



Tour of Anchorage 2021 COVID-19 Mitigation Plan

Updated: March 1, 2021

Goal: To provide a safe race environment for racers, volunteers and officials to participate in the Tour of Anchorage ski and bike races on March 7, 2021. All racers, volunteers and officials must follow the terms and conditions of the Mitigation Plan in order to participate.

Note: This plan has been developed to comply the following: [Anchorage Municipality Emergency Order 18](#) (including [Attachment E on Organized Sports](#) and [Attachment I on Gatherings](#)); [Muni Emergency Order 13 V3 \(Requirement for Masks or Cloth Face Coverings\)](#); [State of Alaska Health Order No. 6 \(International and Interstate Travel\)](#) and [State of Alaska Health Order No. 8 \(Intrastate Travel\)](#). If the Muni emergency orders or state health orders change before race day this mitigation plan will be adjusted, if necessary, to ensure compliance.

1. PRE-RACE

COMMUNICATION

- This Mitigation Plan will be posted on the race website and shared with registered racers, volunteers and officials via email prior to the race.

COVID-19 SYMPTOMS AND TRAVEL

- Anyone who has COVID-19 symptoms, has been in close contact with someone with symptoms or has tested positive within 14 days will not be allowed to participate. For those who have traveled within 14 days of the race must meet [State of Alaska travel requirements](#) to participate.
- These are the COVID-19 symptoms listed by the Municipality of Anchorage: <https://covid-response-moa-muniorg.hub.arcgis.com/pages/symptoms-prevention>

BIB PICKUP

- Bib pickup will be held **outdoors** in the APU Moseley Center parking lot.
- Racers will complete an online COVID-19 symptoms screening form before volunteers will distribute their bib. Anyone with symptoms, positive test or Close Contact or who does not meet State of Alaska travel requirements will not be allowed to participate.
- Face coverings are required for all volunteers, racers and race officials. NSAA will have extra masks on hand.
- Social distancing of 6+ feet is required for all volunteers, racers and race officials.
- Cones and signs will guide racers for line forming and a volunteer will ensure social distancing is being maintained.
- To limit interaction between racers and officials, no race changes will be allowed at bib pickup.
- Hand sanitizer will be available.

- An attendance log will be kept for 30 days for those who volunteer and those who picked up their bib. In the case of a potential transmission, those on the list will be notified.

2. RACE DAY

PRE-START

- Racers will be requested to arrive no more than 45 minutes before their start.
- Bib pickup is allowed only for out-of-towners and those with extenuating circumstances; no race-day event or wave changes will be allowed.
- Volunteers must verify that the entrant has completed the online COVID-19 symptoms screening form before distributing their bib. Anyone with symptoms or who does not meet State of Alaska travel requirements will not be allowed to participate.
- No indoor facilities will be available.
- Face coverings are required for all volunteers, racers and race officials.
- Portapotties will be available at the start with hand sanitizer within the unit.
- Social distancing of 6+ feet is required for all volunteers, racers and race officials.
- Volunteers will be assigned to enforce social distancing and other mitigation measures.
- No water or food will be provided pre-race.
- “Mesh” fencing will be used to isolate the start areas.
- No spectators are allowed at the starts.
- Announcers and volunteers will instruct racers when their wave can line up in the start corral.
- Ski racers will line up in classic tracks spaced at least 6 feet apart. Bike racers will have start lanes designated by cones at least 6 feet apart.
- **Waves of 10 racers will depart every two minutes (Subject to change depending on municipal emergency order).**
 - The start chutes are 150ft in length. The immediate start chute is 75' long by 25' wide; each wave (of 10 people) will line up using the five lanes provided. The lanes are side by side with 6ft of distance between them.
- Once the race starts, racers may remove their face coverings if they can generally maintain 10 feet of physical distancing at all times; volunteers and officials must continue to wear face coverings at all times.
- An attendance log will be kept for 30 days of those who volunteer and those who raced. In the case of a potential transmission, those on the list will be notified.

DURING THE RACE

- Face coverings are optional during the race if the racer generally can maintain 10 feet of physical distancing at all times.
- When passing another racer (or a citizen on the trail), the skier or biker should take as wide a berth as possible and achieve 10 feet of distancing before moving in front of them.
- Racers may not travel directly abreast of each other or directly behind each other for any extended period of time.
- If traveling in a group of two or more, racers must maintain 10 feet of physical distancing.
- When unable to maintain 10 feet of distancing, racers should resume wearing a buff or other face covering.

AID STATIONS

- Face coverings are required by volunteers at all times.
- Three aid stations will provide bottled water and pre-packaged snacks only. They will be set on multiple tables for self-service.
- Racers should stop only long enough to grab what they need and depart aid stations as quickly as possible. Consumption of water or snacks should occur away from the aid station.
- Volunteers will be assigned to keep racers moving and ensure 6+ feet of social distancing.
- Hand sanitizer will be available.
- Garbage cans will be placed at the aid stations and approximately 100 yards beyond them.
- Racers may obtain food or drink from a personal supporter anywhere along the trail except at aid stations; personal supporters must wear face coverings.

FINISH AREA

- Face coverings will be required for racers, volunteers and officials at Kincaid Stadium at all times.
- Racers must put on a face covering immediately upon finishing; those who lack one will be provided with a mask.
- Social distancing of 6+ feet required for all volunteers, racers and race officials.
- Volunteers will be assigned to keep people from lingering in the finish area and to enforce social distancing and other mitigation measures.
- The finish area will be isolated inside metal fencing; no spectators will be allowed inside it.
- Bottled water and pre-packaged snacks will be provided in the finish area.
- Racers are expected to depart the finish area as soon as possible after finishing. Those who have a supporter picking them up must meet them outside the finish area.
- Portapotties will be available with hand sanitizer within the unit.
- Bus shuttles and drop bag services have been canceled for 2021.
- No indoor facilities will be available for use by racers.
- The stadium timing building may be accessed only by designated race officials.
- The Kincaid Chalet, including restrooms, will be closed to the general public and only the Anchorage Nordic Ski Patrol will be granted access for race purposes.
- The Kincaid Wax Bunker will be the medical headquarters. It may only be accessed by racers in distress, by the Anchorage Nordic Ski Patrol and by designated race officials.
- The only awards presented on site will be brief podium ceremonies for the 50K ski and 50K bike winners.

3. POST RACE

AWARDS

- There will be no day-after awards party.
- Awards will be distributed by mail or by pickup at the NSAA offices (face coverings required).

CONTACT TRACING PROTOCOL

- If any racer, volunteer or official tests positive for COVID-19 in the days after the race, they must call NSAA Program Manager, Sara Lucey immediately at (907)748-7259. Sara Lucey will act as the COVID Coordinator for the Tour of Anchorage.

- The NSAA Office will work with the Municipality of Anchorage or State of Alaska health department to assess and notify close contacts. Logs from bib pick up and the race will be used to notify individuals in the case of a potential transmission.

REFUND POLICY

- Racers may request a refund or deferral to 2022 if they are unwilling or unable to participate for a reason directly related to COVID-19. The request should be made in writing to admin@anchoragenordicski.com
- If the race is canceled due to COVID-19, NSAA will provide participants with a refund or deferral to 2022.