



BIB #

2018 Registration Form

Race Day - Sunday, February 4, 2018

10:30am – Duathlon/Freestyle Timed Event ♦ 11:00am – Classic Timed Event ♦ 12:15pm – Party Wave

Name		Age	
Address		City	State
		Zip	
Email address	Phone		Have you done the Alaska Ski For Women before?
	()		<input type="checkbox"/> Yes, for ____ years
Form a Team! Team Name (Please be consistent.)		Team Captain (First and Last Name)	

Does your employer participate in matching employee giving?

Yes No Unknown Employer:

Which event do you wish to enter? (Register for one event only.)

Party Wave Only Timed Event (You can still join your friends in the Party Wave.) Donation Only

Race Category (Timed Event Only)

- Duathlon
- Freestyle/Skate
- Classic

Estimated time to ski 2.4 miles (4km) (Timed Event Only)

- Very Fast (Classic < 20 min; Skate <17min)
- Fast (Classic 20-25 min; Skate 17-21 min)
- Medium Fast (Classic 25-30 min; Skate 21-25min)
- Medium Slow (Classic 30-34 min; Skate 25-30 min)
- Slow (Classic > 35 min; Skate >30 min)

Waiver - All racers must sign the below waiver before participating.

See Reverse for Release and Waiver of Liability, Assumption of Risk and Indemnity Agreement and Media Permission

Signature (Parent or Guardian must sign if Racer is under 18)

Date

REGISTRATION DONATION: Suggested minimum of \$35 per skier.

- Please give generously!
- 100% of fees received are donated to support non-profit programs working to stop the cycle of domestic violence against women and children.

DONATION AMOUNT: \$ _____

Make checks payable to NSAA. We accept Visa, MasterCard, Discover and AMEX.

Credit Card: _____ - _____ - _____ - _____
Exp: _____ CVV/Code: _____

Signature

Address if different from above

OFFICE USE ONLY:

Cash Check# _____ Credit Card (last 4 digits) _____ Batch #: _____ Ref: _____

READ BEFORE SIGNING. NORDIC SKIING ASSOCIATION of Anchorage RELEASE AND WAIVER OF LIABILITY ASSUMPTION OF RISK and INDEMNITY AGREEMENT ("Agreement") and MEDIA PERMISSION

In consideration of myself, OR my child, participating in the snow ski related activities, and/or other activities (Activities) offered by Nordic Skiing Association of Anchorage, NSAA, I represent that I, OR my child, understand the nature of these Activities and that I am and my child are qualified, in good health and in proper physical condition to participate in such Activities. I acknowledge on behalf of myself, OR my child, that if I, OR my child, believe event/Activity conditions are unsafe, we will immediately discontinue in the Activity.

It is fully understood that these activities involve inherent risks and dangers of serious bodily injury, including permanent disability, paralysis and/or death, which may be caused by my OR my child's own actions or inactions, those of others participating in the Activities, the conditions in which the Activities take place, or the negligence of the releases named below, and that there may be other risks known to me OR my child, or not readily foreseeable at this time; and I, OR my child, fully accept and assume all such risks and all responsibility for losses, costs and damages I, OR my child, might incur as a result of my OR my child's participation in the Activities.

I hereby agree for myself and for my child to release, discharge, indemnify and covenant not to sue its respective administrators, directors, agents, officers, volunteers, and employees, any sponsors, advertisers and, if applicable, owners and lessors of the premises on which the Activities take place (each considered one of the Releases herein), and release and discharge them from all liability, claims, demands, losses, or damages on my account accused or alleged to be cause in whole or in part obey the negligence of the releases or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk, that I, or anyone on my behalf of my child, makes a claim against any of the Releases, I will indemnify, save and hold harmless each of the Releases from any loss, liability, damage, or cost which may incur as the result of such claim.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, and understand that I have given up substantial rights by signing it, and have signed it freely and without any inducement or assurance of any nature, and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law, and agree that if any portion of this agreement/release agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Media Permission: When participating in NSAA events or programs, myself or my child may be photographed for print, videotape, or electronic imaging. Images may be used in Nordic Skiing Association of Anchorage event and program promotional materials and other published formats. The images will be the sole property of the Nordic Skiing Association of Anchorage.

Please sign and date on reverse.