

**AMH Anchorage Cup Series**

**Race #6 Phat & Free**

**6k ski (2 laps) and 10k bike (2 laps)**

**Kincaid, 13 March 2016**

**Solo M**

- 1) Jason Lamoreaux, (7:55, 7:52, 11:02, 9:47) = 36:37;
- 2) Garrett Alderman, (7:51, 7:50, 11:36, 11:03) = 38:20;
- 3) Randy Hessong, (10:11, 9:54, 14:58, 13:30) = 48:32;
- 4) Ben Stedman, (12:58, 12:52, 16:10, 13:06) = 55:06;
- 5) Steve Murphy, (11:37, 11:52, 17:18, 14:49) = 55:35;

**Team Coed**

- 1) Anna Dalton & Chad Trammell, (10:08, 9:38, 11:28, 11:14) = 42:28;
- 2) Lia Slemons & Jason Slemons, (10:07, 9:36, 13:53, 13:41) = 47:17;
- 3) Mike Eder & Hannah Eder, (15:23, 18:12, 12:49, 12:44) = 59:09;;

**Team Men**

- 1) Jay Wright & Jack Wright, (7:54, 8:47, 12:59, 13:14) = 42:54;
- 2) John Fick & Liam Fick, (10:47, 10:46, 14:34, 14:56) = 51:02;