, John	M	11/13/84	1984											3:38.01			3:38.01
Lustgarten, Benjamin	M	4/17/92	1992						2:52.01								2:52.01
Lyle, Sarah	F								4:03.08								4:03.08
Lynch, Rob	M	8/26/79	1979											4:02.13		4:13.96	4:02.13
Lynes, Jenny	F	3/16/88	1988											4:37.42			4:37.42
Lynn, James	M	3/6/97	1997											3:22.01			3:22.01
Lynn, Lorene	F	3/15/73	1973											4:19.58			4:19.58
Lyon, Jon	M	7/13/46	1946	5:05.43				5:05.43		4:16.13				3:40.10			3:40.10
Maakestad, Trygve	M	10/29/96	1996											3:41.95			3:41.95
Maassen, Peter	M	1/14/55	1955													5:19.58	5:19.58
Mach, Steven	M								3:50.14								3:50.14
Mackenzie Jones, Anna	F								5:36.92								5:36.92
Macleon, Dan	M	4/26/70	1970											3:58.79		4:22.44	3:58.79
Maconochie, James	M	10/21/69	1969			7:04.54		7:04.54									
Maconochie, Jim	M						8:43.63	8:43.63									
Macy, Mike	M	1/21/51	1951											3:47.75		4:06.85	3:47.75
Madden, Dustin	M	11/13/81	1981											3:41.77		3:59.37	3:41.77
Madlener, Moritz	M								2:37.96								2:37.96
Mahlen, Forrest	M	4/10/93	1993	2:58.53	3:00.73			2:58.53	2:47.16							3:01.30	2:47.16
Maifeld-Carucci, Akeo	M	12/31/93	1993						2:47.81								2:47.81
Maijala, Anja	F	12/31/99	1999						3:27.14								3:27.14
Mamrol, Pam	F	3/16/56	1956											4:46.43			4:46.43
Mamrol, Peter	M	7/15/93	1993						3:33.59								3:33.59
Mander, Jack	M	1/17/71	1971			5:33.59		5:33.59									
Manderfeld, Brad	M	3/23/76	1976											3:11.75			3:11.75
Manley, Becky	F	8/23/49	1949											4:22.73			4:22.73
Manley, Rebecca	F			5:14.13				5:14.13	6:38.49							6:15.14	6:15.14
Mann, Frances	F	1/1/62	1962											6:32.22			6:32.22
Manning, Elizabeth	F	7/31/67	1967											5:04.11		7:10.24	5:04.11
Mannix, Margaret	F	11/15/57	1957											4:57.07			4:57.07
Mans, Elizabeth	F	12/31/02	2002			3:53.15		3:53.15									
Marban, Alex	M	7/15/70	1970											3:37.51			3:37.51
Marbarger, Peter	M	3/28/82	1982			3:50.75		3:50.75									
Marchowsky, Kori	F	1/24/73	1973											4:13.82			4:13.82
Margalit, Dov	M															11:55.47	11:55.47
Marine, Caitlin	F	11/5/87	1987							3:43.52				3:08.65			3:08.65
Markset, Anna Tine	F	8/8/92	1992														
Markset, Anne-Tine	F								3:20.33								3:20.33
Marquardt, Karen	F	3/1/62	1962			6:52.82		6:52.82									
Marroquin, Guadalupe	F	12/22/55	1955											3:44.84			3:44.84
Marshall, Kyle	M								3:00.91								3:00.91
Martin, Adam	M	12/31/94	1994						2:41.62								2:41.62
Martin, Jackson	M	12/14/97	1997				4:20.62	4:20.62									
Martin, Kelly	M						4:20.55	4:20.55									
Martin, Larry	M	11/29/50	1950				5:36.86	5:36.86									
Martin-Calkins, Dorothy	F															4:03.61	4:03.61
Martinez, Patrick	M	9/8/64	1964											3:53.68		4:14.36	3:53.68
Martinson, Holly	F															4:35.57	4:35.57
Maslow, Lyn	F						9:34.92	9:34.92									

PACE (m:ss.00 / km)				Classic pace (m:ss.00 / km)					Freestyle pace ( m:ss.00 / km )									updated 3-15-2017		
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle			
Matell, Nora	F															4:17.20	4:17.20			
Mathis, C James	M	7/26/57	1957											3:44.86			3:44.86			
Mathy, Nick	M															3:47.60	3:47.60			
Matsuoka, Toshio	M						4:49.58	4:49.58												
Mattingly, Regan	M	11/5/78	1978											4:06.28			4:06.28			
Mattingly, Wayne	M	3/7/51	1951											4:33.54			4:33.54			
Mattson, Benjmain	M	4/7/80	1980											3:33.04			3:33.04			
Maurer, Alexander	M															3:32.00	3:32.00			
Maurer, Erik	M															4:40.52	4:40.52			
Maurer, Jasmine	F	12/14/81	1981													3:36.71	3:36.71			
Maves, Aaron	M															4:12.02	4:12.02			
Maxwell, David	M	9/25/71	1971						4:01.03								4:01.03			
May, Christina	F	12/31/84	1984											3:05.45			3:05.45			
Mayer, Maksim	M					3:49.02		3:49.02			2:50.93				2:55.00	3:28.49	2:50.93			
Mayers, Sophia	F															5:18.20	5:18.20			
Maynard, Suzanne	F	7/31/63	1963											5:07.41			5:07.41			
Mayo, Amy	F															5:00.40	5:00.40			
Mayo, Else	F															7:19.61	7:19.61			
Mayo, Jesse	M	10/28/96	1996						2:55.46								2:55.46			
Mayo-Kiely, Dave	M	3/12/70	1970											3:24.50			3:24.50			
Mayo-Kiely, Ella	F															7:26.89	7:26.89			
McAuliffe, Lee	M															3:44.58	3:44.58			
McBride, Bridget	F	3/18/79	1979											3:27.86			3:27.86			
McBride, Megan	F	9/16/84	1984											4:26.05			4:26.05			
McCarthy, Judith	F	3/23/76	1976			8:26.17		8:26.17												
McCarthy, Mike	M	6/8/43	1943			4:47.28		4:47.28												
McCaslin, Jack	M															4:29.82	4:29.82			
McCaslin, Justin	M															5:23.84	5:23.84			
MCCAUL, Erica	F	7/27/66	1966			6:40.38		6:40.38												
MCCLAREN, Marjory	F	10/30/58	1958											4:27.23			4:27.23			
MCCELLELAND, Thomas	M	7/16/94	1994											4:30.78			4:30.78			
MCCLURG, Colleen	F	4/29/68	1968			7:16.35		7:16.35												
McConnell, Chris	M															6:11.12	6:11.12			
MCCORCLE, Tim	M	4/6/62	1962			5:33.22		5:33.22												
Mccrerey, Taeler	F								3:09.99								3:09.99			
McCrudden, Michael	M															5:24.28	5:24.28			
McCrudden, Mike	M	6/20/68	1968											4:07.97			4:07.97			
MCCUNE, Wendy	F	2/3/55	1955			8:10.61		8:10.61												
Mcdermott, Cambria	F	12/31/93	1993	3:16.03				3:16.03												
MCDERMOTT, Mark	M	11/13/53	1953			6:39.82		6:39.82												
MCDERMOTT, Molly	F	2/1/88	1988			6:29.89		6:29.89												
McDonald, Sophie	F	12/31/96	1996						3:04.28								3:04.28			
MCDONNELL, Bill	M	12/31/74	1974											3:43.17			3:43.17			
McDonough, Amber	F	3/19/76	1976										4:33.29				4:33.29			
McDuffie, Greg	M	4/7/61	1961		4:09.82			4:09.82			3:25.96	3:06.74	3:50.57	3:08.93	3:07.75	4:05.48	3:06.74			
McDuffie, Laura	F	6/7/93	1993													4:42.77	4:42.77			
McElravey, Patrick	M								2:55.53								2:55.53			
McFarland, Mace	M	11/7/63	1963											3:52.25			3:52.25			
McGilvra, Nathaniel	M	10/26/83	1983											3:38.79			3:38.79			
McGrath, Tiernan	F						5:36.33	5:36.33												
MCGRATTY, Hope	F	1/11/74	1974			6:17.95		6:17.95												
McKay, Gwen	F															7:28.27	7:28.27			
McKay, Neil	M						11:14.98	11:14.98												
McKinney, Nancy	F	8/25/63	1963			6:12.00		6:12.00												
MCLANE, Margaret	F	8/11/87	1987											5:44.34			5:44.34			
McLaughlin, Luke	M	4/26/96	1996											2:36.44			2:36.44			
McMahon, Neil	M	1/26/75	1975													3:53.19	3:53.19			
McNown, Robert	M	8/22/87	1987											3:00.00			3:00.00			
McPhetres, Alyson	F	9/10/91	1991													4:24.56	4:24.56			
McPhetres, David	M								3:09.96								3:09.96			
McPhetres, Tina	F	10/20/65	1965													4:54.79	4:54.79			
Mctavish, Megan	F	12/31/77	1977	3:40.35				3:40.35						4:27.64			4:27.64			
MCVEIGH, David	M	12/31/64	1964																	
Meeds, Maggie	F	12/31/99	1999						3:05.96								3:05.96			
Meehan, Joe	M	9/8/61	1961											3:30.83			3:30.83			
Meek, Katy	F	4/22/87	1987													8:07.02	8:07.02			
Menegek, Michael	M	12/31/99	1999											5:52.45			5:52.45			
Menghini, Mark	M	1/21/55	1955											3:41.47			3:41.47			
Menghini, Nina	F	6/3/59	1959			6:53.10		6:53.10												
Menzel, Gloria	F	7/29/58	1958			7:46.34		7:46.34												
Merritt, Steven	M	10/14/66	1966											5:17.43			5:17.43			
Metzger, Chip	M	4/16/54	1954											4:05.81		3:53.29	3:53.29			
Metzger, Christa	F	8/14/63	1963			5:51.06		5:51.06												
Metzger, Elise	F															5:38.79	5:38.79			
Metzger, Kenan	M															5:32.56	5:32.56			
Metzger, Peter	M	1/7/94	1994											3:26.74			3:26.74			
Metzger, Raymond	M						4:49.52	4:49.52												
Metzger, Warren	M	9/11/01	2001											4:05.86		3:26.14	3:26.14			
Meyerhofer, Abe	M	7/6/93	1993							3:08.13	3:00.79	2:41.13		2:40.21	2:41.41		2:40.21			
Meyerhofer, Abraham	M								3:16.70								3:16.70			
Meyerhofer, Marcella	F	2/7/97	1997											3:50.38			3:50.38			
Meyers, Berit	F															4:57.60	4:57.60			
Meyers, Kai	M	12/1/00	2000													2:48.87	2:48.87			
Meyn, Christi	F	11/18/90	1990			6:02.29	7:27.35	6:02.29												
Meyn, Hope	F	3/31/93	1993			6:29.01		6:29.01												
Michaud, Fox	M	11/18/95	1995											3:01.74			3:01.74			
Michaud, Madeleine	F	9/14/97	1997											4:39.17			4:39.17			
Michaud, Nick	M	12/31/92	1992						3:17.08								3:17.08			

PACE (m:ss.00 / km)		Classic pace (m:ss.00 / km)							Freestyle pace ( m:ss.00 / km )								
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle
Middleton, Timothy	M	8/13/40	1940											4:50.56		6:28.66	4:50.56
Miernyk, Karen	F	6/5/69	1969											4:31.36			4:31.36
Mikkelsen, Martin	M								2:41.30								2:41.30
Mikkelson, Audun	M	3/4/58	1958			3:26.20		3:26.20									
Mildon, Benjamin	M	2/6/98	1998											3:13.18	3:25.77		3:13.18
Miles, Jena	F															7:10.96	7:10.96
Miley, Craig	M	2/22/90	1990			4:48.99		4:48.99									
Milkowski, Stefan	M								3:33.07								3:33.07
Miller, Anika	F								3:04.62								3:04.62
Miller, Bruce	M								3:48.06								3:48.06
Miller, Iain	M	1/29/93	1993											3:47.87			3:47.87
Miller, Kaitlynn	F	8/9/91	1991	3:03.18				3:03.18	2:52.37								2:52.37
Miller, Katherine	F	8/21/80	1980											3:50.69			3:50.69
Miller, Katie	F															4:10.56	4:10.56
Miller, Leigh	F						8:14.54	8:14.54									
Miller, Martin	M	4/10/80	1980											2:54.47			2:54.47
Miller, Michael	M	7/25/55	1955			11:42.83	10:53.65	10:53.65									
Miller, Nora	F	11/12/67	1967											3:14.45			3:14.45
Milliron, Steve	M	2/23/63	1963						3:50.41							3:46.50	3:46.50
Mills, Greg	M	1/3/80	1980			6:21.42		6:21.42									
Mills, Michael	M	12/31/64	1964											4:16.82			4:16.82
Milsteadt, Richard	M	8/18/66	1966			5:33.19		5:33.19									
Miner, David	M								3:54.00							3:49.67	3:49.67
Miner, Jodie	F								4:48.00							5:08.97	4:48.00
Mishin, Stan	M	3/2/76	1976											3:49.03			3:49.03
Mitchell, Alyssa	F						14:26.37	14:26.37									
Mitchell, Deena	F															6:13.09	6:13.09
Mitchell, Ellie	F	9/28/00	2000											3:40.19		4:00.83	3:40.19
Mitchell, Liam	M	11/19/95	1995			3:12.05		3:12.05									
Mittelstadt, Konrad	M	2/20/65	1965											3:23.22			3:23.22
Mittelstadt, Richard	M	6/9/35	1935											6:18.69			6:18.69
Moe, Jake	M						4:30.68	4:30.68									
Mogensen, Sven	M	11/25/52	1952			6:03.50		6:03.50									
Mogren, Ken	M	9/10/48	1948											3:29.10			3:29.10
Molitor, Jeanne	F	12/29/53	1953			5:50.82		5:50.82									
Moloney, Robert	M								6:18.30								6:18.30
Monk, Jeannie	F	10/3/63	1963											4:05.00		5:04.48	4:05.00
Montesano, Peter	M	3/3/67	1967			5:00.65	5:51.78	5:00.65									
Moon, Stacey	M	3/14/67	1967		3:25.28			3:25.28		3:10.68	3:03.99	2:47.14	3:19.20	2:49.80	2:45.49		2:45.49
Mooney, Heather	F	12/31/94	1994	3:38.35				3:38.35	3:26.25								3:26.25
Moore, Frank	M	4/5/47	1947			5:18.65		5:18.65									
Moore, Kent	M	7/10/54	1954											3:54.89			3:54.89
Moore, Laura	F	10/24/76	1976											4:58.43			4:58.43
Moore, Svetlana	F	6/27/89	1989			5:18.60		5:18.60									
Morgan, Cole	M	12/31/94	1994						2:50.06								2:50.06
Moriarty, John	M	12/31/89	1989											4:36.36			4:36.36
Morris, Steve	M	4/11/55	1955										4:11.16			4:14.98	4:11.16
Morse, Aaron	M	9/9/98	1998											3:14.82			3:14.82
Morse, Brynn	F	8/24/00	2000											3:56.01			3:56.01
Morse, Dawn	F	12/31/69	1969			7:05.60		7:05.60									
Morse, Rowan	M	2/7/04	2004			6:12.34		6:12.34								3:33.37	3:33.37
Morse, Ti	M	6/7/02	2002											4:45.19			4:45.19
Mosconi, Pietro	M	2/7/93	1993						2:52.78				3:09.82				2:52.78
Mothersbaugh, Jamie	M								3:17.70								3:17.70
Mouffe, Eric	M	8/9/62	1962											4:04.10		4:25.57	4:04.10
Mouracade, John	M	4/10/74	1974											5:24.75			5:24.75
Mouracade, Luke	M	12/15/99	1999											3:10.09			3:10.09
Mouracade, William	M	7/20/01	2001											4:11.74			4:11.74
Mowry, Logan	M	10/18/98	1998						2:51.46					2:50.91			2:50.91
Mowry, Tim	M	3/18/63	1963											4:56.90			4:56.90
Mozen, Avery	F	6/16/00	2000											3:36.82			3:36.82
Mozen, Howard	M	11/8/58	1958													4:16.81	4:16.81
Mozen, Owen	M	5/24/03	2003											4:36.22			4:36.22
Muan, Martin	M								2:58.96								2:58.96
Mucha, Bree	F								3:41.01								3:41.01
Mucha, John	M	3/3/58	1958							3:48.00							3:48.00
Muffoletto, Matthew	M	9/18/96	1996													3:05.00	3:05.00
Mumford, Ty	M	12/18/97	1997											3:48.72			3:48.72
Muniz, Nino	M	10/10/59	1959											3:56.01			3:56.01
Munns, Marc	M	1/26/64	1964											3:54.65			3:54.65
Murphy, Devlin	M															4:14.81	4:14.81
Murphy-Logue, Steph	M	12/31/96	1996			5:15.95		5:15.95									
Musgrave, Dave	M								5:25.12								5:25.12
Musgrave, David	M	1/17/52	1952							5:16.77				4:00.26			4:00.26
Musik, Melody	F						14:21.81	14:21.81									
Myers, Janet	F	11/7/46	1946			6:32.88		6:32.88									
Mylius, Molly	F	10/30/88	1988			4:52.11	6:14.41	4:52.11									
Myrseth, Merete	F								3:02.24								3:02.24
Nakada, Tadhg	M	12/31/94	1994								3:08.92						3:08.92
Neaton, Claire	F															4:10.83	4:10.83
Needham, Jennie	F	1/15/77	1977			10:32.17		10:32.17									
Neeno, Jasmine	F	8/8/92	1992											4:06.19			4:06.19
Neidig, Hans	M															5:26.39	5:26.39
Nelson, Jeffrey	M	1/15/87	1987													4:45.54	4:45.54
Nelson, Lisa	F	5/21/55	1955											5:59.80		8:33.46	5:59.80
Nelson, Mark	M	6/20/80	1980											7:11.03			7:11.03
Nelson, Sheryl	F	9/3/67	1967											4:59.19			4:59.19
Nelson, Tom	M						10:09.04	10:09.04									

PACE (m:ss.00 / km)		Classic pace (m:ss.00 / km)						Freestyle pace ( m:ss.00 / km )									updated 3-15-2017		
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle		
Nelson, Wilbur	M	11/18/67	1967											4:28.58			4:28.58		
Nenahlo, Thomas	M														4:53.59		4:53.59		
Neptune, Andre	M	2/16/61	1961			3:59.73		3:59.73									3:47.18		
Neptune, Jacques	M	9/15/95	1995											3:47.18			3:47.18		
Nevins, Chip	M	5/26/58	1958											3:24.74			3:24.74		
Newman, Grace	F	3/24/01	2001											4:22.86			4:22.86		
Newman, Janice	F	8/15/44	1944			5:50.99		5:50.99											
Nicholas, Mary	F	11/12/69	1969											3:43.12			3:43.12		
Nichols, Matt	M								2:55.82								2:55.82		
Nicol, Jenna	F	12/31/89	1989			6:21.58		6:21.58											
Niiranen, Krista	F								3:05.73								3:05.73		
Nillo, Jazelle	F	8/1/82	1982											4:36.49			4:36.49		
Nilsson, Binget	F	9/7/66	1966											3:58.57	5:36.80		3:58.57		
Nilsson, Josefina	F								3:29.32								3:29.32		
Niva, Josh	M	1/31/73	1973											3:32.96			3:32.96		
Noble, Meredith	F															4:09.53	4:09.53		
Noble, Steve	M														4:31.71		4:31.71		
Noblin, Rebecca	F														5:06.92		5:06.92		
Noel, Brian	M	3/11/55	1955				9:30.20	9:30.20											
Noel, Laura	F							9:18.21											
Noel, Lynn	F	2/20/58	1958				9:37.19	9:37.19											
Nord, Derek	M				3:30.69			3:30.69				2:51.30	3:21.43		2:45.95	3:21.59	2:45.95		
Norman, Connor	M	5/21/01	2001											4:00.77	3:42.61		3:42.61		
Norris, David	M	12/31/90	1990						2:27.75						2:18.74		2:18.74		
Norton, Michael	M	1/6/52	1952											4:56.54			4:56.54		
Notopoulos, Andrea	F										3:52.19						3:52.19		
Nottingham, Derek	M	9/24/75	1975											3:58.51			3:58.51		
Novak, Jack	M	4/12/93	1993		3:07.43			3:07.43	2:33.92		2:44.38			2:28.28	2:23.74	2:47.40	2:23.74		
Novak, John	M	11/25/59	1959												4:51.39		4:51.39		
Novakovich, Matt	M	3/27/74	1974												3:13.13		3:13.13		
Novgorodtsev, Dmitrii	M														3:31.97		3:31.97		
Nyberg Haaland, Endre	M								3:10.08								3:10.08		
Nyholm, Joe	M	1/19/92	1992												4:58.26		4:58.26		
Nyquist, Anders	M	6/26/92	1992						4:14.46								4:14.46		
O`Harra, Thomas	M	12/31/96	1996						2:51.64								2:51.64		
O`Connell, Kathleen	F								3:16.95								3:16.95		
O`Connell, Mary	F	12/31/94	1994	3:18.22				3:18.22											
Oba, Lupua	F	9/17/98	1998						3:54.36								3:54.36		
O`Brien, Kristin	F								4:39.53								4:39.53		
O`Connell, Mary	F								3:34.34								3:34.34		
O`Connor, Ed	M	2/26/66	1966							3:49.76				3:19.27			3:19.27		
O`Connor, Lauren	F	11/25/63	1963											5:41.86	6:13.83		5:41.86		
O`Day, Bonnie	F	12/31/59	1959			5:39.33		5:39.33											
Odell, Shawn	M														7:02.41		7:02.41		
Odell, Tyler	M														7:01.85		7:01.85		
Oder, Erik	M	9/7/95	1995									4:38.61	4:04.54		4:40.93		4:04.54		
Odonnell, Neil	M	9/24/54	1954										4:38.39				4:38.39		
O`Donnell, Neil	M														6:26.91		6:26.91		
Ogden, Katharine	F	12/31/97	1997	3:17.80				3:17.80	3:03.57								3:03.57		
O`Grady, Katherine	F	3/23/52	1952											4:42.88	6:02.41		4:42.88		
Ogren, Amy	F						6:07.53	6:07.53											
O`Hara, Alison	F	12/31/63	1963											3:54.74	4:08.26		3:54.74		
O`Hara, Lars	M														3:37.60		3:37.60		
O`Harra, Ariana	F	12/31/02	2002											3:49.81			3:49.81		
O`Harra, Doug	M	12/31/59	1959											3:27.92	4:02.37		3:27.92		
O`Harra, Thomas	M	12/31/96	1996	3:04.00	2:54.13			2:54.13	2:41.98						2:38.48		2:38.48		
Ohms, Haley	F	12/31/83	1983									4:31.62			3:52.36		3:52.36		
Oksotaru, James	M	3/21/70	1970											2:52.81			2:52.81		
O`Laire, Maddie	F	12/31/89	1989											4:08.47			4:08.47		
O`Laire, Michael	M	12/31/79	1979											4:18.54			4:18.54		
O`Leary, Claire	F														6:59.34		6:59.34		
O`Leary, Deborah	F														8:16.76		8:16.76		
Oliver, Jesse	F														7:09.83		7:09.83		
Olnes, Cynthia	F	8/22/51	1951											4:42.31			4:42.31		
Olsen, Jody	F														5:26.83		5:26.83		
Olson, Alexander	M														4:02.63		4:02.63		
Olson, Bradley	M	6/15/68	1968											4:39.04			4:39.04		
Olson, James Kon	M						8:26.48	8:26.48											
Olson, Megan	F	1/15/71	1971											4:42.49	5:16.24		4:42.49		
Orcutt, Jeff	M	5/5/58	1958											4:34.00			4:34.00		
Ord, James	M	8/25/80	1980											3:09.08	3:18.27		3:09.08		
Ord, Nathan	M														3:22.15		3:22.15		
Ord, Peter	M	5/4/53	1953											3:41.22	4:21.30		3:41.22		
Orlansky, Susan	F	9/13/53	1953			7:55.81	8:10.16	7:55.81											
Osen, Wendy	F	7/21/61	1961											4:37.51			4:37.51		
Oshiro, Joleen	F														4:50.37		4:50.37		
Ostrovsky, Larry	M	5/12/56	1956											4:20.18			4:20.18		
Ostrovsky, Lawrence	M														5:05.30		5:05.30		
Ostrovsky, Nick	M	5/28/80	1980											4:03.27			4:03.27		
Oswald, John	M	1/8/48	1948											5:05.87			5:05.87		
Oswald, Peter	M	1/14/76	1976											3:08.71			3:08.71		
Oswald, Sadie	F	12/27/99	1999											4:03.74	3:59.29		3:59.29		
Oswald, Willow	F	3/3/02	2002											5:00.60			5:00.60		
Otterson, Stefan	M	5/23/58	1958											3:53.43			3:53.43		
Owens, Robert	M	2/17/54	1954											8:06.35			8:06.35		
Oyen, Cheyenne	F														4:48.07		4:48.07		
Paape, David	M	6/24/78	1978											5:19.14			5:19.14		
Packer, Eric	M	12/31/90	1990						2:49.37			2:20.23					2:20.23		

PACE (m:ss.00 / km)				Classic pace (m:ss.00 / km)				Freestyle pace ( m:ss.00 / km )									updated 3-15-2017		
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle		
Packer, Karina	F											3:06.22					3:06.22		
Packer, Lies	F	2/25/55	1955											3:45.28			3:45.28		
Painter, Charles	M	1/21/59	1959											5:01.19			5:01.19		
Pakonen, Jerry	M	3/28/53	1953											3:32.30			3:32.30		
Pallesen, Aesha	F	9/9/82	1982											4:20.03		4:24.58	4:20.03		
Palmer-Charrette, Evan	M	5/21/94	1994						2:43.84								2:43.84		
Pannkuk, Lily	F															5:54.53	5:54.53		
Panzer, Jacob	M								3:51.30							4:28.02	3:51.30		
Panzer, Kevin	M								3:54.52							4:29.56	3:54.52		
Pape, Barbara	F	8/16/73	1973			4:44.63		4:44.63											
Paprocki, Ted	M	7/13/77	1977											4:00.45			4:00.45		
Park, Melina	F															3:28.72	3:28.72		
Parkin, Cynthia	F	4/6/67	1967											4:10.20			4:10.20		
Parks, Alan	M	3/16/58	1958											3:31.69			3:31.69		
Parmelee, Scott	M	11/3/97	1997			4:17.38		4:17.38											
Parrott, Mackenzie	F								3:40.25								3:40.25		
Parsons, Victoria	F	5/10/97	1997			4:54.93		4:54.93											
Patel, Vikram	M	5/1/79	1979											5:19.26			5:19.26		
Patterson, Caitlin	F	1/30/90	1990	3:02.19				3:02.19	2:51.09								2:51.09		
Patterson, Scott	M	1/28/92	1992						2:41.74								2:41.74		
Patz, Greg	M	9/19/50	1950				4:57.14	4:57.14						3:56.85			3:56.85		
Pearce, Bennett	M															5:05.95	5:05.95		
Pearce, John	M	10/12/67	1967											4:35.83			4:35.83		
Pearson, Bill	M	6/8/78	1978						3:49.05				3:40.60				3:40.60		
Pearson, Ted	M	11/5/99	1999											3:58.57			3:58.57		
Pease, Nancy	F	10/29/61	1961											3:17.69			3:17.69		
Pedersen, Kevin	M	9/22/56	1956											4:10.42			4:10.42		
Pedrick, Gabriel	M	1/9/74	1974			6:01.29		6:01.29											
Peltier, Travis	M	8/19/81	1981							3:42.02	4:07.75						3:42.02		
Pence, Wayne	M															3:42.46	3:42.46		
Pendergrast, Don	M								4:56.12								4:56.12		
Pennino, Vince	M	2/9/69	1969											3:51.18			3:51.18		
Peot, James	M						5:23.44	5:23.44											
Perez, Diego	M															6:21.60	6:21.60		
Perry, Daniel	M	7/15/65	1965											3:23.13			3:23.13		
Perry, Dennis	M	1/3/51	1951											4:09.54			4:09.54		
Perry, Patricia	F	7/4/49	1949											5:13.37			5:13.37		
Personius, Hans	M															3:05.57	3:05.57		
Pessey, Iris	F	12/31/92	1992	3:22.23				3:22.23											
Peter, Justin	M	12/31/02	2002											4:12.31			4:12.31		
Petersen, Lynne	F			5:52.00				5:52.00											
Petersen, Sonny	M	12/26/52	1952											3:31.20		4:24.94	3:31.20		
Petri, Dante	M	10/24/85	1985													3:21.85	3:21.85		
Phillips Moe, Allie	F															5:26.19	5:26.19		
Phillips, Theresa	F	9/21/70	1970				5:49.46	5:49.46											
Phinney, Kelsey	F	12/31/94	1994						3:08.66								3:08.66		
Pieper, Niklas	M															5:47.45	5:47.45		
Pike, Chris	M															5:19.63	5:19.63		
Pillifant, Laura	F	3/28/61	1961						4:59.98								4:59.98		
Pillifant, Marya	F	9/6/66	1966													6:32.34	6:32.34		
Pillifant, Thomas	M	2/28/64	1964											3:33.80			3:33.80		
Pintner, Bob	M	11/22/61	1961			3:36.66		3:36.66		3:45.05							3:45.05		
Pintner, Bryce	M	9/8/00	2000											3:36.30			3:36.30		
Pintner, Maureen	F	11/26/62	1962			5:19.21		5:19.21											
Pitney, Crystal	F	6/24/90	1990							3:58.64							3:58.64		
Plant, Randall	M	12/13/54	1954			4:47.10		4:47.10											
Platil, Luk	M	12/31/96	1996						2:50.70								2:50.70		
Platte, Bob	M	3/16/59	1959						4:22.02	4:03.20	3:45.74			3:26.82			3:26.82		
Platte, Guerin	F								4:28.37								4:28.37		
Poe, Star	F	7/28/61	1961											6:37.90			6:37.90		
Poggi, Sarah	F	1/10/91	1991											4:04.49			4:04.49		
Pohl, Christina	F															3:22.33	3:22.33		
Poirier, Dennis	M	9/4/60	1960											3:10.85			3:10.85		
Pokorny, Annie	F	12/31/92	1992						3:00.47								3:00.47		
Pollock, Joe	M															3:45.30	3:45.30		
Pollock, Mark	M								3:22.43								3:22.43		
Pollock, Ron	M	10/16/50	1950											4:42.23			4:42.23		
Pomeroy, Mary	F	7/26/49	1949											4:32.47			4:32.47		
Popek, Ed	M	1/27/48	1948			5:17.64		5:17.64											
Popiel, David	M	10/27/80	1980											3:37.35			3:37.35		
Pothast, John-Mark	M	11/6/99	1999											3:29.08			3:29.08		
Poty, Andrew	M								2:52.54								2:52.54		
Pourchot, Pat	M	2/23/49	1949													5:55.32	5:55.32		
Powell, Michael	M	9/12/68	1968			3:49.09		3:49.09		3:16.31	2:54.57	4:04.42	3:03.70	2:57.91	3:30.31	2:54.57	2:54.57		
Power, Aaron	M															4:59.11	4:59.11		
Power, Joel	M	8/16/02	2002											4:04.40		3:24.49	3:24.49		
Power, John	M	3/1/60	1960											4:04.43		5:50.17	4:04.43		
Power, Nicholas	M	12/31/92	1992						3:23.98								3:23.98		
Powers, Cathelyne	F															3:37.76	3:37.76		
Prasanth, Sai	M						14:01.67	14:01.67											
Praznik, Aljaz	M								2:55.94								2:55.94		
Presler, Mallory	F															5:00.34	5:00.34		
Presler, Peyton	F															3:53.57	3:53.57		
Price, Alex	M	1/14/68	1968							4:59.37				4:15.11		4:33.52	4:15.11		
Priest, Cody	M	5/6/88	1988			3:13.12		3:13.12		2:54.71	2:46.46	2:26.81	2:58.82				2:26.81		
Prindle-Hess, Polly	F	2/16/55	1955											4:35.90			4:35.90		
Puchner, Chris	M	8/24/53	1953						4:33.80					3:51.21			3:51.21		
Quimby, Bryan	M								4:26.32								4:26.32		

PACE (m:ss.00 / km)		Classic pace (m:ss.00 / km)							Freestyle pace ( m:ss.00 / km )							updated 3-15-2017		
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle	
Quimby, John	M	3/24/58	1958							3:45.43				3:20.20			3:20.20	
Quimby, Thomas	M								5:12.96								5:12.96	
Quinley, John	M	4/20/57	1957			4:39.59		4:39.59										
Quinn, Daniel	M	3/22/54	1954				7:04.46	7:04.46										
Rabon, Thomas	M								3:12.31								3:12.31	
Radoff, Diana	F	2/16/67	1967											4:56.18			4:56.18	
Radoff, Ian	M	3/27/00	2000			4:33.12		4:33.12										
Ramirez, Aaron	M	1/9/61	1961											3:57.82		4:10.37	3:57.82	
Ramsey, Welly	M								3:08.17								3:08.17	
Randall, Kikkan	F	12/31/82	1982						2:44.91								2:44.91	
Ratcliffe, Ken	M	11/20/64	1964											4:05.84			4:05.84	
Ratzlaff, Zoe	F								3:13.50							5:09.10	3:13.50	
Rauch, Caleb	M	3/19/01	2001											4:02.67			4:02.67	
Rauch, Carlin	F	8/29/71	1971			4:24.88		4:24.88										
Ravens, Noah	M	3/9/00	2000			3:19.69		3:19.69										
Ravens, Tom	M	8/30/60	1960											3:15.30	3:21.94		3:15.30	
Rawlins, Katherine	F	5/21/74	1974				7:10.37	7:10.37						6:12.80			6:12.80	
Ray, Bert	M															6:02.08	6:02.08	
Rayle, Maya	F	11/18/99	1999											3:30.94			3:30.94	
Rearden, Annette	F	2/7/77	1977											4:15.14			4:15.14	
Rearden, Don	M	6/16/74	1974										5:29.14			4:53.94	4:53.94	
Reast, Joanna	F	4/9/61	1961											5:26.79			5:26.79	
Reausaw, Jacob	M	12/31/02	2002											4:49.76			4:49.76	
Rector, Travis	M	7/7/70	1970	4:38.74	4:25.31			4:25.31		3:47.67			3:41.70	3:09.29		3:35.08	3:09.29	
Redwood, Diana	F	2/14/78	1978											4:14.27		4:42.92	4:14.27	
Reed, John	M	6/30/68	1968											4:02.77		4:30.65	4:02.77	
Rees, Michael	M	8/10/53	1953			8:56.80		8:56.80										
Reese, Gwendolyn	F								4:10.88							4:08.40	4:08.40	
Reese, Joshua	M								6:19.52							4:57.00	4:57.00	
Reese, Marcus	M															4:42.97	4:42.97	
Reeves, Jim	M	12/31/45	1945			5:09.78		5:09.78										
Regan, Cam	M								3:10.76								3:10.76	
Rehm, Kathleen	F	10/22/80	1980		4:33.07			4:33.07					3:58.44			3:50.10	3:50.10	
Reinhard, Pat	M								5:30.16								5:30.16	
Reis, Tammy	F	9/16/71	1971											4:00.25			4:00.25	
Reistad, Petter	M								2:41.69								2:41.69	
Rehnan, John	M						5:00.52	5:00.52										
Renken, Lisa	F	2/11/69	1969			6:48.26		6:48.26										
Renner, Konrad	M	1/23/03	2003											3:27.72			3:27.72	
Renner, Mark	M	6/28/68	1968											3:28.42			3:28.42	
Renner, Torsten	M	9/6/00	2000											3:10.17			3:10.17	
Resseguie, Andrew	M	1/9/85	1985											3:18.26			3:18.26	
Restrepo, Felipe	M															4:00.08	4:00.08	
Retherford, Rob	M	4/25/47	1947			4:15.65		4:15.65										
Reynolds, Chris	M	6/10/70	1970							4:02.49				3:29.31			3:29.31	
Reynolds, Rosemary	F	7/21/98	1998			5:07.43	5:34.54	5:07.43										
Reynolds, Roxanna	F															5:54.22	5:54.22	
Rice, Bud	M	12/4/50	1950											3:43.29			3:43.29	
Rice, William	M	11/28/67	1967							3:56.52				3:24.49		3:56.55	3:24.49	
Richards, Jake	M								3:04.85								3:04.85	
Richardson, Marty	F	5/10/46	1946											5:19.54			5:19.54	
Rideout, Abby	F	2/16/80	1980											3:39.52			3:39.52	
Rideout, Stephen	M	1/1/77	1977											3:23.41			3:23.41	
Ridgely, Annie	F	12/20/81	1981											3:42.17		4:35.93	3:42.17	
Rieck, Melonie	F	7/4/58	1958											4:25.30			4:25.30	
Rieger, Matthew	M	8/10/01	2001								4:08.49		3:36.93	3:25.75	3:22.75	3:31.42	3:22.75	
Rieger, Steve	M	5/14/52	1952							3:52.85	3:54.82	3:17.59	3:58.50	3:14.48		3:56.72	3:14.48	
Rinehart, Holly	F	5/23/66	1966											5:16.50		7:13.68	5:16.50	
Rinehart, Max	M															5:34.12	5:34.12	
Rinehart, Stuart	M	2/28/01	2001											4:36.18		5:34.30	4:36.18	
Ripley, Robert	M	4/20/61	1961													3:31.51	3:31.51	
Ritter, Jennifer	F	2/28/73	1973													4:35.48	4:35.48	
Ritter, Susan	F															8:17.75	8:17.75	
Rix, Anna	F	10/13/89	1989			3:27.33	4:14.16	3:27.33	3:49.06	3:56.71	4:37.06				3:24.90		3:24.90	
Roach, Joshua	M	2/3/98	1998											3:40.69			3:40.69	
Robbins, Brad	M	3/2/76	1976											4:18.49			4:18.49	
Roberts, C T	M	6/22/97	1997											3:27.24			3:27.24	
Roberts, Tracy	M	9/28/61	1961											4:24.95			4:24.95	
Robertson, Dash	M	10/17/99	1999											3:14.41			3:14.41	
Robertson, Dima	M	12/23/99	1999											3:13.55			3:13.55	
Robertson, Julya	F	12/18/98	1998											3:56.17			3:56.17	
Robinson, Julie	F	12/3/68	1968	4:44.92				4:44.92										
Robinson, Martha	F	6/1/62	1962											4:42.84		5:25.42	4:42.84	
Robinson, Ray	M	8/12/70	1970						3:23.27					3:14.89			3:14.89	
Rodewald, Edeltraud	F	12/10/55	1955											4:01.54			4:01.54	
Rodgers, Cesar	M	6/3/69	1969											4:35.76		5:20.07	4:35.76	
Rodgers, Forrest	M	5/10/05	2005											4:35.72		4:58.86	4:35.72	
Rodgers, Kimber	F	8/2/75	1975			8:05.57		8:05.57										
Rodgers, Zoe	F															5:20.06	5:20.06	
Rogers, Rick	M	11/8/57	1957							3:34.38	3:29.92		3:49.02	3:09.84	3:01.81	3:57.17	3:01.81	
Rohr, Charles	M	9/22/99	1999											3:20.97			3:20.97	
Roivas, Kati	F	12/31/94	1994	3:14.02				3:14.02										
Rolandson, Christina	F								3:02.39								3:02.39	
Rolid, Mathias	M	3/8/96	1996						3:24.95								3:24.95	
Romberg, Bill	M	4/14/69	1969											4:06.48			4:06.48	
Romberg, Hannah	F	1/9/00	2000											4:00.59			4:00.59	
Rombeck, Niklas	M								3:07.80								3:07.80	
Rondeau, Daniel	M	7/3/53	1953											3:37.85		4:09.09	3:37.85	

PACE (m:ss.00 / km)				Classic pace (m:ss.00 / km)				Freestyle pace ( m:ss.00 / km )									updated 3-15-2017		
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle		
Rondeau, Luc	M	12/29/92	1992											3:37.82		5:14.10	3:37.82		
Ronsse, Annie	F	11/19/53	1953											4:25.88			4:25.88		
Ronsse, Dennis	M	12/28/52	1952											3:41.31			3:41.31		
Rorabaugh, Becca	F	6/29/89	1989	3:22.63	3:12.69			3:12.69	2:59.53								2:59.53		
Rose, Beth	F	9/20/60	1960											4:34.15			4:34.15		
Rose, Mary	F	12/31/91	1991	3:23.50				3:23.50	2:53.10								2:53.10		
Rose, Nikki	F	7/9/79	1979											4:36.05			4:36.05		
Roseman, David	M	8/8/68	1968											3:23.36			3:23.36		
Rosen, Yereth	F	5/25/59	1959				6:36.50	6:36.50		5:24.98				4:29.12			4:29.12		
Rosencrans, Kelly	F	5/11/87	1987											5:31.77			5:31.77		
Rosenthal, Allen	M	8/4/53	1953							4:13.34							4:13.34		
Rosier, Luke	M	10/27/86	1986											3:29.91	4:02.20	3:58.39	3:29.91		
Ross, Chad	M	4/12/73	1973								4:05.29			3:46.35		3:47.22	3:46.35		
Ross, Clare	F	11/10/77	1977											3:26.94		3:50.96	3:26.94		
Ross, Mark	M								3:40.79								3:40.79		
Rossero, Robert	M	1/16/55	1955											4:12.82	4:02.20	4:14.58	4:02.20		
Roth, Brett	M	2/28/77	1977											3:30.35		4:34.05	3:30.35		
Roth, Joseph	M	4/23/60	1960											3:46.48			3:46.48		
Rothmeyer, Aden	M															4:32.40	4:32.40		
Rouse, Brett	M												4:54.35			4:39.10	4:39.10		
Rowe, Jay	M	8/7/62	1962											3:12.09			3:12.09		
Rowe, Kathy	F	6/17/64	1964											3:47.80			3:47.80		
Rowland, Hannah	F	3/28/95	1995						3:21.00								3:21.00		
Rozen, Celia	F	7/30/55	1955							4:47.67		4:44.06					4:44.06		
Rubin, Jeffrey	M	3/25/56	1956							4:02.28							4:02.28		
Ruckhaus, Michael	M	6/25/53	1953						5:04.76								5:04.76		
Ruckhaus, Robin	F	12/30/93	1993											4:23.17			4:23.17		
Rudd, Hannah	F	6/9/98	1998						3:07.51								3:07.51		
Rueter, Gabe	M	6/1/98	1998						4:01.28					3:22.87			3:22.87		
Rueter, Helena	F								4:53.38								4:53.38		
Rueter, Joseph	M	3/3/62	1962						4:16.28					3:36.40			3:36.40		
Ruffatto, Susie	F	5/10/55	1955											3:50.85			3:50.85		
Rupert, Ryan	M	5/21/85	1985											4:15.34		5:55.33	4:15.34		
Rupp, Jonathan	M						4:52.66	4:52.66											
Rupp, Robin	F						10:11.26	10:11.26											
Russell, Audrey	F	5/27/99	1999											5:01.87			5:01.87		
Russell, Brandon	M															3:40.37	3:40.37		
Ruthrauff, Dan	M	5/22/68	1968											3:13.90		4:08.73	3:13.90		
Saari, Matias	M	9/2/70	1970										3:40.93	2:51.06		3:14.81	2:51.06		
Sallee, Hannah	F															7:52.84	7:52.84		
Saitonstall, Patrick	M	3/14/65	1965											3:50.54			3:50.54		
Salzetti, Mikaela	F	9/19/97	1997											3:46.30			3:46.30		
Salzetti, Mikel	M	12/22/66	1966											4:03.45			4:03.45		
Samuelson, Rachel	F	10/22/81	1981											3:20.33			3:20.33		
Samuelson, Tim	M	5/8/45	1945													3:31.48	3:31.48		
Sanchez-Ulloa, Luis	M															7:15.00	7:15.00		
Sandau, Kevin	M								2:42.39								2:42.39		
Sandford, Marilyn	F	3/6/65	1965													4:58.01	4:58.01		
Santhep, Boom	M	2/16/97	1997											6:04.72			6:04.72		
Sargent, Ida	F	1/25/88	1988	3:01.93				3:01.93	2:52.28								2:52.28		
Sarwas, Regan	M	5/24/65	1965							3:56.94				3:20.84			3:20.84		
Saucy, Hilary	F								3:46.97								3:46.97		
Saunders, Sam	M															4:00.95	4:00.95		
Saxton, Benjamin	M	12/31/93	1993						2:54.12								2:54.12		
Sayre, Roger	M	2/22/58	1958											2:52.94			2:52.94		
Sayre, Tristan	M	9/18/97	1997						3:02.25								3:02.25		
Schafer, Elizabeth	F	3/31/71	1971													6:00.16	6:00.16		
Scharpf, Amy	F	5/6/79	1979													4:49.38	4:49.38		
Schell, S.	F	4/19/69	1969											4:11.38			4:11.38		
Schierling, Tanya	F	4/25/70	1970			9:20.99		9:20.99											
Schimpl, Sophie	F	12/31/94	1994	3:29.14				3:29.14	3:08.23								3:08.23		
Schimscheimer, Sabrina	F						6:12.55	6:12.55											
Schmidt, Rosa	F	10/5/60	1960											3:23.19			3:23.19		
Schmidt, Samuel	M	6/6/93	1993											3:27.12	3:43.14	3:27.12	3:27.12		
Schmidt, Tara	F	12/31/62	1962											4:28.01	4:27.14	4:27.14	4:27.14		
Schmitz, Christi	F															4:10.07	4:10.07		
Schmoker, Mike	M	2/25/53	1953						4:30.63					3:43.11			3:43.11		
Schmutz, Joel	M															4:40.57	4:40.57		
Schneider, Nicole	F	12/31/97	1997						2:51.82								2:51.82		
Schneller, Sophia	F															6:35.59	6:35.59		
Schober, Robert	M															9:55.59	9:55.59		
Schoch, Carl	M	8/20/55	1955											3:43.41			3:43.41		
Schoen, John	M	4/17/47	1947											3:58.91	4:27.08	3:58.91	3:58.91		
Schoff, Chip	M															2:50.84	2:50.84		
Schommer, Paul	M								2:45.98								2:45.98		
Schrage, Jennie	F	7/16/43	1943											4:50.57			4:50.57		
Schroader, Tim	M								4:15.92								4:15.92		
Schubert, Sandra	F	9/17/54	1954											4:14.57			4:14.57		
Schue, Laura	F	12/31/70	1970													5:39.21	5:39.21		
Schultz, Chris	M															4:03.65	4:03.65		
Schultz, Ivy	F	5/2/90	1990											6:29.17			6:29.17		
Schultz, Kathy	F	4/23/55	1955				6:55.71	6:55.71						5:22.06			5:22.06		
Schultz, Kirsten	F	3/20/88	1988											4:16.16	4:41.07	4:16.16	4:16.16		
Schultz, Thomas	M	6/15/86	1986											3:46.86			3:46.86		
Schulz, Beth	F	10/29/56	1956			5:58.60		5:58.60											
Schulz, Garth	M	11/18/94	1994																
Schulz, Heidi	F	10/19/59	1959							3:05.28				2:36.18			2:36.18		
Schulz, Kenneth	M	2/3/61	1961											3:39.11	4:22.52	4:22.52	3:39.11		

PACE (m:ss.00 / km)		Classic pace (m:ss.00 / km)						Freestyle pace ( m:ss.00 / km )									updated 3-15-2017		
Name	Sex	Bdate	Year	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle		
Schulz, Logan	M	4/10/91	1991											3:29.89			3:29.89		
Schumacher, Amy	F	8/15/69	1969									3:24.13					3:24.13		
Schumacher, Gus	M	7/25/00	2000						2:39.86								2:39.86		
Schumacher, Rudy	M	3/5/03	2003													4:19.55	4:19.55		
Schwab, Julie	F	11/3/69	1969						4:55.68								4:55.68		
Schwartz, Dan	M						5:05.43	5:05.43											
Schwartz, Meredith	F						5:15.51	5:15.51											
Schwencke, Fredrik	M	5/11/92	1992						2:44.98								2:44.98		
Schwenn, Shelly	F	1/2/69	1969											4:32.52		5:53.12	4:32.52		
Schwieder, John	M	11/29/60	1960											3:49.64		4:17.84	3:49.64		
Schwinghammer, Nina	F	8/1/86	1986											4:50.87		4:46.94	4:46.94		
Scotch, Mark	M	12/19/55	1955											3:51.95			3:51.95		
Scott, Mike	M	4/7/76	1976											4:00.54			4:00.54		
Scrimgeour, Maxfield	M								3:08.43								3:08.43		
Seale, Lesley	F															5:20.82	5:20.82		
Seater, Katrina	F	4/23/65	1965											3:38.05			3:38.05		
Segal, Aliza	F	6/6/84	1984										4:09.75	3:46.41	3:30.13	4:06.71	3:30.13		
Seger, Carl	M	4/19/79	1979											4:01.23			4:01.23		
Seggerman, Tom	M	10/2/56	1956											3:32.99		3:47.83	3:32.99		
Seglem, Jan	M	6/24/66	1966							4:14.98				3:47.18			3:47.18		
Segura, Sarah	F						7:26.98	7:26.98											
Seitz, Andy	M								3:49.58								3:49.58		
Seitz, Susan	F	5/31/75	1975						3:57.04								3:57.04		
Serventi, Dan	M	9/13/95	1995																
Serventi, Daniel	M			3:23.76				3:23.76	2:46.12							3:01.01	2:46.12		
Serventi, Paul	M						7:07.76	7:07.76											
Severin, Sam	M	6/22/78	1978											3:40.34			3:40.34		
Severus, Eva	F	12/31/92	1992	3:18.36				3:18.36											
Shank, Heather	F	11/7/70	1970											4:24.23			4:24.23		
Shannon, Dustin	M	10/3/81	1981											3:56.83		4:32.81	3:56.83		
Shayer, Eli	M	12/7/95	1995											2:50.81			2:50.81		
Shepard, Brett	M	4/21/79	1979			5:58.67		5:58.67											
Shepard, Michael	M	11/3/63	1963				4:38.29	4:38.29											
Sheppard, Rick	M	8/28/81	1981											5:16.81			5:16.81		
Shercliffe, Rachel	F	6/21/93	1993											4:16.12			4:16.12		
Sherry, Bruce	M	5/17/75	1975												3:58.83		3:58.83		
Shields, Juliana	F	10/11/76	1976											4:25.83		6:11.85	4:25.83		
Shine, Jim	M	3/12/77	1977											2:46.03			2:46.03		
Shriner, Stacey	F	4/6/80	1980			7:52.56		7:52.56											
Shuler, Joshua	M															3:16.82	3:16.82		
Siegel, Amalia	F								3:27.82								3:27.82		
Simeone, John	M	10/24/83	1983											5:52.64			5:52.64		
Simpson, Bill	M								4:21.45								4:21.45		
Simpson, Chris	M	1/6/60	1960											3:44.82			3:44.82		
Simpson, Samantha	F	3/12/86	1986											4:11.21		5:25.59	4:11.21		
Sims, Michele	F	1/13/51	1951													8:18.44	8:18.44		
Sind, Katherine	F															4:31.92	4:31.92		
Singleton, Colin	M	9/5/89	1989											2:53.81		3:32.38	2:53.81		
Singleton, James	M	3/5/57	1957											4:02.21		4:24.28	4:02.21		
Skahan, Crystal	F	7/29/78	1978			5:37.78		5:37.78											
Skelly, Ian	M	6/22/81	1981											4:15.04			4:15.04		
Skelly, Kevin	M	7/2/50	1950											4:59.38			4:59.38		
Slade-House, Joell	F	9/30/69	1969			5:28.19		5:28.19											
Slotnick, Sylvia	F	3/6/60	1960											4:16.66			4:16.66		
Slotte, Hanna	F														3:32.77		3:32.77		
Smayda, Tom	M	6/1/55	1955							3:47.33				3:13.60			3:13.60		
Smith, Aubrey	F	4/7/80	1980											2:51.09			2:51.09		
Smith, Blaine	M	8/6/61	1961											3:55.47			3:55.47		
Smith, Cory	M	7/31/74	1974								3:05.41		3:55.87				3:05.41		
Smith, Ethel	F	5/15/48	1948											4:08.30			4:08.30		
Smith, Glenn	M	9/30/65	1965											4:53.26			4:53.26		
Smith, John	M	6/27/53	1953													5:16.72	5:16.72		
Smith, Kim	M	9/16/46	1946											3:56.08			3:56.08		
Smith, Madison	F															5:02.72	5:02.72		
Smith, Mark	M	4/2/54	1954							4:06.11				3:32.86			3:32.86		
Smith, Michael	M	4/25/68	1968													4:28.31	4:28.31		
Smole, Justin	M															3:35.44	3:35.44		
Sneed, Spencer	M	12/3/51	1951											3:37.58			3:37.58		
Snover, Amy	F	1/5/69	1969											3:49.25			3:49.25		
Snow, Josh	M	7/15/68	1968																
Snow, Stephanie	F	1/27/65	1965			9:06.42		9:06.42	3:51.25								3:51.25		
Snowden, Andrea	F	9/5/73	1973											4:00.29			4:00.29		
Snyder, Gary	M	1/23/72	1972		3:26.53			3:26.53		3:24.06		2:41.65		2:51.18	2:49.71	3:27.57	2:41.65		
Soderholm, Pamela	F	12/24/64	1964			9:00.14		9:00.14											
Soderholm, Thomas	M	3/30/53	1953			9:01.05		9:01.05											
Soensterud, Lars	M	2/14/97	1997						2:46.03								2:46.03		
Solie, Sean	M															5:28.06	5:28.06		
Somppi, Michael	M	6/20/88	1988						2:41.50								2:41.50		
Sonnesyn, Alayna	F	12/31/96	1996	3:20.94				3:20.94	3:15.81								3:15.81		
Sonnesyn, Marit	F								3:23.21								3:23.21		
Soos, Frank	M								5:16.91								5:16.91		
Soule, Megan	F	9/12/74	1974											4:33.49		5:48.13	4:33.49		
Souza, Nick	M	12/31/79	1979											4:33.26			4:33.26		
Spangler, Allan	M	11/24/86	1986		3:22.33			3:22.33		3:04.81		2:44.53	3:24.31	2:39.13	2:55.39		2:39.13		
Sparrow, Toni	F	1/1/64	1964											3:28.76			3:28.76		
Spencer, Bill	M	3/23/56	1956									3:32.40					3:32.40		
Spencer, Lynn	F	6/6/54	1954							6:28.80							6:28.80		
Sprecher, Patricia	F	8/16/91	1991											3:09.45			3:09.45		

PACE (m:ss.00 / km)		Classic pace (m:ss.00 / km)						Freestyle pace ( m:ss.00 / km )						updated 3-15-2017			
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle
Spring, Jon	M																6:17.29
Spring, Stephanie	F															5:47.02	5:47.02
Spurkland, Jan	M	2/7/78	1978											2:41.31			2:41.31
Spurkland, Lars	M	1/30/75	1975						3:31.99								3:31.99
Spurkland, Megan	F	5/8/79	1979						3:52.94								3:52.94
St.Clair, Ryan	M								3:04.76								3:04.76
Staats, Molly	F															5:14.98	5:14.98
Stachow, Dave	M	12/31/54	1954			6:35.63		6:35.63									
Stachow, Gregory	M	1/15/85	1985											4:10.92		4:31.83	4:10.92
Stallard, Tim	M	8/12/74	1974													3:47.28	3:47.28
Stamm, Nathan	M	2/2/72	1972											3:29.08			3:29.08
Stamp, David	M	7/24/87	1987							3:09.80	3:07.31	2:49.96					2:49.96
Stark, Rory	M	3/25/71	1971											3:18.25		3:54.09	3:18.25
Stark, Todd	M	5/27/62	1962											3:31.95			3:31.95
Stead, Sherry	F	6/22/55	1955			8:10.65		8:10.65									
Stearns, Katelyn	F															4:19.35	4:19.35
Stedman, Ben	M	5/9/62	1962							6:28.80		4:24.02					4:24.02
Steer, Anjanette	F	10/1/72	1972							4:19.79				3:49.14		4:14.62	3:49.14
Steinbach, Lori	F						5:27.72	5:27.72	5:33.60								5:33.60
Steinberg, Amalia	F	3/29/69	1969	8:24.00				8:24.00						5:07.97		5:41.93	5:07.97
Steinberg, David	M	12/31/02	2002											4:01.12			4:01.12
Steinberg, Joshua	M	12/31/13	2013											4:53.66			4:53.66
Steinberg, Leonard	M	12/31/54	1954											5:13.66			5:13.66
Steinhauser, Evan	M	7/26/62	1962											4:04.28			4:04.28
Steinhauser, Evan R	M															5:29.24	5:29.24
Stephen, Elizabeth	F	12/1/87	1987	3:02.30				3:02.30									
Stevens, Katherine	F	2/27/54	1954											4:20.34		5:11.31	4:20.34
Stevens, Randall	M	9/14/53	1953											4:01.41		4:55.73	4:01.41
Stevens, Sheryl	F	1/29/71	1971											4:00.18			4:00.18
Stevenson, David	M	6/8/53	1953			4:45.92		4:45.92									
Stevenson, Grant	M	4/26/86	1986							3:12.28				2:49.26			2:49.26
Stewart, Brandy	F								3:19.44								3:19.44
Stiassny, Ari	M	4/21/81	1981							3:38.29	3:48.06						3:38.29
Stiassny, Melanee	F	8/15/76	1976							4:02.33				3:33.93		4:04.31	3:33.93
Stiassny, Peter	M															3:44.81	3:44.81
Stiassny, Ulyana	F	6/27/73	1973													5:22.01	5:22.01
Stibitz, Brian	M	1/21/75	1975						4:42.86					3:48.37		5:16.98	3:48.37
Stigar, Mark	M	4/17/57	1957											3:46.64			3:46.64
Stigar, Stacie	F	4/6/61	1961											4:46.46			4:46.46
Stinson, Christopher	M	5/16/82	1982											4:14.40			4:14.40
Stinson, Joslyn	F	6/26/83	1983											4:14.37		4:50.88	4:14.37
Stock, Corey	F	12/31/94	1994						3:11.90								3:11.90
Stock, Joe	M	6/5/72	1972													4:25.32	4:25.32
Stolen, Ben	M	5/12/85	1985						3:49.62		3:49.76			3:23.10			3:23.10
Stolen, Benjamin	M								3:26.46								3:26.46
Stone, Paul	M												3:55.24				3:55.24
Stone, Tim	M	6/2/46	1946											3:30.26			3:30.26
Stoops, Quinn	M	3/9/90	1990											4:49.87		4:22.28	4:22.28
Strabel, Ed	M	1/31/45	1945				4:36.57	4:36.57		4:14.12				3:47.98			3:47.98
Strickland, Dan	M	8/7/53	1953											4:17.77			4:17.77
Strickland, Pamela	F	10/13/55	1955											4:35.71			4:35.71
Stridsklev, Camilla	F			5:34.77				5:34.77									
Strobel, Franzl	F	9/15/98	1998														
Strohmeier, Hope	F	1/13/03	2003											5:05.81			5:05.81
Strohmeier, Jolie Poi	F	12/31/74	1974											7:05.70			7:05.70
Strohmeier, Nicholas	M	3/26/71	1971							3:36.37				3:15.43			3:15.43
Stuart, Vicky	F	12/21/62	1962									4:20.18					4:20.18
Stuart, Victoria	F															5:00.10	5:00.10
Stuby, Lisa	F															6:53.58	6:53.58
Stuits, Hunter	M	12/4/96	1996											3:49.18			3:49.18
Stuits, Tanner	M	7/18/98	1998											4:17.39			4:17.39
Stuits, Thomas	M	3/2/64	1964											5:40.85			5:40.85
Stutzer, Fred	M	8/22/61	1961		3:52.78			3:52.78		3:28.63	3:28.52			3:44.04	2:58.29		2:58.29
Suddock, Richard	M	7/14/62	1962		3:31.41			3:31.41				2:46.01				2:42.98	2:42.98
Sugai, Susan	F								5:58.63								5:58.63
Sullivan, Marie	F	3/22/97	1997											4:28.19			4:28.19
Sullivan, Matthew	M	9/5/72	1972											3:54.39			3:54.39
Sullivan, Patrick	M															3:17.84	3:17.84
Sullivan, Peggy	F	5/22/59	1959			5:43.66		5:43.66									
Sulser, Elise	F								3:26.66								3:26.66
Sveinbjornsson, Bjorn	M															4:15.05	4:15.05
Swangel, Megan	F						7:27.35	7:27.35									
Swanson, Eric	M	6/11/65	1965											2:53.89			2:53.89
Swanson, Tara	F															4:15.91	4:15.91
Sweeny, Kim	F															6:27.93	6:27.93
Swenor, Kristina	F	3/2/82	1982											4:01.45		4:58.78	4:01.45
Swirbul, Hailey	F	7/10/98	1998						3:07.78								3:07.78
Sykes, John	M	6/16/89	1989											3:12.62			3:12.62
Tafs, Paul	M	4/2/04	2004											6:44.18		7:16.29	6:44.18
Tafs, Phillip	M	11/11/74	1974											6:44.25		7:16.35	6:44.25
Takagi, June	F	3/30/58	1958													5:00.64	5:00.64
Takagi, Seiji	M	4/15/96	1996						2:47.33								2:47.33
Talbot, Bruce	M	12/5/51	1951							4:32.63			4:02.85	3:18.70		3:40.06	3:18.70
Talbot, Cole	M										2:52.44						2:52.44
Talbot, Silas	M	12/31/92	1992						3:01.96								3:01.96
Talihaerm, Johanna	F	12/31/93	1993	3:31.27				3:31.27									
Tang, Amanda	F								6:49.57								6:49.57
Tannenbaum, Tim	M	9/22/70	1970											4:18.48			4:18.48

PACE (m:ss.00 / km)						Classic pace (m:ss.00 / km)				Freestyle pace ( m:ss.00 / km )							updated 3-15-2017		
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle		
Tappel, John	M	1/12/58	1958											3:28.56			3:28.56		
Tarpath, Emma	F	8/26/97	1997						3:31.18	3:55.58							3:31.18		
Tauschek, Heather	F	12/26/76	1976			7:44.98		7:44.98											
Taylor, Audrey	F	10/7/75	1975											4:06.94		4:17.68	4:06.94		
Taylor, Brenda	F						6:06.25	6:06.25											
Taylor, Brent	M														2:57.73		2:57.73		
Taylor, Gailyn	F	6/30/65	1965											4:10.13			4:10.13		
Taylor, Kneeland	M	11/17/47	1947				6:42.54	6:42.54						4:46.31			4:46.31		
Taylor, Madeleine	F	7/8/02	2002											4:35.68			4:35.68		
Taylor-Roth, Clem	M	3/8/01	2001				3:42.72	3:42.72						3:32.69			3:32.69		
Tedrow, Jason	M	8/16/73	1973											2:44.65			2:44.65		
Templeman, Bryan	M	12/10/69	1969							4:25.48				4:23.65		3:57.09	3:57.09		
Temte, James	M	1/1/80	1980											3:07.76		3:53.57	3:07.76		
Terry, Matthew	M	2/12/02	2002											4:46.84			4:46.84		
Terry, Ryan	F	7/13/97	1997																
Thein, Lucas	M	9/15/88	1988											3:16.94		3:56.89	3:16.94		
Theis, Lindy	F	2/21/57	1957			5:51.09		5:51.09											
Theroux, Mark	M	5/20/61	1961			4:49.61		4:49.61											
Thibodeau, Guy	M	11/30/50	1950											3:15.92			3:15.92		
Thielke, Sydney	F	9/2/82	1982			4:23.00		4:23.00											
Thomas Mears, Becky	F															7:38.49	7:38.49		
Thomas Mears, Frank	M															7:38.39	7:38.39		
Thomas, Germaine	F	11/11/67	1967											3:33.55		3:41.00	3:33.55		
Thomas, Joanne	F															4:24.07	4:24.07		
Thomas, Julia	F															6:15.13	6:15.13		
Thomas, Kelli	F	4/5/99	1999											3:40.44			3:40.44		
Thomas, Kjerstin	F	3/22/77	1977											3:54.46		4:06.84	3:54.46		
Thomas, Laron	M	12/31/84	1984											4:12.32			4:12.32		
Thomas, Sarana	F															7:11.35	7:11.35		
Thomas, Steve	M															6:15.22	6:15.22		
Thomas, Teslin	F															5:11.52	5:11.52		
Thomas-Mears, Becky	F	8/24/57	1957											5:56.36			5:56.36		
Thomas-Mears, Frank	M	10/9/54	1954											5:56.38			5:56.38		
Thompson, Bob	M	2/10/61	1961						2:49.14					3:56.98			2:49.14		
Thompson, Hunter	M	5/16/98	1998			3:02.41		3:02.41											
Thompson, Jordin	F	11/17/86	1986											4:24.21			4:24.21		
Thorndike, Mark	M	1/23/63	1963											3:53.61		4:04.52	3:53.61		
Thorsness, Daniel	M	6/25/58	1958								3:23.28					3:46.03	3:23.28		
Thrasher, Todd	M	2/20/78	1978											2:39.09			2:39.09		
Thurston, Jeffrey	M	3/22/60	1960											4:08.18			4:08.18		
Timmons, Saree	F	1/26/62	1962											6:18.85			6:18.85		
Timmons, Will	M	4/5/95	1995						3:04.90								3:04.90		
Tirrell, Danielle	F	8/23/72	1972							4:24.07							4:24.07		
Tobin, Canyon	M	3/12/99	1999			2:54.83		2:54.83											
Tobin, Garvee	F															4:28.45	4:28.45		
Todd, Pam	F	4/2/66	1966											3:47.15	4:15.53		3:47.15		
Todd, Pamela	F								4:54.20								4:54.20		
Tomeo, Martha	F	11/20/71	1971			5:46.09		5:46.09											
Tomsen, Jan	F	3/18/85	1985											3:52.78			3:52.78		
Toohey, Ryan	M	3/31/77	1977													5:27.25	5:27.25		
Toresson, Zackarias	M								2:50.96								2:50.96		
Torrance, David	M	8/22/78	1978											5:35.41			5:35.41		
Torrance, Keith	M	6/13/61	1961			8:38.94		8:38.94											
Torrance, Naomi	F	8/2/80	1980			6:55.99		6:55.99											
Toth, Robert	M								6:23.07								6:23.07		
Trammell, Chad	M												3:48.88				3:48.88		
Tranel, Kelsey	F	4/11/89	1989											4:57.08			4:57.08		
Travis, Gabriel	M	6/14/72	1972											4:01.86		4:20.21	4:01.86		
Travostino, Joan	F	8/12/55	1955			8:52.27		8:52.27											
Treinen, Charles	M	2/10/53	1953						4:46.35					3:57.57	3:15.33	5:05.65	3:15.33		
Treinen, Lex	M	1/8/90	1990						2:29.63					2:23.85			2:23.85		
Trimble, Brian	M	12/7/55	1955											5:19.53		4:48.60	4:48.60		
Trolleboe, Dag Frode	M								2:38.09								2:38.09		
Trott, Kelly	F						9:00.12	9:00.12											
Trowbridge, Bianca	F	3/3/99	1999											4:04.82		4:21.15	4:04.82		
Troyer, Riley	M	10/8/94	1994											2:35.44			2:35.44		
Truffer, Martin	M								4:10.59								4:10.59		
Truskowski, Conner	M	1/4/97	1997						2:59.51								2:59.51		
Truskowski, Julie	F	11/26/64	1964																
Truskowski, Mike	M	9/17/64	1964			3:54.44		3:54.44		3:16.23	3:17.31	3:00.14	3:57.96	2:55.57		3:34.82	2:55.57		
Tsao-Wu, George	M	7/2/64	1964											4:26.18		7:00.61	4:26.18		
Tsao-Wu, Lauren	F	4/21/97	1997											4:05.39		4:46.99	4:05.39		
Tumey, Jania	F	10/9/99	1999			4:36.05	4:28.30	4:28.30											
Tumey, Martin	M						6:31.50	6:31.50											
Tuning, Ashlinn	F															3:53.10	3:53.10		
Tuning, Kevin	M	11/16/72	1972											3:44.29		5:41.14	3:44.29		
Tuning, Teagan	M															5:17.73	5:17.73		
Turletes, Chris	M	6/21/54	1954				9:57.33	9:57.33						6:37.63			6:37.63		
Turman, Christina	F								3:13.49								3:13.49		
Tuttle, Laura	F	7/9/88	1988								3:22.11						3:22.11		
Twardock, Paul	M	1/22/61	1961							4:09.16				3:35.32		4:05.26	3:35.32		
Ubedei, Sabo	M	6/8/78	1978			6:59.61		6:59.61											
Udevitz, Mark	M	7/3/56	1956											4:01.19			4:01.19		
Uffenbeck, Benji	M	9/25/77	1977						3:20.04				3:43.16			3:17.21	3:17.21		
Uffenbeck, Shannon	F								4:08.45								4:08.45		
Uhl, Ann-Cathrin	F	4/24/96	1996						3:12.35								3:12.35		
Ulman, Sean	M	3/2/81	1981							3:52.20				3:24.21		4:20.95	3:24.21		
Ulrich, Emma	F						5:36.86	5:36.86											

PACE (m:ss.00 / km)		Classic pace (m:ss.00 / km)						Freestyle pace ( m:ss.00 / km )									updated 3-15-2017		
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle		
Ulrich, Linda	F	12/4/73	1973											4:18.57			4:18.57		
Ulrich, Savannah	F	4/28/99	1999											3:40.27			3:40.27		
Urlaub, Andrew	M	4/12/01	2001											3:48.19			3:48.19		
Urlaub, Michelle	F	8/25/70	1970											4:20.69			4:20.69		
Urlaub, Noelle	F	1/19/00	2000											4:42.02			4:42.02		
Urstadt, Christopher	M	12/31/59	1959			7:20.16		7:20.16											
Urtle, T	M															6:44.28	6:44.28		
Usgaard, Robert	M	1/20/65	1965											3:50.48			3:50.48		
Utermohle, Charles	M	2/9/50	1950			6:14.35		6:14.35											
Vaherkoski, Petteri	M								2:47.22								2:47.22		
Vaissiere, Sharon	F	12/31/54	1954			6:33.74		6:33.74											
Valencia, Kristine	F	11/21/48	1948			12:41.52		12:41.52											
Van Dommelen, Puck	M						4:41.62	4:41.62											
Van Hemert, Caroline	F	9/23/78	1978											3:40.40		3:46.44	3:40.40		
Van Hemert, Rose	F	10/14/49	1949											4:21.59		5:28.40	4:21.59		
Van Orman, Scott	M	1/13/69	1969											3:23.03			3:23.03		
Vanias, Alex	M	10/29/90	1990						2:55.99								2:55.99		
Vann, Ailis	F	8/5/83	1983											4:10.51			4:10.51		
Varner, Andy	M															4:53.01	4:53.01		
Vazquez Davis, Ameli	F	12/31/99	1999											6:42.48			6:42.48		
Veltkamp, Brent	M	9/22/68	1968											4:32.54			4:32.54		
Verrier, Adam	M	9/12/68	1968		3:21.32			3:21.32		3:03.87							3:03.87		
Vetsch, Jessica	F	7/24/85	1985							3:58.50							3:58.50		
Vignaroli, Taylor	M								3:29.62								3:29.62		
Villon, Michel	M	7/30/43	1943											4:10.87			4:10.87		
Vines, Walter	M	10/14/58	1958											3:47.84			3:47.84		
Vinlove, Quinn	M	1/2/99	1999						3:43.48					3:16.15		3:37.01	3:16.15		
Vivian, Rhyss	M															5:44.83	5:44.83		
Vo, Brittany	F															5:11.84	5:11.84		
Voehl, Dusten	M	12/12/85	1985											4:29.26			4:29.26		
Vogel, Michael	M						5:39.24	5:39.24											
Vogel, Mike	M	9/13/56	1956			4:04.01		4:04.01											
Voigt, Gerald	M	9/15/54	1954											4:21.31			4:21.31		
Vollstedt, Gregory	M	12/16/67	1967											7:20.08			7:20.08		
Volper, Marielle	F	7/3/90	1990											4:38.80			4:38.80		
Volz, Karl	M	5/11/63	1963			3:05.29	3:36.70	3:05.29											
Von Huene, Marliese	F									6:09.89						5:49.89	5:49.89		
Vontish, Phillip	M	12/31/99	1999											4:28.90			4:28.90		
Voss, Adrienne	F	7/8/76	1976											3:45.46		4:34.50	3:45.46		
Voss, Kevin	M	1/7/76	1976											3:28.27			3:28.27		
Walaszek, Greg	M	6/28/56	1956													5:06.38	5:06.38		
Waldrop, Valerie	F	2/16/69	1969							5:24.42	4:44.42	4:31.00		4:17.60		7:35.20	4:17.60		
Walgren, Phil	M	4/19/62	1962													5:24.27	5:24.27		
Walker, Craig	M	3/15/62	1962											2:51.12			2:51.12		
Walker, Kevin	M	8/24/50	1950											4:43.41			4:43.41		
Walker, Max	M	5/17/45	1945			6:15.43	8:28.09	6:15.43											
Walker, Steve	M	1/2/53	1953											4:12.33			4:12.33		
Walkush, Jason	M	12/31/82	1982													4:26.57	4:26.57		
Wallace, David	M	9/17/63	1963											4:56.36		5:49.24	4:56.36		
Wallace, Ellen	F	9/14/01	2001											4:56.32		4:54.82	4:54.82		
Wallace, Erin	F	8/16/00	2000											3:49.56			3:49.56		
Wallace, Jasper	F						7:39.17	7:39.17											
Walling, Joseph	M	12/31/01	2001						3:48.22							3:44.82	3:44.82		
Walter, Jared	M	7/28/94	1994											4:08.94		5:01.06	4:08.94		
Walters, Alec	M															5:30.05	5:30.05		
Walters, Bradley	M															3:34.20	3:34.20		
Wanat, Bonnie	F	2/20/59	1959			6:12.11	7:28.40	6:12.11											
Ward Waller, Chelsea	F															4:59.10	4:59.10		
Ward, David	M	2/20/58	1958		4:17.44			4:17.44		3:36.38	3:35.38	3:14.95	4:01.83		3:24.88	4:09.89	3:14.95		
Ward, Joe	M	4/18/85	1985													4:03.06	4:03.06		
Ward, Suzanne	F	2/15/93	1993							4:22.87	4:21.63						4:21.63		
Warner, David	M	7/3/96	1996											2:51.27			2:51.27		
Warren, Roger	M	7/10/70	1970											5:02.28			5:02.28		
Warthin, Morgan	F	9/14/73	1973											4:51.03			4:51.03		
Watts, Dylan	M	3/28/84	1984							3:05.97	2:59.93	2:44.40	2:32.73	2:28.34		2:55.29	2:28.34		
Watts, Mattie	F	12/31/96	1996	3:47.05				3:47.05											
Waugaman, Jim	M	5/14/53	1953			5:42.28		5:42.28											
Way, Landon	M	7/7/98	1998											3:20.16			3:20.16		
Webb, Christian	M	10/3/96	1996											3:35.04			3:35.04		
Weddleton, John	M	6/5/58	1958		4:10.09			4:10.09		4:09.19		3:06.27	3:49.26	3:11.06	3:12.23	3:43.81	3:06.27		
Wedeking, Matt	M	10/11/76	1976							3:48.48				3:21.11			3:21.11		
Weeg, Cathy	F	7/28/67	1967						5:03.86								5:03.86		
Weidner, Phillip	M	5/10/77	1977											3:41.58		7:16.43	3:41.58		
Weinman, Evan	M								3:10.58								3:10.58		
Weis, Sam	M	1/15/86	1986								4:24.81			4:11.04			4:11.04		
Welch, Chantel	F															5:09.05	5:09.05		
Welch, Joseph	M						10:20.55	10:20.55											
Wellock, Kimbra	F	7/22/77	1977											5:14.92			5:14.92		
Wells, Aaron	M															4:31.22	4:31.22		
Wendling, Shawn	M	8/17/58	1958			5:07.46		5:07.46											
Wessler, Kendall	F						9:00.02	9:00.02											
Whisenant, Greg	M	11/9/58	1958						3:50.23					3:14.71			3:14.71		
Whisenant, Stephanie	F	6/9/91	1991											4:08.03		5:10.45	4:08.03		
Whitaker, Maggie	F	10/7/01	2001													3:53.54	3:40.31		
White, Elizabeth	F	3/20/61	1961											5:21.97			5:21.97		
White, Jack	M	1/21/99	1999											3:47.61			3:47.61		
White, Jeff	M	7/24/63	1963											4:21.92			4:21.92		
White, Joleen	F						5:53.85	5:53.85											

PACE (m:ss.00 / km)						Classic pace (m:ss.00 / km)				Freestyle pace ( m:ss.00 / km )							updated 3-15-2017		
Name	Sex	Bdate	Byear	Outside	Pia17	TOA14	TOA17	Best Classic	Outside	Sven14	Sven15	Sven16	Sven17	TOA14	TOA16	TOA17	Best Freestyle		
White, Virginia	F	10/18/57	1957			5:51.30		5:51.30											
Whitney, Allene	F	3/31/71	1971									4:03.29	4:42.03	3:53.38		4:03.82	3:53.38		
Whitney, Eric	M	3/3/66	1966								3:38.17			3:23.79			3:23.79		
Whitney, Robert	M	3/30/79	1979		3:23.12			3:23.12						2:33.28		2:56.08	2:33.28		
Wiepking, Tim	M	10/12/58	1958											4:09.19		6:07.57	4:09.19		
Wiggin, Diane	F	7/16/66	1966											4:46.79		6:20.35	4:46.79		
Wiggin, Mark	M	12/31/59	1959											4:53.41			4:53.41		
Wiggs, Kathy	F	2/9/60	1960											5:16.99			5:16.99		
Wikgren, Ken	M								3:27.92								3:27.92		
Wilberg, Christopher	M															5:09.91	5:09.91		
Wilberg, Monique	F															5:09.90	5:09.90		
Wilkerson, Claire	F						7:41.34	7:41.34											
Willems, Chad	M			4:49.06			4:19.53	4:19.53											
Williams, David	M	2/1/47	1947			5:38.95		5:38.95											
Williams, Joey	F															6:04.30	6:04.30		
Williams, Randy	M	5/30/69	1969											4:53.06			4:53.06		
Williams, Zachary	M	8/11/02	2002											4:53.00			4:53.00		
Willman, Daniel	M	4/16/73	1973											3:47.94			3:47.94		
Willsrud, Elsa	F															7:24.78	7:24.78		
Wilson, Bryan	M	10/5/61	1961			7:15.48		7:15.48											
Wilson, Edward	M															8:15.61	8:15.61		
Wilson, Hannah	F	10/12/98	1998											3:56.37			3:56.37		
Wilson, Helen	F	6/26/01	2001											3:49.79			3:49.79		
Wilson, Stephen	M	10/5/65	1965											3:49.82			3:49.82		
Wilson-Ramirez, Gin	F	12/31/74	1974											5:11.58			5:11.58		
Windt Pearson, Rebecca	F	12/31/84	1984			4:41.84		4:41.84								4:38.64	4:38.64		
Winford, Mark	M								4:25.62								4:25.62		
Winkle, Kristin	F	1/8/96	1996											4:04.47			4:04.47		
Winner, Adam	M	8/25/83	1983							4:23.02							4:23.02		
Wise, Michael	M	2/13/65	1965											2:37.73			2:37.73		
Wiswell, Sam	M								3:07.81								3:07.81		
Witherell, Jonathan	M													4:34.25		4:39.14	4:34.25		
Witmer, Erin	F						6:35.37	6:35.37											
Witmer, Frank	M													4:31.33		4:51.11	4:31.33		
Witten, Evie	F	10/27/65	1965													3:58.64	3:58.64		
Witter, Jennifer	F	7/1/68	1968											6:09.47		5:46.63	5:46.63		
Witter, Rob	M	1/6/68	1968											4:08.17	3:13.58	3:42.03	3:13.58		
Witter, Tatum	F	11/10/02	2002											5:44.66			5:44.66		
Witter, Zoe	F	10/19/04	2004											6:09.43			6:09.43		
Witty, Rachel	F	9/16/71	1971											4:06.65			4:06.65		
Woelber, Mark	M	2/1/50	1950				6:52.22	6:52.22						4:22.55			4:22.55		
Wohlforth, Charles	M	5/24/63	1963							4:04.20	4:19.23			3:26.77			3:26.77		
Wolf, Sarah	F	12/3/99	1999											4:32.50			4:32.50		
Wolfe, Hamish	M	10/19/98	1998			2:55.87		2:55.87	2:57.20								2:57.20		
Wolfe, Jim	M	7/2/54	1954											4:28.59			4:28.59		
Wolfe, Patrick	M	2/8/63	1963			3:43.62		3:43.62											
Wood, Daniel	M								3:01.29								3:01.29		
Wood, John	M	7/16/47	1947	3:58.96			3:58.06	3:58.06											
Wood, Kristin	F	2/29/80	1980											4:57.84			4:57.84		
Woodbeck, Ben	M	4/23/70	1970											3:17.53			3:17.53		
Woodings, Ruby	F	6/1/99	1999											4:08.49			4:08.49		
Woods, Marion	F	12/31/95	1995	3:52.84				3:52.84											
Wooten, Teri	F	6/17/55	1955											5:04.51			5:04.51		
Worrell, Jeff	M	11/19/58	1958			4:26.06		4:26.06											
Woster, Timothy	M								4:52.34								4:52.34		
Wright, Addy	F						4:56.86	4:56.86											
Wright, Adeline	F	11/7/00	2000											4:53.41			4:53.41		
Wright, Casey	F	12/19/94	1994						3:10.18								3:10.18		
Wright, Cathy	F															5:13.49	5:13.49		
Wright, Duncan	M	4/8/98	1998										3:47.30	3:25.02		3:59.05	3:25.02		
Wright, Geoff	M															4:59.43	4:59.43		
Wright, Geoffrey	M	7/16/70	1970											4:53.57			4:53.57		
Wright, Jack	M	2/15/99	1999											3:05.47			3:05.47		
Wright, Jay	M	11/23/63	1963											3:21.49			3:21.49		
Wright, Kyle	M	5/9/00	2000											4:06.87			4:06.87		
Wright, Lissa	F	9/28/68	1968											4:06.13			4:06.13		
Wright, Nathaniel	M	4/3/95	1995											7:09.74			7:09.74		
Wright, Oliver	M															4:57.20	4:57.20		
Wright, Sarah	F	4/7/59	1959				6:45.25	6:45.25						4:01.26			4:01.26		
Wright, William	M	5/24/91	1991							4:02.82							4:02.82		
Wrigley, Debbie	F	4/26/73	1973				4:24.17	4:24.17											
Wüestner, Johannes	M								3:57.20								3:57.20		
Wuttig, Hanna	F															4:51.80	4:51.80		
Yager, Garrett	M	5/9/78	1978											3:16.52		3:50.59	3:16.52		
Yager, Jamie	F	7/10/79	1979											4:48.22			4:48.22		
Yarborough, Linda	F	9/4/52	1952			5:21.42		5:21.42											
Yeaton, Jessica	F	12/31/91	1991	3:15.85				3:15.85	3:03.37								3:03.37		
York, Bo	M	2/4/72	1972									3:15.18	4:07.62				3:15.18		
Young, Dan	M															3:47.83	3:47.83		
Young, Jason	M						7:44.23	7:44.23											
Young, Ryan	M	1/22/78	1978											3:58.18			3:58.18		
Youngberg, Chelsey	F								3:37.36								3:37.36		
Zafren, Christina	F	7/23/53	1953											4:35.23			4:35.23		
Zafren, Rachel	F	3/19/96	1996											3:49.03			3:49.03		
Zandman-Zeman, Sharon	F	3/21/51	1951			5:42.18	7:12.64	5:42.18											
Zars, Reed	M										3:45.93						3:45.93		
Zoesch, Eric	M															4:52.94	4:52.94		
Zyatitsky, Karina	F	10/29/97	1997			4:34.10		4:34.10											