



2018 US Nationals Update

Welcome to The Races!

[Visit our Website](#)

Message from the Organizers!

Welcome to the event!

As you check in with registration and set up your wax spaces we have a few updates for you. We hope the welcome has been smooth and you are enjoying the skiing and goodie bags!!

1/2/2018: Official Training Day

Official training and course set up: Will be set up tomorrow 1/2/18. Times for official training is 10:00am-2:00pm

Start Times:

1/3/17 10/15K Freestyle

Women 10:00am

Men 12:30pm

Race Day Warm Up: There will be no warm up on the race course after the course is closed. Additional warm is provided and will be groomed identical.

Official Start Lists: Will be posted after the Team Captains meeting. Coaches will need to check entries at the Team Captains meeting. Meeting is at 5:00pm, Kincaid Chalet.



Race Points: Check your distance and sprint points on the participant list for the start lists located at. www.superiortiming.com

Doping Control: Doping control by USADA will be performed throughout the event.

Medical Personelle: First Aide Tents are located in the Chalet and the Stadium.

Information Table: Located in the chalet. Will have updated maps and schedules and items for sale.

Banquet: The official banquet is Sunday for all racers and coaches. World Junior/U23 and U18 will all be named here. Additional (limited) tickets for parents can be purchased at the Race office.

For official start lists:
www.superiortiming.com

Daily Schedule and Updates:
Please continue to use the the schedule as official hours for all areas.

[Daily Schedule](#)

Website and Updates:
Please continue to check the website often. All changes will be posted.

www.usnationals2018.com

Race Course for 1/3/17

2.5 KM Loop
Women 4 laps
Men 6 laps
HD 25 meters
Length 2500 m
Max Climb 26 m
Total Climb women 292 m
Total Climb men 438 m



Where to Put your things on Race Day, Eat and Team Parking!

Wax Village: Waxing and ski storage.

Bib Pick Up: Will be in the Chalet.

Timing Chips: Will be issued for every race. Please allow yourself time. Chips will be issued at the race start.

Athlete Race Day Hang Out: Please put all belongings in the carpeted area in the Chalet. There will closed access and signs that say Teams Only.

Chalet Please Note: The tile area in the chalet is a mixed area for spectators, teams and officials. Please don't store any racer bags or belonging. This area is a mixed zone and will not be secured.

Team Parking: Team parking on race days will be in the upper lot by the Chalet. Upper parking will be permit only. Please use the designated spots that are instructed by the parking attendants. Do not just park wherever. You will need your pass to get to the upper lot on races days. All parking is open to all on non-race days.

Food and Consessions during the event:



The Chalet will have "The Goodie Box" cater all days both practice and race. Latte, coffee, breakfast burrito, sandwiches and wraps, soups etc will be served daily. Please stop by.

On race days, 2 other food trucks will be onsite.

Please visit!!

Questions, please contact our race office at nordicracesec@gmail.com.

Have a great event!

Joey Caterinichio
Event Organizer
jcaterinichio@alaska.net
[907 229 6427](tel:9072296427)

Media Links

Official website: www.usnationals2018.com
Facebook: www.facebook.com/xcusnats2018/
Instagram: <https://www.instagram.com/usnats18/>
Twitter: <https://twitter.com/usnats18>
Live Timing and results: www.superiortiming.com
Live Streaming: <https://livestream.com/xcountryliv>